

# स्साधना

वार्षिकी २०२२

आज़ादी का  
अमृत महोत्सव

धनवटे नॅशनल कॉलेज, नागपूर





NAAC Peer Team Visit  
29 & 30th July 2021

Shri Sarang Suresh Gadge, Junior Stenographer, Dhanwate National College, Nagpur Received Best Non Teaching Employee Award of Rashtrasant Tukdoji Maharaj Nagpur University, Nagpur on 4th August 2021 on occasion of 98th Foundation Day of Rashtrasant Tukdoji Maharaj Nagpur University, Nagpur



First 'My Marathi Sahitya Sammelan', was organized by Dhanwate National College in association with My Marathi Nakshatra Pratishthan, Nagpur. Dr Ravindra Shobhane, Dr. Sharadrao Nimbalkar, R. Vimala, Collector, Nagpur, Vishnu Manohar and Dr. Shripal Sabnis honoured the programme.



# स्साधना

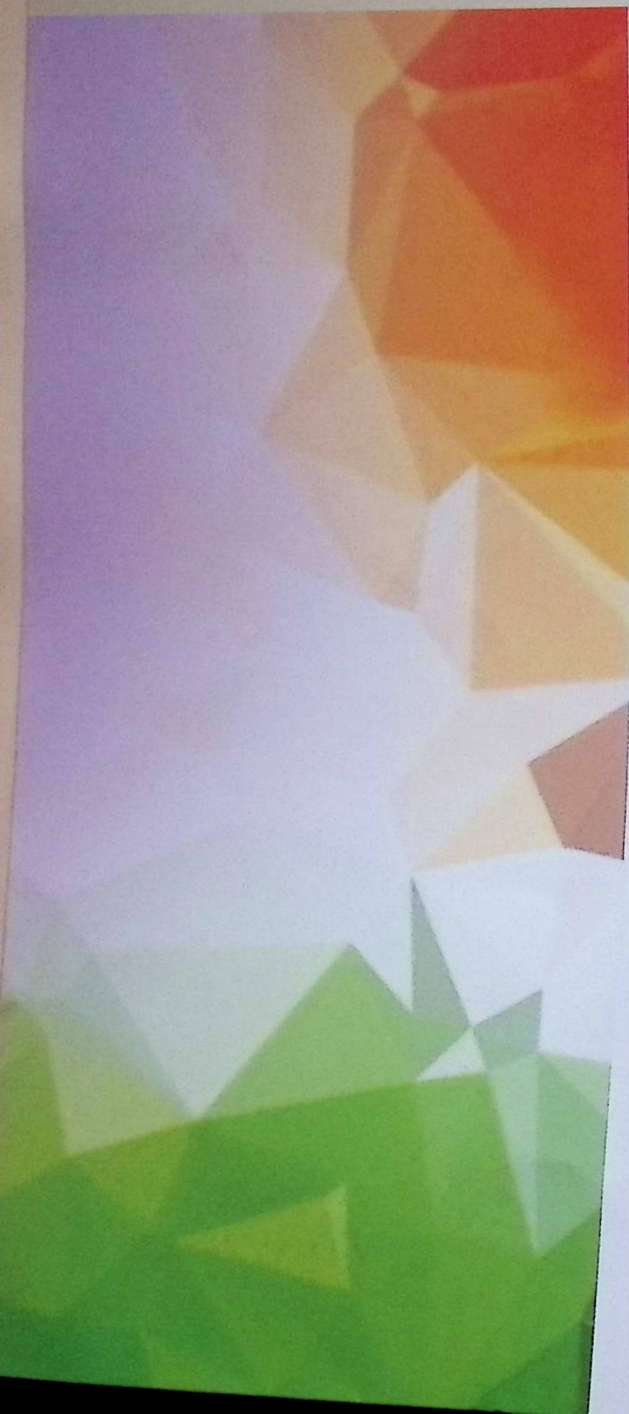
वार्षिकी २०२२

बलसागर भारत होवो, विश्वात शोभुनी राहो  
हे कंकण करी बांधियले जनसेवे जीवन दिधले  
- साने गुरुजी

श्री शिवाजी शिक्षण संस्था, अमरावती संचालित  
**धनवटे नॅशनल कॉलेज, नागपूर**  
नॅक मानांकन 'ब + ' दर्जा, सीजीपीए 2.53



Freedom is never dear at any price  
It is the breath of life  
What would a man not pay for living ?  
- Mahatma Gandhi

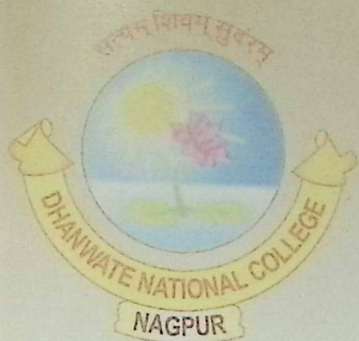


प्रकाशक  
डॉ. जयवंत बडते  
प्राचार्य  
धनवटे नॅशनल कॉलेज, नागपूर

संकल्पना व मांडणी  
चित्रकार प्रदिप पवार  
नागपूर

मुद्रण  
'श्री गणेशेश'  
३५, प्रथम माळा,  
धनश्री कॉम्प्लेक्स, सिताबर्डी,  
नागपूर - ४४००१२

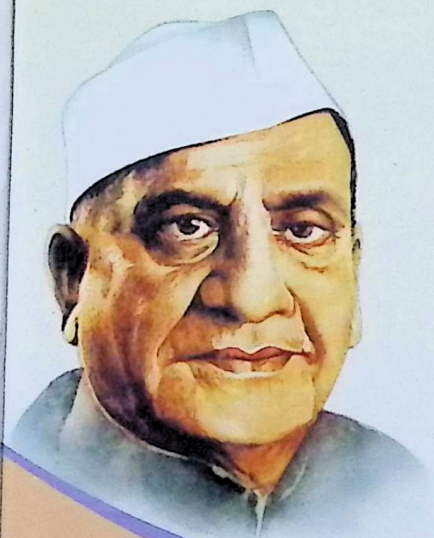




## ***The Founder President Shri Shivaji Education Society Amravati***

**T**he threat of scarcity is ever present before our eyes, born out of a low standard of resource use economic disparities and social inequalities based on outmoded systems of management of land and utilization of human capacities.

The major problem was to increase agricultural and industrial production which would give fuller employment and higher income to the mass of the people. This however, had to be done in a manner which would not jeopardise the fundamental principles of national policy enshrined in our Constitution, namely, the creation of a society in which wealth had the means of producing it and it will be widely shared. The immediate necessity of increasing production had to be brought into alignment with the long period task of creating social transformation which would progressively reduce economic disparities and social friction and make for a better organised way of living.



Speech delivered by

**Dr. Panjabrao Deshmukh**

as Union Agriculture Minister  
at the FAO/ILO Conference at Kandy (Ceylon) 1958





## ***The Present President Shri Shivaji Education society Amravati***

Dr. Bhausahab alias Panjabrao Deshmukh was a crusader for educational, Social and agricultural reformation His motive was to propagate education to man at grass root level. To bring this into reality, Shri shivaji Education Society, Amravati is striving tirelessly. The society focuses on qualitative as well as quantitative upliftment.

In students qualities exist in the latent form, it is an indispensable to manifest those potential qualities in apt direction and from this standpoint, activities related to various departments, Sports, culture, college annual, *Sadhana*, Placement Cell, Center for Entr in Competitive Examinations Extension activities play crucial roles, which assure confident future.

The society has historical tradition. It is our responsibility to nourish tradition and accept constructive new. It is certain that the society will march with dazzling colours relying on our strong will and collective action.

**The President's Stance**

**Hon'ble Harshavardhan Deshmukh**

**President,**

Shri Shivaji Education Society, Amravati



# SHRI SHIVAJI EDUCATION SOCIETY, AMRAVATI'S EXECUTIVE COUNCIL



**Hon'ble Shri Harshvardhan Pratapsinh Deshmukh**  
**President**



**Hon'ble**  
**Adv. Gajananrao K. Pundkar**  
**Vice President**



**Hon'ble**  
**Adv. Jaywant Alias Bhaiyasaheb Patil**  
**(Pusdekar)**  
**Vice President**



**Hon'ble**  
**Shri Keshavrao J. Metkar**  
**Vice President**



**Hon'ble**  
**Shri Dilip B. Ingole**  
**Treasurer**



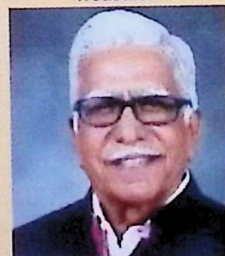
**Hon'ble**  
**Shri Hemant W. Kalmegh**  
**Executive Member**



**Hon'ble**  
**Prin. Shri Keshavrao R. Gawande**  
**Executive Member**



**Hon'ble**  
**Shri Suresh Janardhanrao Khotare**  
**Executive Member**



**Hon'ble**  
**Prof. Subhash Shridharpant Bansod**  
**Executive Member**



**Hon'ble**  
**Prin. Dr. Vijay G. Thakare**  
**Secretary**



**Hon'ble**  
**Prin. Dr. Manendra P. Dhore**  
**Co-opted Member**



**Hon'ble**  
**Shri Nareshchandra M. Patil**  
**Co-opted Member**

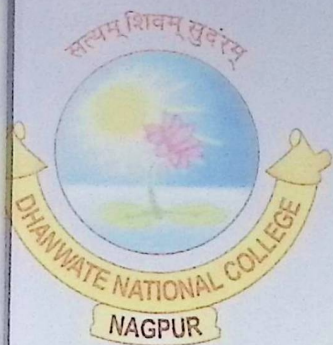


**Hon'ble**  
**Prin. Dr. Purushottam S. Wayal**  
**Co-opted Member**



**Hon'ble**  
**Prin. Dr. Amol M. Mahalle**  
**Co-opted Member**





## ***The Principal's Pen***

Education is transformative source in society. Opting for the right institution for higher studies is not smooth sailing. It needs careful consideration of attitudes which distinguish good institution from the not so good one. A college is known by its faculty, its library, laboratories, cultural and physical attainments, the intelligence and vitality of students, intellectual and moral climate that permeate. Dhanwate National College stands in good measure despite decline of moral, social values and consequent gloom outside. It has been accredited with B+grade, CGPA 2.53

This institution aptly proved its glorious traditions which have imbibed the succeeding generations of its alumni, those who look back with reverence to this institution. The institution strives for all round development of students, which is a clarion call of time. Myriad activities in various departments, ICT orientation placement cell, research Multimedia Audio-visual Center, sports, indoor Stadium Dr. Panjabrao Deshmukh Prabodini NET/SET Guidance Center, Center for Competitive Examination, NSS, NCC and the endeavor of the college magazine, are of seminal significance to boost up their creative energy, which has an immense possibility to blossom in ensuring time.



**Dr Jaywant D. Wadate**

Principal

Dhanwate National College, Nagpur

## संपादक वृंद

समन्वयक

डॉ. भारती खापेकर

मराठी विभाग

डॉ. भारती खापेकर

हिन्दी विभाग

डॉ. भावना कळसुले

संस्कृत विभाग

रोशनी गतफणे

इंग्रजी विभाग

डॉ. बिर्पोशा घोषाल

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डॉ. कुलभूषण मेघे

डॉ. स्वर्णलता वारके

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प्रतीक पिपंळशेंडे

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कीर्ती शुक्ला

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साची सोनारकर

बी. ए. भाग - ३



# साथना

वार्षिकी २०२१



धनवटे नॅशनल कॉलेज, नागपूर

ज्ञान स्वयं मे वर्तमान है, मनुष्य केवल उसका  
अविष्कार करता है ।

-स्वामी विवेकानंद

Knowledge is present in itself,  
Man only invents it

- Swami Vivekananda



# संपादकीय

साहित्यसोनियाचिया खाणी । उघडवी देशियेचिया क्षोणी  
विवेकव्यलीची लावणी । हों देई सैघ.

- संत ज्ञानेश्वर

- (ज्ञानेश्वरी अध्याय - १२)

असा साहित्याचा गौरव संत ज्ञानेश्वरांनी केला आहे. प्रतिभावंताच्या मनातून साहित्याची निर्मिती होत असते. अवती भवतीचे वास्तव वैज्ञानिकाला दिसते; पण त्या वास्तवापेक्षा वेगळे वास्तव कलावंत स्वतंत्र प्रतिभेने कल्पनासृष्टीतून निर्माण करतो. कला व विज्ञान सत्य शोधण्याचे भिन्न मार्ग आहेत. साहित्याचा संबंध समाज संस्कृतीशी असतो आणि लेखक सृजनशिलतेतून समाजाची, संस्कृतीची पुनर्मांडणी करतो. मानवी जीवन हे एक नाटक आहे. सुप्रसिद्ध कवी मंगेश पाडगावकर म्हणतात 'ग्रंथ आमचे साथी ग्रंथ आमुच्या हाती, ग्रंथ उजळती अज्ञानाचा अंधाराच्या राती. ग्रंथ हेच माणसाचे गुरू आहे आणि ते प्रतिभावंताच्या कल्पनेतून साकार होतात आजच्या जागतिकीकरणाच्या युगात माणसाला विविध भूमिका पार पाडव्या लागतात. बदलत्या जीवनाचे रंग तरंग घेऊन माणूस जीवन जगतो. त्याचेच प्रतिबिंब साहित्यात पडत असते.

भारतीय साहित्य अनेक प्रादेशिक भाषांमध्ये लिहिले गेले आहे. भारतीयांनी संस्कृत, मराठी, हिंदी, इंग्रजी अशा कितीतरी भाषा मधून साहित्यनिर्मिती केली आहे 'साहित्यलेणी', 'अमृतमंथन', 'ज्ञानामृतम, Knowledge is power असे अनुक्रमे मराठी इंग्रजी हिंदी संस्कृत विभागाचे नामभिधान केले आहे. मराठी विभागामध्ये संत ज्ञानेश्वर महाराज, शांताबाई शेळके, सिंधुताई सपकाळ, शरदचंद्र मुक्तिबोध, भारतरत्न गानसम्राज्ञी लता मंगेशकर, रमेश देव, मधू लिमये, बळवंत मोरेश्वर पुरंदरे, अनिल अवचट असे लेख लिहिलेले आहे. तर हिंदी मध्ये बिरजु महाराज जीवनी, बप्पी लहिरी, चौधरी चरणसिंग का जीवन परिचय, भारत की सन्मान प्रणाली, फिटनेस मंत्र जिसे पढकर आप एक्सरसाईज के लिये होंगे प्रेरित, असे लेख आले आहेत. तर संस्कृत विभागात कालिदासदिनम् ,हितोपदेशस्य जन्मकथा, आयुर्वेदाचार्य बालाजी ताम्बे महाभागाः, सुभाषितानि, योगस्य महत्त्वम् , नाटककारी भास, पण्डितसत्यव्रत शास्त्रीमहाभागाः असे लेख घेतले आहेत. तर इंग्रजी विभागात Saytajit Ray, Best Indian Women Criketer, Book prize 2021 winner The promise by damon galgut, Aikin John (1747-1822) Medical Doctor and Surgeon, Nomadland Oscar Movie, Nobel prize: Abolulrazak Gurnan, Rahul Bajaj Biography या लेखाचा समावेश करण्यात आला आहे साधना वार्षिकांतून विद्यार्थ्यांनी त्यांच्या स्तरावरून लेख कवितामधून जीवनाचा विविध दृष्टीकोनातून वेध घेण्याचा प्रामाणिक प्रयत्न केला आहे. सत्य शोधण्याची त्यांची तगमग, अस्वस्थता उजेडासाठी प्रार्थना करणारी त्यांची लेखणी स्वागतार्थ आहे. उमलणाऱ्या प्रतिभेची साधना येत्या काळात अधिक डोळस संजग होईल आणि सृजनतेचा गंध मानवाने निर्माण केलेल्या भिंती ओलांडून दूरवर पसरलेल अशी आशा करूया अंकातील विविध समित्यांचा अहवाल म्हणजे सर्वकष प्रयत्नाचा व कर्तृत्वाचा चढता आलेख आहे.

B.V. Khapekar





# अंतर्नाद

साहित्यलेणी

०१-२०

अमृतमंथन

२१-३४

ज्ञानामृतम

३५-४२

Knowledge is power

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Reportscan

01- 48

ये मन्हाठियेचिया नगरीं । बह्मविद्येचा सुकालु करी  
घेणे देणे सुखचिवरी । हो देई या जगा ॥

- संत ज्ञानेश्वर

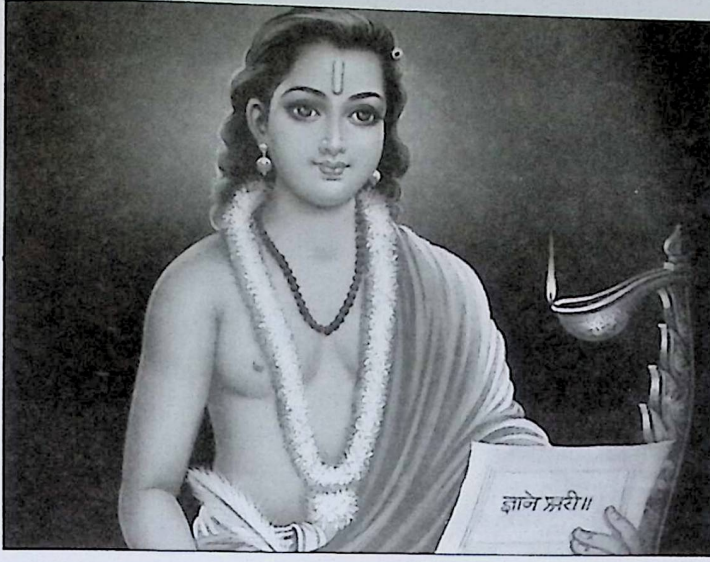


## साहित्यलेणी

- संत ज्ञानेश्वर महाराज  
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# साधना





## संत ज्ञानेश्वर महाराज

संत ज्ञानेश्वर महाराज हे १३ व्या शतकातील प्रसिद्ध मराठी संत आणि कवी होते. भागवत संप्रदायाचे प्रवर्तक योगी व तत्वज्ञ होते. त्यांच्या जन्म इ.स. १२७५ रोजी आपेगाव ला झाला. त्यांच्या वडिलांचे नाव विठ्ठलपंत कुळकर्णी असे होते ; तर आईचे नाव रुक्मिणी होते. भावार्थादीपिका (ज्ञानेश्वरी), अमृतानुभव, चांगदेवपासष्टी व हरिपाठाचे अभंग ह्या त्यांच्या काव्यरचना आहेत. अध्यात्म आणि तत्वज्ञान विषयक विचार मराठीतूनही व्यक्त करता येतात असा विश्वास संत ज्ञानेश्वरांनी आपल्या ग्रंथकर्तृत्वातून निर्माण केला. त्यामुळे समाजातील सर्व थरातील लोकांना आध्यात्मिक प्रेरणा मिळाली. निवृत्तीनाथ हे ज्ञानेश्वरांचे थोरले बंधू होते. सोपानदेव व मुक्ताबाई ही धाकटी भावंडे होती. ज्ञानेश्वरांचे वडील विठ्ठलपंत हे मुळात विरक्त संन्याशी होते. विवाहित असताना त्यांनी संन्यास घेतला व ते काशीला गेले. गुरुना ते संन्याशी असल्याचे समजताच गुरुंनी त्यांना परत पाठविले. त्यांच्या आज्ञेनुसार गृहस्थाश्रमात प्रवेश केल्यानंतर विठ्ठलपंतांना चार अपत्ये झाली. निवृत्ती, ज्ञानदेव, सोपान व मुक्ताबाई अशी त्यांची नावे होती.

विठ्ठलपंत तीर्थयात्रा करीत आळंदी येथे स्थायिक झाले. तत्कालिन सनातनी समाजात एका संन्याशी व्यक्तीने गृहस्थाश्रम स्वीकार करणे संयुक्तिक नव्हते. त्यामुळे विठ्ठलपंत आणि त्यांच्या कुटूंबाला वाळित टाकण्यात आले. त्यावर उपाय काय? असे विठ्ठलपंतांनी धर्मशास्त्रीला विचारले असता त्यावर देहदंडाची शिक्षा आहे असे सांगितले. त्यामुळे

प्रतीक पिंपळशेंडे

बी.ए. भाग- १



विठ्ठलपंत आणि रुक्मिणीबाई यांनी देहांत प्रायश्चित घेतले. आईवडिलांच्या मृत्यूनंतर ज्ञानेश्वर यांच्या भावंडांना समाजाकडून त्रास सहन करावा लागला. त्यांना अन्न, पाणी यासारख्या मूलभूत गोष्टी नाकारण्यांत आल्या मुलांची मुंज करणेही नाकारले गेले 'जो जे वांछिल तो ते लाहो' असे म्हणत अखिल विश्वाची काळजी वाहणाऱ्या संत ज्ञानेश्वर यांना वारकरी संप्रदायासह सर्व भक्त प्रेमाणे 'माऊली' म्हणतात. त्यांनी वाङ्मय निर्मितीबरोबर आध्यात्मिक लोकशाही निर्माण केली.

आईवडिलांच्या मृत्यूनंतर समाजातील लोकांनी त्यांना खूप त्रास दिला. त्यानंतर सर्व भावंडे पैठणला गेली तेथे जाऊन संत ज्ञानेश्वरांनी विद्वता सिद्ध केली संत ज्ञानेश्वरांनी आपल्या रसाळ भाषेत शब्दरचना केली संत नामदेवांच्या जोडीने त्यांनी भागवत धर्माचा प्रसार केला.

लहान असताना ज्ञानेश्वर आणि त्यांची भावंडे भिक्षा मागून खात असत एके दिवशी मुक्ताबाईला मांडे भाजण्यासाठी कोणी खापर दिले नाही. तेव्हा ज्ञानेश्वरांनी मुक्ताबाईला आपल्या पाठीवर मांडे भाजायला सांगितले. संत ज्ञानेश्वरांनी रेड्याच्या तोंडून वेद वदविले. श्राद्धात प्रत्यक्ष पिती मंत्राद्वारे उपस्थित केले. मृत माणूस जिवंत केला चांगदेव महाराज वाघावर बसून ज्ञानेश्वरांकडे यायला निघाले होते तेव्हा त्यांचा अहंकार मोडण्यासाठी बांधलेल्या निर्जिव भिंतीला चालविले अशा आख्यायिका सांगितल्या जातात.

निवृत्ती, ज्ञानदेव, सोपान, मुक्ताबाई, एकनाथ, नामदेव तुकाराम हे वारकरी संप्रदायाच्या मुखी बसलेला एक सर्वसामान्य संतांचा मेळा आहे निवृत्तीनाथ हेच संत ज्ञानेश्वराचे गुरु होते. नेवासा क्षेत्रात आपल्या सद्गुरुच्या कृपेने गीतेवर त्यांना प्रख्यात टीका लिहिली. या ग्रंथास ज्ञानेश्वरी म्हणतात ज्ञानेश्वरी ही मराठी वाङ्मयातील देशीकार लेणे ठरले. अमृतानुभव हा त्यांचा विशुद्ध तत्वज्ञानाचा ग्रंथ जीव ब्रम्ह ऐक्याचा हा ग्रंथ आहे चांगदेव पासष्टी या ग्रंथाद्वारे त्यांनी चांगदेवांचे गर्वहरण केले ज्ञानेश्वरांनी चांगदेवांना लिहिलेले पासष्ट ओव्यांचे पत्र म्हणजे चांगदेवपासष्टी होय संत ज्ञानेश्वरांचा हरिपाठ हा नामपाठ आहे यात हरिनामाचे महत्त्व सांगितले आहे. तसेच संत ज्ञानेश्वरांनी स्फुटकाव्य, अभंग, विराण्या इत्यादींचे लेखन केले आहे.

माझा मराठाची बोलू कौतूके । परि अमृतातेही पैजासी जिके ॥

ऐसी अक्षरे रसिके मेळवीन । असे म्हणत त्यांनी मराठी भाषेविषयी महती विशद केली आहे. संत ज्ञानेश्वरांनी ज्ञानेश्वरीच्या शेवटी पसायदान मागितले आहे तेही विश्वकल्याणासाठी.

आता विश्वात्मके देवे, येणे वाग्यज्ञे तोषावे ।

तोषोनि मज द्यावे, पसायदान हे ॥

जे खळांची व्यंकटी सांडो, तया सत् कर्मी रती लाभो ।

भूता परस्परे जडो, मैत्र जिवांची ॥

अशी विश्वबंधूत्वाची प्रेरणा ज्ञानदेवांनी दिली आहे. संत ज्ञानेश्वरांनी वयाच्या अवघ्या २१ व्या वर्षी पुणे जिल्ह्यातील आळंदी येथे इंद्रायणी नदीच्या काठी इ.स. १२९६ ला संजीवन समाधी घेतली पण ज्ञानेश्वराचे विचार आजही समाजाला उपयोगी आहे.





## शांताबाई शेळके

शांताबाई शेळके या मराठीतील प्रसिद्ध लेखिका आहेत. कवयित्री अनुवादक गीतकार आहेत त्यांचे संपूर्ण नाव शांता जनार्दन शेळके असे आहे. शांताबाईंचे आजोबा वडिलांचे वडील हे शाळामास्तर होते. शांताबाईंचे वडील रेंज फॉरेस्ट ऑफिसर होते, त्यांच्या बदलीच्या नोकरीमुळे चिखलदरा, नांदगाव खर्डी या गावातही त्यांना वास्तव्य करावे लागले. त्यांच्या वडिलांना त्या दादा व आईला वहिनी म्हणत, ही पाच भावंडे त्यात शांताबाई सगळ्यात मोठ्या. आईच्या मृदू स्वभावाचे संस्कार त्यांच्यावर झाले त्यांचे शिक्षण हुजूरपागा शाळा व सं. प्र महाविद्यालय पुणे येथे झाले. त्यांनी नागपूरातील हिस्लाप महाविद्यालय आणि मुंबईतील रुईया आणि महर्षी दयानंद महाविद्यालयामध्ये मराठीच्या अध्यापिका म्हणून कार्य केले आचार्य अत्र्यांच्या नवयुग मध्ये उपसंपादक म्हणून कार्य केले. १९९६ साली आळंदीमध्ये भरलेल्या साहित्य संमेलनाच्या अध्यक्षपदाचा सन्मान त्यांना मिळाला त्या एक प्रतिभावंत मराठी कवयित्री प्राध्यापक संगीत कार लेखिका, अनुवादक, बालसाहित्यकार, पत्रकार, स्तंभ लेखिका म्हणून प्रसिद्ध होत्या.

शांताबाईंची जवळजवळ शंभर पुस्तके प्रकाशित झाली आहे. वर्षा, तोच चंद्रमा, गोंदण, अनोळख कळयांचे, दिवस फुलांच्या राती, जन्मजान्हवी, चित्रगीते, पूर्वसंध्या इत्यर्थ हे त्यांचे इतर काव्यसंग्रह प्रसिद्ध झाले आहेत. मुक्ता, गुलमोहर, प्रेमिक, काचकमळ, सवाष्ण, अनुबंध,

ऐश्वर्या सकट  
बी. ए. भाग-३



कविता करणारा कावळा, (बालकथासंग्रह) सागरिका, विझली ज्योत, नरराक्षस, पुर्नजन्म, धर्म, ओढ, स्वप्नरंजन, कोजागिरी, मायेचा पाझर, धुळपाटी, पावसाआधीचा पाऊस, आंढळ्याचे डोळे, औट घटकेचा, राजा, चौघीजणी, गाठ पडली ठकाठका, गवती समुद्र, आंधळी, गाजलेले विदेशी चित्रपट, पाण्यावरल्या पाकळ्या, मेघदूत असे अनेक अनुवादही त्यांनी केले.

विविध साहित्यप्रकारात विहार करुनही त्यांचे खरे प्रेम राहिल ते कवितेवरच हळूवार भावकवितेपासून नाट्यगीते, भक्तिगीते, कोळीगीते, चित्रपट गीते अशा वेगवेगळ्या रुपातून त्यांची कविता भेटते

रेशमाच्या रेघांनी

लालकाळ्या धाग्यांनी

या सारख्या लावणी लिहिणाऱ्या शांताबाई हया मराठीतील पहिल्या लावणीकार आहेत.

१९४१ मध्ये त्यांची पहिली कविता 'शलाकापत्रक' या मासिकातून छापून आली तिही बालगीत स्वरूपात एकीकडे अनेक कवींच्या माधव ज्युलियनाच्या काव्याचा त्यांच्यावर फार मोठा प्रभाव होता सुरवातीला त्यावळणाची कविता त्या लिहित राहिल्या पण गोंदण पासून शांताबाईंची कविता बदलली अनुकरणापासून दूर राहिली तसेच त्यांची कविता अधिक प्रगल्भ आणि चिंतनगर्भ होत गेली बालपणाच्या सुखद आठवणी प्रेम वैफल्य मानवाच्या अपुरेपणाचा वेध एकाकीपण मनाचा हुरहुर सृष्टीचा गुढता हे सारे काव्य विषय गोंदणपासून पुढे येतात वृत्तबद्ध कविताजाशी त्यांनी लिहिल्या तशी मुक्तछंदातही कविता लिहिली. चित्रपट गीते ही लिहिली हृदयनाथ मंगेशकरांनी चाली दिलेली अनेक गीते शांताबाईंनी लिहिलेली आहे. वादळ वार सुटल ग, वल्व रे नाक वा अशी अनेक गीते लिहिली संतांच्या काव्यातील सात्विकता पंडितांच्या काव्यातील विद्वतता, शाहिरांच्या काव्यातील ललितमधूर उन्मादुकता त्यांच्या कवितेचे वैशिष्ट्य आहे. रोजचे अनुभव त्यांच्या कथेत येतात मानवी जीवनाकडे बघण्याची कुतुहलपूर्ण दृष्टी मानवी स्वभावाविषयीची उत्सुकता यापोटी मिळालेले अनुभव अतिशय चिंतनशिलतेतून शांताबाईंनी ललित लेखातून मांडले आहेत. अनुवादित कृतीला स्वतंत्र निर्मितीच्या जवळ ठेवून अनुवादातून पुनर्निर्मितीचा आनंद मिळावा या गांभिर्याने शांता शेळके यांनी अनुवादित साहित्य निर्माण केले. डेकन बालमित्र मंडळाचा शशवंतराव चव्हाण पुरस्कार (१९८८) ग.दि. माडगूळकर पुरस्कार (१९९४) त्यांना लाभले १९६६ मध्ये आळंदी येथे भरलेल्या साहित्य संमेलनाच्या अध्यक्षपदाचा सन्मान त्यांना मिळाला आहे.

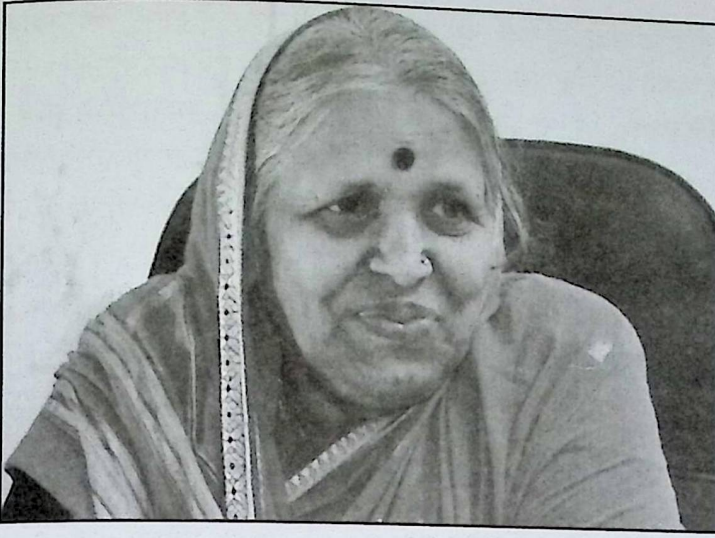
शांताबाई कवितेविषयी म्हणतात

असेन मी नसेल मी तरी असेल गीत हे

फुलाफुलात येथल्या तरी हसेल गीत हे,

अशा प्रकारे शांताबाईंनी साहित्यक्षेत्रात मानाचे स्थान मिळविले आहे त्यांच्या जन्मशताब्दी वर्षानिमित्त त्यांना अभिवादन.





## सिंधुताई सपकाळ समाजसेविका

महाराष्ट्रातील वर्धा जिल्ह्यातील पिंपरी मेघे या छोट्याश्या गावी १४ नोव्हेंबर १९४८ ला सिंधुताईचा जन्म झाला. त्यांच्या वडिलांचे नाव 'अभिमान साठे' लिंगभेदामुळे त्यांना 'चिंधी' (फाटलेला कपाळांचा तुकडा) म्हणत. आईच्या विरोधामुळे आणि आर्थिक अडचणींमुळे त्यांच्या शिक्षणात अडथळे निर्माण होवू लागले. कसेबसे त्यांनी चौथीपर्यंत आपले शिक्षण पूर्ण केले. वयाच्या नवव्या वर्षी त्यांचा विवाह वयाने सव्वीस वर्षे मोठे असलेल्या 'श्रीहरी सपकाळ' याच्यासोबत झाला. घरी प्रचंड सासुरवास कुटूंबामध्ये शैक्षणिक वातावरण नाही. अठराव्या वर्षापर्यंत माईची तीन बाळांतपणे झाली. चौथ्या वेळी गर्भवती असतांना त्यांना घराबाहेर काढण्यात आले. गाईच्या गोठ्यात त्यांना चौथी मुलगी झाली. गर्भवती असतांना तो त्यांच्या आयुष्यातील पहिला संघर्ष होता.

रेल्वेस्टेशनवर भीक मागून त्यांनी आपला उदरनिर्वाह सुरू केला. चतकोर भाकर उष्ठावलेले एखादे फळ हाती लागेल म्हणून रात्रभर रेल्वे रुळांच्या कडेने फिरायच्या. एकदा जळगाव जिल्ह्यातील पिंपराळा स्टेशनवर त्यांनी आत्महत्या करण्याचा प्रयत्न देखील केला. पण लहान मुलाचा जीव घेतला तर पाप लागेल म्हणून मागे फिरल्या. तेव्हा त्यांच्या जीवनातील खरा संघर्ष सुरू झाला. आपण का मरावं ? आपल्यासारखे कित्येक मुल मुली समाजामध्ये अनाथ आहेत त्यांना आधार द्यायला हवा. त्यांना सांभाळून त्यांच्या जीवनाला एक चांगली दिशा द्यावी. यासाठी

प्रमोद दि. ठाकरे  
बी.कॉम. भाग- ३



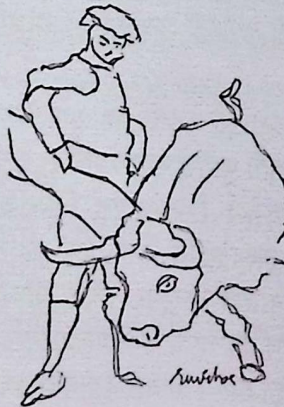
त्यांनी आपल्या प्रबोधनाच्या बळावर लोकांना संबोधित केले. पण स्वतःची मुलगी जवळ असतांना हे करणे शक्य नव्हते. म्हणून त्यांना आपली स्वतःची मुलगी दगडुसेठ हलवाई संस्था (ट्रस्ट) सेवासदन येथे शिक्षणासाठी दाखल केले. आणि त्यांनी इतर अनाथ आणि बेवारस मुलांना आधार दिला. स्वतःची मुलगी 'ममता' हिला संस्थेला सोपविल्यानंतर त्यांनी 'ममता' बाल सदन बाल निकेतन हडपसर पुणे, सावित्रीबाई फुले मुलींचे वस्तीगृह अभिमान बाल भवन, गोपिका गाई रक्षण केंद्र, ममता बाल सदन, सप्तसिंधु महिला आधार, बालसंगोपण अशा अनेक संस्था त्यांनी उभारल्या.

आपल्या संस्थेच्या प्रचारासाठी व निधी संकलनासाठी त्यांनी प्रदेश, देश विदेशातील दौरे सुरु केलेत. अंतरराष्ट्रीय व्यासपीठावर त्यांनी आपल्या बोलण्याने आणि काव्याने समाजाला प्रभावित केले परदेशी अनुदान मिळणे सोपे व्हावे या हेतुने त्यांनी मदर ग्लोबल फाऊंडेशनची स्थापना केली.

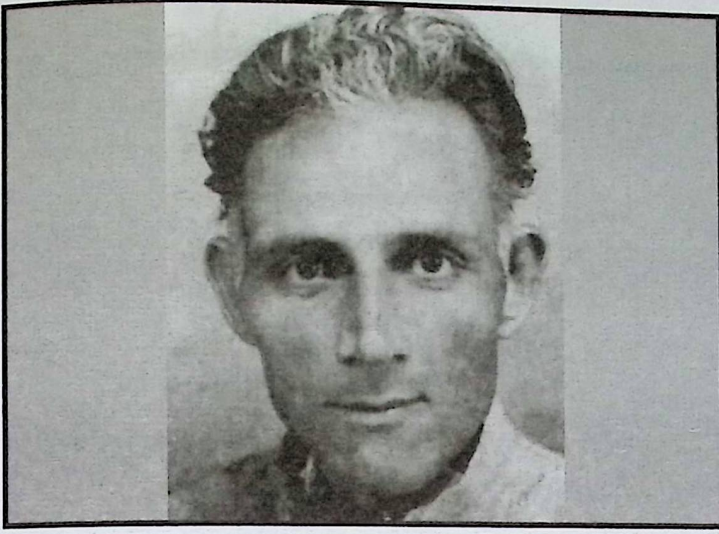
त्यांच्या या समाजकार्याच्या माध्यमातून त्यांना ७५० राष्ट्रीय व आंतरराष्ट्रीय पुरस्कार त्यांना प्रदान करण्यात आले. या पुरस्कारासोबत मिळणारे मानधनातून त्यांनी अनाथ मुला मुलींना शिक्षित केले. आज त्यांची अनेक मुलं डॉक्टर, इंजिनिअर, वकील अशी मोठी कामे करीत आहे. १०५० अनाथ मुलांची आई, २०७ जावई, ३६ सुना, १००० नातवडांची आजी आणि हजारो लाखो अनाथांची 'माई' म्हणून त्यांना ओळखल्या जाते.

सिंधुताईंच्या जीवनावर २०१० मध्ये 'मी सिंधुताई सपकाळ' हा चित्रपट सुद्धा प्रदर्शित करण्यात आला. नंतर त्यांची ५४ व्या लंडन चित्रपटासाठी निवड करण्यात आली होती. स्वतःच्या ८० वर्षांच्या नवऱ्याला त्यांनी माफ केलं आणि त्यांना स्वतःचा मुलगा म्हणून आपल्या वृद्धाश्रमात स्वीकारले.

अशा थोर समाजसेविका 'सिंधुताई सपकाळ' यांनी ४ जानेवारी २०२२ ला सर्वांना लाखो अनाथ मुलांना सोडून अनंतात विलिन झाल्या.







## शरदचंद्र मुक्ती बोध (विचारवंत, साहित्यिक)

शरदचंद्र माधव मुक्तिबोध हे एक मराठी कवी कादंबरीकार आणि समीक्षक होते जन्म इंदोर येथे २१ जाने १९२१ रोजी झाले. नागपूर विद्यापीठातून १९४७ साली एम.ए. झाल्यावर ते महाराष्ट्र सरकारच्या भाषा संचालनालयात उपसंचालक म्हणून लागले. नोकरीपश्चात ते नागपूर महाविद्यालयात १९५७ पासून प्राध्यापक होते पूढे १९७९ मध्ये सेवानिवृत्त झाले.

शरदचंद्राचे मोठे बंधू गजानन माधव मुक्तीबोध हेही हिंदीतले कवी आणि साहित्यिक होते. आपल्या साहित्यातून नव्या जाणिवांना व्यक्त करण्याचा त्याचा ध्यास होता. मानवतेचे मुल्य त्यांनी जपले होते. मुक्तीबोधांची जीवननिष्ठा त्यांच्या साहित्यातून ही प्रतिबिंबित झालेली प्रत्ययाला येते. शिक्षण उज्जैन व इंदूर येथे एम.ए. एलएल.बी. पर्यंत त्यानंतर माध्यमीक शाळांतून अध्यापन वकीली नागपूरच्या प्रकाश मासीकाचे सहसंपादन असे विविध व्यवसाय केले. नवी मळवट (१९४९) व यात्रिक (१९५७) हे मुक्तीबोधांचे काव्यसंग्रह क्षित्रा (१९५४), सरहद (१९६२) जन हे वोळतु जेथे (१९६९) हया त्याच्या कादंबऱ्या त्यांच्या निबंध साहित्यात काही निबंध (१९६३) जिवन आणि साहित्य (१९७२) आणि सृष्टी, सौंदर्य आणि, साहित्यमुल्य या ग्रंथाचा, समावेश होतो. नवी मळवट हया काव्यसंग्रहास विदर्भ साहित्य संमेलनाचे पारितोषिक मिळाले. तसेच यात्रिक हया काव्यसंग्रहास महाराष्ट्र शासनाचे पारितोषिक मिळाले. मानवी जीवन हे यात्रिक, निर्जीव व निष्फळ आहे असा

प्रितम पु. गंगरेड्डीवार  
बी.ए. भाग- ३



नैराश्यपूर्ण आशय मर्ढेकरी कविता अवतरल्यानंतर मराठी कवितेतून उमटू लागला असतांना मुक्तीबोधांनी युयुत्सू आणि आशावादी कविता लिहिली. नवी मळवाट हया आपल्या काव्यसंग्रहाच्या दोन प्रस्तावनांतून (पहिल्या आवृत्तीची व १९६४ मधील दुसऱ्या आवृत्तीची) निराशावादाचे त्यांनी सैद्धांतिक पातळीवरून खंडन केले. वास्तवतेच्या आघातांनी तीव्र झालेल्या अनुभूतीस तिच्या संपूर्ण पार्थिव स्वरूपात प्रकट करणे, विषम जीवनामुळे निर्माण झालेल्या जीवनातील अनेक पैलुंवर प्रकाश टाकणारी अनेक अनुभूतींची सत्ये आपल्या काव्यांतून प्रकट करणे हे मुक्तिबोधांचे दृष्टीने क्रांतीकारी नवकवीचे कार्य होय.

आपल्या कवितेचा आशय अधिक सामाजिक असल्यामुळे तो प्रकट करण्यासाठी व्यावहारिक जीवनातील प्रतिमांचा उपयोग केला पाहिजे अशीहि त्याची भूमिका होती. मार्क्सवादावरची श्रद्धा त्याच्या दोन्ही कवितासंग्रहांमधील एक महत्वाची प्रेरणा होय.

आपल्या कांदबऱ्यांतूनही मुक्तिवाद्यांनी आपल्या सामाजीक दृष्टीचा प्रत्यय दिला आहे. प्रत्येक व्यक्ती म्हणजे सुप्त शक्तींचा एक असून पिंड असून समाजात राहिल्यामुळे तिला बरेवाईट व्यक्तित्व प्राप्त होत असते. अशी भूमिका घेऊन त्यांनी आपल्या कांदबऱ्यातील व्यक्तींच्या सुखदुःखांचे चित्रण करित असतांना त्याच्या भोवतालच्या परिस्थितीलाही रुप देण्याचा प्रयत्न केला आहे.

मार्क्सवाद ही मुक्तिबोधांच्या समीक्षेमागचीही महत्वाची प्रेरणा असली तरी ते मार्क्सवादाच्या चौकटीत अडकून पडले नाहीत. तथापी निर्मितिप्रक्रियेचा विचार करित असतांना त्यांनी सामाजीकतेला विशेष महत्व दिले. तसेच 'रस' आणि 'रूप' ही दोन तत्वे बाजूला ठेवून त्यांनी 'मानुषता' हया तत्वाचा ललितकृतीचे घटनतत्व म्हणून पुरस्कार केला. त्याच्या दृष्टीने समता स्वातंत्र्य आणि बंधुता ही मानुषतेचीच कलिक तत्वरूपे होती व शेवटी दि. ०२ ऑक्टोबर १९८६ रोजी नागपूर या त्यांच्या कर्मभूमीतच दम्याच्या विकाराने त्यांचे निधन झाले.







## गानसम्राज्ञी लता मंगेशकर

आयुष्यात प्रत्येक व्यक्ती हा सुख - दुःख सहन करुन जगत असतो. त्याचप्रमाणे कधी हसत - खेळत, जगत असतो आयुष्य जगताना माणुस कधी हरतो, तर कधी जिंकतो, पण जगत असताना मात्र आयुष्याच्या प्रत्येक वळणावरती प्रत्येक व्यक्तीला कोणाची साथ किंवा सोबत ही हवी असते. कधी माणसांची सोबत, कधी भावनांची सोबत, कधी तरी आधारांची गरज तर कधी आनंद व्यक्त करण्यासाठी नृत्य, किंवा संगीताची मैफिल आता जर संगीतच म्हटल तर, संगीत हे एक उत्कृष्ट, अविस्मरणीय, स्वच्छ व निखळ असा सुंदर भावनांचा झरा आहे, एक सुंदर श्वास आहे, ध्यास आहे. ज्याच्या असल्याने माणूस आणि त्यांच मन कायम शांत आणि निर्मळ झऱ्यासारख वाहत असते.

आजपर्यंत कायम असे अनेक महान संगीतकार, गीतकार होऊन गेले, ज्यांनी प्रत्येकाच्या मनावर भावनांची, अश्रुंची, आनंदाची तर कधी वेदनेची भुरळ पडली. त्यापैकी एक गायिका म्हणजे साक्षात सरस्वती, गानकोकीळा लता मंगेशकर लता मंगेशकर या साक्षात देवी सरस्वती रुप होत्या, त्यांच्या गाण्याने, त्यांच्या शब्दाने आणि सुमधुर आवाजाने संपूर्ण लोकांच्या मनात आदर, वेदना, भावना रुजु लागल्या लता मंगेशकर या संपूर्ण विश्वात व गानकोकिळा म्हणून जगप्रसिद्ध आहेत. लता दिदीचा जन्म हा २८ सप्टेंबर १९२९ मध्ये मध्यप्रदेश मधील इंदौर येथे झाला लतादीदींना बालपणापासूनच संगीताचे उत्तम शिक्षण मिळाले.

कु. ज्ञानेश्वरी विनोद वानखेडे  
भाग- २



लता दिदींचे गुरु हे त्यांचे वडील गायक दिनानाथ मंगेशकर होते. बालपणापासूनच दिदींना संगीताची फार आवड होती. लता दिदींनी वयाच्या पाचव्या वर्षीपासूनच वडीलांसोबत संगीत- नाटकांमध्ये बाल - कलाकार म्हणून त्यांच्या कार्यास सुरुवात केली. दिदींनी त्यांच पहिल गाणं इसवी सन १९४२ मध्ये 'मंगळागौर' चित्रपटासाठी केलं. आणि हळुहळु दिदींनी त्यांच पूर्ण आयुष्य हे संगीताला समर्पित करण्याचे ठरविले. लता दिदी एक भारतीय गायिका तसेच उत्तम व सर्वोत्कृष्ट संगीतकार होत्या संपूर्ण भारतातील सर्वात महान आणि प्रभावशाली गायकांपैकी एक उत्तम गायिका म्हणून त्यांचा मोठ्या प्रमाणावर आदर केला जातो. लतादिदींचे संपूर्ण जीवन हे संगीताच्या सुंदर झऱ्याने काठोकाठ भरलेले होते आपल्या संपूर्ण भारतीय संगीत क्षेत्रामध्ये सात दशकांच्या कारकीर्दीतील योगदानासाठी त्यांना भारतीय गानकोकिळा (Nighigale of india) आणि (Quine of Melody) सन्माननीय पदव्या मिळाल्या. लतादिदी या आशा भोसले, उषा मंगेशकर हृदयनाथ मंगेशकर, मीना मंगेशकर या भावडांमध्ये सर्वात मोठ्या होत्या लता मंगेशकर यांना संगीताचे धडे व संस्काराचे त्यांच्या आई (सुधामती मंगेशकर) आणि त्यांचे वडील (दीनानाथ मंगेशकर) यांच्याकडून प्राप्त झाले होते.

लतादिदीने फक्त मराठी हिंदीतच नव्हे तर काही परदेशी भाषांमध्ये सुद्धा गाणी ध्वनिमुद्रित केली होती. त्यांच्या आई-वडिलांच्या संस्काराने आणि शिक्षणाने लतादिदी या अखंडपणे यशस्वी होत राहिल्या. भारताला लता मंगेशकर यांच्या रुपाने एक मधुर आवाज लाभला गेला. लतादिदीने कित्येक गीतकारांना आणि संगीतकारांनाच यशस्वी केल असे नाही, तर त्यांच्या सुमधुर आवाजाने, स्वरांने कित्येक चित्रपट सजले, गाजले दिदींनी अनेक गीत गायन केले. मराठी, गुजराथी, बंगाली, हिंदी संस्कृत, पंजाबी इत्यादी भाषेतील गीत गायन केले आहे. त्यांच्या या महान कारकीर्दीसाठी दिदींना अनेक पुरस्काराने सन्मानित केले गेले आहे.

१९८७ मध्ये दिदींना भारत सरकारने दादासाहेब फाळके पुरस्कार प्रदान केला. तसेच देशासाठी दिदींच्या योगदानाबद्दल २००१ मध्ये भारतरत्न हा सर्वोच्च नागरी सन्मान प्रदान करण्यात आला. दिदींना फ्रॉन्समध्ये सर्वोच्च नागरी पुरस्कार 'द लीजन ऑफ ऑनर' ने सन्मानित केले आहेत. तसेच लंडनच्या 'रॉयल अल्बर्ट हॉलमध्ये' सादरीकरण करणाऱ्या त्या पहिल्या भारतीय होत्या. पुढे त्यांना भारतात तीन राष्ट्रीय पुरस्कार, १५ बंगाल फिल्म फेअर तसेच जर्नालिस्ट असोसिएशन पुरस्कार चार फिल्म फेअर सर्वोत्कृष्ट पार्श्वगायिका पुरस्कार दोन फिल्म फेअर विशेष पुरस्कार आणि असेच बऱ्याच पुरस्कारांच्या मानकरी लता मंगेशकर ठरल्या. त्यांच्या आवाजाने उंचीचे किर्तीमान गाठले आहे.

लताजींची ओळख ही सर्वाधिक आणि गाणी रेकॉर्ड करणाऱ्या आर्टिस्ट म्हणून देखील ओळखल्या जातात. एका कार्यक्रमादरम्यान लताजींनी, पंडित जवाहरलाल नेहरू यांच्या उपस्थितीत 'ऐ मेरे वतन के लोगो, जरा आँख मे भरलो पानी' हे गीत गायन केले.

अनेक चढ-उतरांचा सामना करत लताजी अनेक संघर्षाला सामोरे गेल्या, परंतु कधीही हार मानली नाही. लताजीच्या जीवनावर अनेक पुस्तके लिहिण्यात आली आहे. त्यापैकी लता-व्हॉइस ऑफ द गोल्डन एरा, लता मंगेशकरांच्या शोधात, लता मंगेशकर - एक चरित्र लता मंगेशकर गंधार स्वरयात्रा यासारखी अनेक पुस्तके होय त्याचप्रमाणे लता, संगीत क्षेत्रातील चंद्रमा, स्वरयोगिनी, The voice of a Nation तर हिंदीतील ऐसा कहा से लाइ, अजीब दर्शन है यह यासारख्या अनेक पुस्तके प्रसिद्ध झाली. या व्यतिरीक्त लताजींना गायनासाठी



१९५८, १९६०, १९६५ आणि १९६९ ला अनेक अवॉर्ड प्राप्त झाले आहेत. लताजींनी अनेकांचे मन गाण्यातून जिंकून घेतले. त्याचप्रमाणे 'गिनीज बुक ऑफ वर्ल्ड रेकॉर्ड्स' तर्फे देखील त्यांच्या विशेष सन्मान करण्यात आलेला होता. आणि मध्यप्रदेश सरकार तर्फे त्यांच्या नावे प्रत्येक वर्षी १ लाखाचा पुरस्कार प्रदान करण्यात येतो. गायनांसोबतच लताजींनी चार चित्रपटांची निर्मिती केली होती. १९५३ - वादळ (मराठी) १९५३ - झांझर (हिंदी) १९५५ - कांचन गंगा (हिंदी) १९९० - लेकीन (हिंदी) असे प्रस्तुत केलेल्या चित्रपटांची नावे आहेत. लताजींच्या गायनांची कारकीर्द ही अखंडपणे सुरुच राहिली. संपूर्ण संगीत क्षेत्राला लता मंगेशकर यांच्यासारख्या सर्वोत्कृष्ट गायिका लाभल्या. त्यांच्या आवाजाची किमया केवळ भारतीयांवरच नव्हे तर विदेशातील नागरिकांवर देखील आजतागायत पसरलेली आपल्याला दिसते.

हे म्हणजे देखील अतिशयोक्ति होणार नाही की जोवर चंद्र सूर्याच अस्तित्व या भुतलावर आहे, तोवर लता मंगेशकरांच्या आवाजाचे गारुड प्रत्येक कानसेनावर कायम राहाणार आहे. कारण त्यांच्या आवाजाने उंचीचे जे शिखर गाठले आहे. तिथपर्यंत पुढच्या काळात बहुतेकच कुणी पोहोचू शकेल. या वरुनच लता मंगेशकर या व्यक्ति मत्वाची महत्ता आपल्या लक्षात येते.

भारतरत्न लता मंगेशकर या गानकोकीळेने अनेक भाषांमध्ये हजारो गाणी गायिली आहेत. त्यांचा आवाज ऐकून कधी कुणाच्या डोळ्यात अश्रु आलेत तर कधी सिमेवर उभ्या असलेल्या जवानाला हिम्मत मिळाली. लताजी या विश्वातील एक अश्या कलाकार आहेत, त्यांच्यासारखा पूर्वी कोणी झाले नाही आणि शक्यतोवर पुढे कधी होणारही नाही. लताजींच्या या सुमधुर आवाजांमुळे संगीत सृष्टीतील मोठे मोठे दिग्दर्शक म्हणजेच अनिल विश्वास, शंकर जयकिशन, नौसाद, सचिन देव बर्मन, सी रामचंद्र, सलिल चौधरी, हेमंत कुमार, रबी सज्जाद हुसेन, वसंत देसाई, सुधीर फडके या सगळ्या नावाजलेल्या संगीत दिग्दर्शकांसोबत लताजींना काम करण्याची संधी मिळाली. पुढे लताजींना अनेक नावाने ओळखत गेले. लता मंगेशकर, गानकोकीळा, गानसम्राज्ञी, लतादीदी या नावाने लोक त्यांना ओळखू लागले. तसेच टाइम मासिकांने तिला भारतीय पार्श्वगायनाची अपरिहार्य आणि उत्कृष्ट सम्राज्ञी म्हणून मान्यता दिली आहे.

गायन कारकिर्द मध्ये लताजी कधीही आपल्या कुटुंबाला विसरल्या नाही. कुटुंबाची जबाबदारी सांभाळत गायन सतत सुरुच ठेवले. त्या कुटुंबासाठी एक उत्कृष्ट आदर्श ठरल्या, कितीही वादळे आणि संकटे असली तरी कुटुंबासोबत आणि देशासोबत एक आई बनून सदैव साथच दिली. लतादीदीच्या स्वरांनी प्रत्येक भारतीयाला मोहून टाकले आहे, असा एकही दिवस जात नाही की त्यांचे स्वर कानी पडत नाही. भारतीय चित्रपट संगीतात त्या एका अठळस्थानी आहे. लतादीदी या स्वतः गायिका असल्याने त्यांच्या सर्व भावंडांना त्यांचे अनमोल मार्गदर्शन लाभले. लतादीदींच्या पाउलांवर पाउल ठेवत त्यांचे भावंडे आशा भोसले, मोना मंगेशकर, उषा मंगेशकर आणि हृदयनाथ मंगेशकर हे देखील सुप्रसिद्ध गायक व गायिका झाले.

भारत सरकारने सप्टेंबर २०१९ ला ९० व्या वाढदिवशी त्यांना 'डॉक्टर ऑफ द नेशन' या पुरस्काराने सन्मानित केले, दिदीच्या १९४० च्या दशकापासून ते आजपर्यंतच्या हिंदी संगीताची राणी म्हणून तिच्या संगीतातील जीवन, संघर्ष व यशस्वी कारकीर्दीशी गुंफलेली माहिती ही "लता मंगेशकर :- अ म्युझिकल जर्नी" या पुस्तकांत प्रसिद्ध आहे. वयाच्या ९२ व्या वर्षी लताजींची प्रकृती गंभीर असल्यामुळे त्यांना ब्रीच कॅंडी रुग्णालय



मुंबई येथे दाखल करण्यात आले होते. तपासनीनंतर त्यांना कोरोना व न्युमोनियाची लागण झाल्याचे समोर आले. होतं तज्ज्ञ डॉक्टरांचे सतत देखरेखीत उपचार सुरु होते. त्यांनी कोरोनावर मात सुद्धा केली. त्यांचे वय जास्त असल्या कारणाने त्यांना अतिदक्षता विभागात ठेवण्यात आले होते. परंतु काळाने त्यांची साथ सोडली आणि अखेर दैवी स्वरांचे ६ फेब्रुवारी २०२२ रोजी सकाळी स्वर्गारोहण झाले. ही वार्ता सर्वांना कळली.

भारताने एक अनमोल रत्न गमावले. जात पात, धर्म, भाषा, प्रांत, देश अशी सर्व बंधने तोडून प्रत्येकाच्या आयुष्यात अखंड आनंद भरणान्या स्वर मैफीलीने अखेरची भैरवी घेतली. लतादिदि या आपल्यातून निघून गेल्या तरी त्यांचे सूर आणि त्यांचा आदर आपल्या मनात सदैव कायम राहिल.

या वाटेवर रघुपती आहे

त्या वाटेवर शिळा

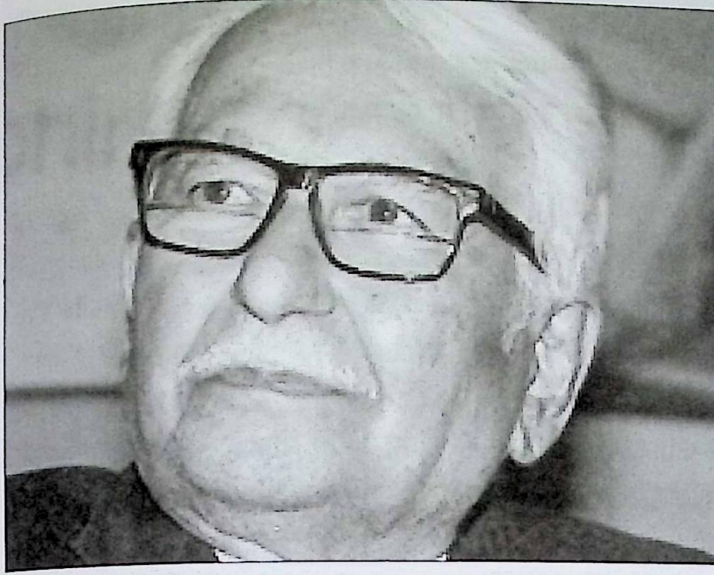
सांग गानसम्राज्ञी कुठे ठेवू मी

तुझा उमलता गाण

असे म्हणता संगीत विश्वाच्या या ध्रुवताऱ्याला भावपूर्ण श्रद्धांजली अर्पिते.







## रमेश देव

रमेश देव यांचा जन्म स्वातंत्र्य पूर्वीचा (३० जानेवारी १९२९) रमेश देव यांचं मुळ आडनाव ठाकूर असं होतं.परंतु त्याचे वडील कोल्हापूर मध्ये न्यायाधीश होते. रमेश देव हे खरे मुळचे राजस्थानातील जोधपुरच्या इतले परंतु त्यांच बालपण कोल्हापूर मध्ये गेलं.देव यांच्या वडिलांनी एका न्यायालयीन कामष्ठाजात शाहु महाराजांना मदत केल्यामुळे शाहु महाराज म्हणाले ठाकूर तुम्ही देवासारखे धावून आला तर तुम्ही ठाकूर नाहीत. देवच आहात. आणि तेव्हापासून रमेश याचं आडनाव देव झाले.

इसवी सन १९५७ मध्ये रमेश देव यांनी सुप्रसिद्ध अभिनेत्री नलिनी सराफ म्हणजे सीमा देव यांच्याशी विवाह केला. -‘आलिया भोगासी’ या चित्रपटाच्या सेटवर रमेश देव यांची सीमा देव यांच्याशी ओळख झाली.त्याकाळी रमेश देव आणि सीमा देव यांची जोडी फारच चर्चेत होती.अजुनही जेव्हा जेव्हा रमेश देव यांचा विषय निघतो तेव्हा तेव्हा त्या दोघांच्या रमेश आणि सीमा देव यांनी बराच काळ सोबत रुपेरी पडद्यावर घालवला आहे.म्हणूनच त्यांनी ऑन स्क्रीन आणि ऑफ स्क्रीन केमिस्ट्री सुपरहिट आहे.या दाम्पत्यांना अंजिक्य देव आणि अभिनय देव अशी दोन मुले देखील आहेत.अंजिक्य देव मराठी चित्रपट सृष्टी मधील एका सुप्रसिद्ध अभिनेते आहेत.तर अभिनय देव हे दिग्दर्शक आहेत.

रमेश देव हे चित्रपट सृष्टितील देखणे कलाकार होते.रमेश देव यांनी चित्रपट सृष्टीमध्ये पहिलं पाऊल १९५० च्या सुमारात ठेवलं रमेश देव

निर्मला एच.ब्राम्हणकर  
बी.कॉम.भाग-१



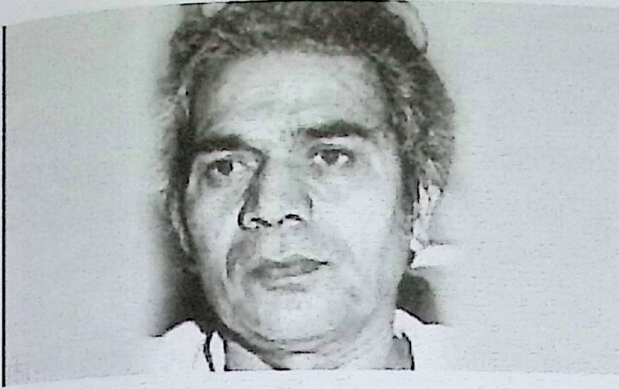
यांना सुरुवातीला छोटी-मोठी कामं मिळायची सुरुवातीला ते सहकलाकार किंवा छोट्या भूमिकांमध्ये काम करायचे त्याची सुरुवात मराठी चित्रपटांपासून झाली. मराठी चित्रपटांमध्ये काम करत करत पुढे जाऊन त्यांना नायकाची भूमिका मिळायला लागली. रमेश देव हे एक सुप्रसिद्ध अभिनेते आहेत तर अभिनय देव हे दिग्दर्शक आहेत.

इसवी सन १९५६ मध्ये रमेश देव यांच्या कारकिर्दीची खरी सुरुवात झाली. “आंधळा मागतो एक डोळा” या चित्रपटाच्या माध्यमातून ते रुपेरी पडद्यावर झळकले आणि बघताक्षणी चाहत्यांच्या मनामध्ये घर करून बसले. अभिनयाचा दांडगा अनुभव असणारे रमेश देव यांनी आपलं संपूर्ण आयुष्या चित्रपटसृष्टीमध्ये समर्पित केलं संपूर्ण आयुष्यभर दशकानुदशके त्यांनी चित्रपट सृष्टी मध्ये मोलाचं योगदान दिले आहे. अनेक हिंदी व मराठी चित्रपटांमध्ये त्यांनी खलनायकाच्या भूमिका बजावल्या आहेत. ‘अभिनय’ हा चित्रपट दिग्दर्शक आहे, त्याने २०११ मध्ये ‘दिल्ली बेली’ या चित्रपटाचे दिग्दर्शन केले आहे, अजिंक्य हा एक मोठा प्रसिद्ध मराठी अभिनेता आहे. सीमा आणि रमेशने पती, पत्नी आणि प्रेमी म्हणून अनेक चित्रपटात. एकच काम केले आहे. देव यांनी ‘आंधळा मागतो एक डोळा’ (१९५६) चित्रपटात पदार्पण केले. त्यांचा बॉलिवुडचा पहिला चित्रपट होता. “आरती” रमेशने दिग्दर्शन तसेच अनेक टीव्ही मालिका आणि नाटकांची निर्मिती केली आहे. त्यांनी ‘पेशाचा पाऊस’ आणि ‘भाग्य लक्ष्मी’ या चित्रपटांत काम केले.

रमेशने “दश लाख” (१९६६) चित्रपटात मनोहरची भूमिका केली होती. देव यांना ‘मुजर्मि खिलोना’ आणि ‘जीवन मृत्यु’ या चित्रपटांत कामं करण्याची संधी मिळाली. रमेशने ‘कोरा कागज’ आणि आखा ढाव चित्रपटांमध्ये काम केले. त्यांनी खुशी - दर (१९८२) चित्रपटात रामनाथनची भूमिका साकारली होती. त्याचे पुढचे सिनेमे औलाद आणि घायल होते. देव रमेशने कौल साहबच्या रुपात २०१३ मध्ये जॉली एलएलबी चित्रपटात काम केले होते. देव २५० पेक्षा जास्त चित्रपटांत भाग होते. रमेशला लाइफ टाईम ॲवॉर्ड्स अर पुरस्काराने गौरविण्यात आले. मराठी चित्रपटांमध्ये योगायोगाने दाखल झालेले देव यांनी हिंदी चित्रपटांमध्ये भूमिका साकारण्यासाठी मात्र जाणीवपूर्वक प्रयत्न केले. संधी मिळविण्यासाठी बराच काळ जोडेही झिजविले, भालजी पेंढारकर राजा परांजपे आणि राजदत्त यांच्यापासून ते हृषीकेश मुखर्जीपर्यंत अनेक दिग्दर्शकांना गुरु मानून रमेश देव यांनी अभिनयातील बारकावे आत्मसात केले. त्यातून त्यांच्या भूमिकांना यश मिळू लागले.

नायकांप्रमाणेच खलनायिका भूमिकाही त्यांनी तेवढ्याच ताकदीने साकारल्या. सुमारे तीशने हिंदी चित्रपटांमध्ये त्यांनी खलनायक आणि चरित्र भूमिका रंगविल्या. या सहायक भूमिकांनी त्यांना हिंदी चित्रपटांमध्ये ओळख मिळवून दिली. देव यांनी सुमारे तीस मराठी नाटकामधून भूमिका साकारल्या आणि मराठी नाट्य संमेलनाचं अध्यक्षपदही भूषविले. बदलत्या पिढीतील रसिकांची अभिरुची लक्षात घेऊन यांच्याशी जुळवून घेण्यासाठी प्रयत्नशील राहणे, हे त्याचे वैशिष्ट्ये आणि लोकप्रियतेचे यमक ठरेले. त्यामुळे ते कालबाह्य ठरले नाहीत.





## मधू लिमये

मधू लिमये यांची जन्मशताब्दि वर्ष ९ मे पासून सुरु होत असुन या निमित्ताने त्यांच्या कार्याची व विचारांची ओळख या जन्मशताब्दी महोत्सवच्या निमित्ताचे आजच्या युवा व तरुण पिढीला करुन देण्यासाठी देशपातळीवर एका समितीचे गठन करण्यात आले आहे या समिती मार्फत वर्ष भरात विविध उपक्रम राबवून व शोशल मिडियाच्या माध्यमातून तसेच वर्तमान पत्राच्या द्वारे विशेष पुरवणी काढून लेखाच्या आधारे जनतेपर्यंत पोहचण्यात मानस आहे. पुस्तक व गौरव ग्रंथात मान्यवर लोकांकडून साहित्यिकांच्या मुलाखती व इतर साधनाच्या द्वारे देशातील युवकांसमोर समाजवादी विचारसरणी ची सखोल मांडणी करण्याचा मानस समितीचा आहे. तसेच विविध मान्यवरांचे व्याख्यान आयोजित करण्यात येणार आहेत व कृतीयुक्त कार्यक्रमावर भर राहणार आहे. विविध स्तरांच्या माध्यमांतून विद्यार्थीमध्ये लेखन स्पर्धांचे आयोजन करणे व जेष्ठ समाजवादी विचारवंत मधू लिमये यांच्या कार्याची ओळख निर्माण करुन देण्यात येणार आहे.

समाजवादी विचारधारा बळकटी करुन समाजवादीचा प्रसंगाला आज घडीला किती महत्त्वाची आहे या अनुषंगानेच जनमानसात घेऊन जाण्याचा मानस आहे. आज जिकडे तिकडे जातीय, धार्मिक व असहिष्णुता वातावरण निर्माण करण्यात येत असून चंगळवादी व भांडवलवादी विचाराची गरज दाखवण्यात येत आहे, ही काही मोजक्याच लोकांकडून देश चालविला जात आहे असे वाटत आहे. आज सतारुढ सरकार कडून दबावतंत्र ची वापर मोठ्या प्रमाणात होत आहे. मी म्हणेल ती पूर्व दिशा व मी म्हणेल तो कायदा अशा प्रकारचे दहशत निर्माण करण्यात येत आहे.

आज समाजवादी म्हणून काहीजन खिल्ली उडवत असतात. नवीन युवा पिढीला समाजवाद हा विचार काय आहे हे माहिती करुन देणे व या विचाराची देशाला किती जरूरीचे आहे हे सांगणे व कृतीत विचार उतरविणे हा या मुळसमितीचा उद्देश ही असावा म्हणून विविध उपक्रमाच्या माध्यमातून समाजवाद समजुन सांगण्याचा प्रयत्न असावा जो भारतीय राज्यघटनेला अभिप्रेत आहे. मधू लिमये राष्ट्रीय राजकारणात खऱ्या अर्थाने चमकु लागले ते १९६४ नंतर बिहारमधल्या मुंगेर मतदारसंघातुन ते लोकसभेवर निवडून आले. लेहिया, कृपालनि, मिनु मसनि हिरेन मुखर्जी नाथ पे रेणु चक्रवती इंद्रजीत गुप्ता अटल बिहारी वाजपेयी बलराज मधोक, ह. वि कामथ वगैरे विरोधकांच्या जोडीने त्यांनी संसदेच्या कामकाजावर छाप पाडली. केवळ भ्रष्टाचाराची प्रकरने घसास लावून नव्हे, तर लोकहिताचे प्रश्न पोटातिडकेने मांडून संसदेच्या कामकाजाचे नियम देशाचे संविधान यांचा प्रचंड अभ्यास होतो. भारतीय संविधानात स्वातंत्र्य, सामाजिक समता व एकात्मता अभिप्रेत आहे याच संविधानिक

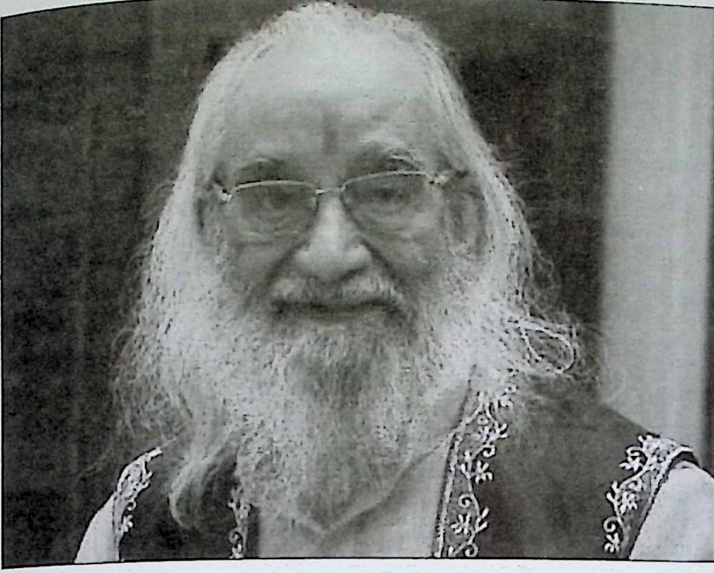


मुलतत्वाची पायमल्ली सध्याच्या सताधारी नेत्यांकडून होते की काय असे नेहमी नेहमी वाटत असते.

जेष्ठ समाजवादी विचारवंत लिमये यांच्या जन्म १ मे १९२२ ला महाराष्ट्र ट्रांतील पुणे येथे झाला आहे तसेच त्याचे शालेय व महाविद्यालयीन शिक्षण पुणे येथील फर्ग्युसन महाविद्यालयात झाले. मधू लिमये यांनी वयाच्या १४, १५ व्या वर्षात म्हणजेच विद्यार्थी दशेतच स्वातंत्र्य लढयात भाग घेतला होता. जागतिक युद्धानंतर त्यांना जेल मधुन मुक्त केले. लगेच त्यांनी गोवा मुक्ती लढयात सक्रीय भाग घेतला म्हणून पुन्हा एकदा दीर्घ काळ जेल मध्ये जावे लागले. जेल मधून बाहेर आल्यावर त्यांनी मुंबई येथून दोन वेळेस निवडणुक लढवली पण दोन्ही वेळेस ते निवडणुक हारली होते. सुरुवाती पासून बिहार राज्य हे समाजवादी विचारांची गड राहिला आहे याचे मुख्य कारण म्हणजे कर्पूरी ठाकुर व डॉ राम मनोहर लोहिया व जयप्रकाश नारायण यांनी बिहार राज्यात समाजवाद विचार रुजविला होता. जेष्ठ समाजवाद विचारवंत म्हणून मधू लिमये याचे नाव सर्वश्रुत झाले होते. त्यांनी समाजवादि पक्षाच्या वतीने बिहार राज्यातून मुंगेर लोकसभा क्षेत्रातून निवडणुकीच्या रिगणात उतरले व ते निवडून देखील आले. हा एक वेगळाच विक्रम आहे. राज्यसभेवर एखादे वेळेस लोकसभेत निवडून येणे हा विक्रमच होता. इतर राज्यातील व्यक्ती हे करू शकतो याचे कारण लक्षात घेतले. तर त्या त्यावेळेस होते ते मधू लिमयेच्या निवडणुकीच्या निकालावरून दिसून येते. आज कशाला किती महत्त्व दिले जाते ते सर्वांना ज्ञात आहे. जात, धर्म, प्रांत व परका अमका तमका यापेक्षा अधिक महत्त्व तो कोणत्या विचारधारेवर काम करीत आहे. त्याचे नैतिक मूल्य काय तो कोणत्या अधिष्ठानावर श्रद्धा आहे व तो काम कसा करतो त्याचे आचरण काय हे सर्व मतदार पाहत असत असे वाटते. उगाच का परराज्यातील माणूस चार वेळेस निवडून येणे हे एक तत्कालीन कीर्तीमानच होते. मधू लिमये यांनी लोकशाही सहिष्णूता धर्मनिरपेक्षता आणि सर्वधनिकता घटनाक्रमनेस आयुष्यभर महत्त्व दिले. भारताच्या तात्कालिन पंतप्रधान श्रीमती इंदिरा गांधी यांनी लोकसभेचा कार्यकाळ वाढवून घेतला तेव्हा त्यांच्या हा निर्णय जसा नैतिकतेला धरून नव्हता तसाच तो घटनाविसंगतही होता आणि म्हणूनच त्यांनी आपल्या लोकसभा सदस्यत्वाचा राजिनामा देवून आणिबाणी विरुद्ध लढले. तुरुंगवास भोगला. अशा शेकडो लोकशाही निष्ठ समाजवादयांच्या त्यागामुळेच या देशात लोकशाहीची पुर्नस्थापना झाली.

डॉ राम मनोहर लोहिया प्रणित गैर काँग्रेस वादातून पुढे जनता पक्षाची स्थापना झाली. मधू लिमये हे त्या पक्षाचे महासचिव होते. त्यांनी उपस्थित केलेल्या सदस्यात्वाच्या मुद्यावरूनच जनता पक्षाचे विभाजन झाले. काँग्रेस सोशलिस्ट पार्टी, सोशलिस्ट पार्टी, प्रजा समाजवादी पार्टी आणि जनता पार्टी मधून सहसचिव, महासचिव अशा पदावर प्रदिर्घकाळ राष्ट्रीय राजकारणात सक्रिय राहिलेल्या मधू लिमयेनी १९८२ मध्ये राजकरण पहिले राजकारणात राहूनही त्याचं वाचन प्रचंड होतं आणि म्हणूनच त्यांनी शेकडो पुस्तके आणि लेख लिहून समाजमानस घडवले. आणि म्हणूनच त्यांनी जन्मशताब्दी वर्षात त्यावर वर्तमानकालीन वास्तवाच्या संदर्भात चर्चा झाली तर त्यांचे संसमरण करण्याबरोबरच व्यापक समाजहितीची ठरेल असे मला वाटते. त्यांच्या लिखानात केवळ भारतीय स्वातंत्र्यलढा आणि त्यात महात्मा गांधी आणि पं.नेहरुचे योगदानच नाही तर सरदार पटेल आणि डॉ. बाबासाहेब आंबेडकराबाबतचे चिंतनही आहे. सामाजिक न्यायासह आंतराष्ट्रीय अशा संघटना आणि अणुशक्ती बाबत भारताची भूमिका काय असावी हेही त्यांनी सांगितले.





## बळवंत मोरेश्वर पुरंदरे

बळवंत मोरेश्वर पुरंदरे उर्फ बाबासाहेब पुरंदरे जन्म (जुलै २९ इ.स. १९२२ - १५ नोव्हेंबर २०२२) हयांनी आपल्या ओजस्वी वाणीने शिवचरित्र जगातील घराघरांत पोहोचविणारे 'राजा शिवछत्रपती' या ग्रंथाचे लेखन केले. अखंड गारवाणी ज्यांना मुंजरा करायचा ज्यांच्या सावलीत स्त्रियांची आब्रु व देवघ्यातले देव ज्या राजा मुळे सुरक्षित राहले असे म्हणजे छत्रपती शिवाजी महाराज हयांच्या जीवनाचा काटेकोर पणे अभ्यास करून आणि निष्काम त्यांची भूमिती करून हयांनी आपल्या समोर जी महाराजांची छवी निर्माण करण्याच काम बाबासाहेब पुरंदरेनी काटेकोर पणाणी सिद्ध केले.

'जाणता राजा' या महानाट्याचे लेखक - दिग्दर्शक केले. मराठी साहित्यिक, नाटककार इतिहासकार आणि प्रसिद्ध वक्ते म्हणून त्यांची ख्याती जगामध्ये होती शिवशाहीर महाराष्ट्र भूषण बळवंत मोरेश्वर पुरंदरे म्हणजेच बाबासाहेब पुरंदरे यांचा २९ जुलै २०२१ रोजी १०० वा वाढदिवस झाला होता. त्यांच्या वाढदिवसानिमित्त आयोजित कार्यक्रमात त्यांच्यावर सर्वच क्षेत्रातून भुभेच्छांचा वर्षाव झाला. पंतप्रधान नरेंद्र मोदी यांनी बाबासाहेबांच्या कार्याचा गौरव करतानाच शिवाजी महाराजांचा महाराष्ट्रावरच नव्हे, तर आख्या देशावर, असलेला प्रभाव शिवशाहीर बाबासाहेब पुरंदरे यांनी सांगितला अश्या शब्दात केला होता.

**व्यक्तिगत जीवन**

बळवंत मोरेश्वर उर्फ बाबासाहेब पुरंदरे यांचे मुळ गाव पुणे

भुपेश नरेश लाकडे  
बी.ए. भाग- २



जिल्हातील सासवड होय. इतिहासाविषयी अभिमान सत्यासत्यता तपासण्यासाठीची संशोधक प्रती, संयम, चळवळी एक प्रकारचा भारावलेपणा वेडेपणा, स्मरणशक्ती आदी गुणांचा समुच्चय बाबासाहेब पुरंदरे यांच्या व्यक्तिमत्त्वामध्ये आहे. या गुणांसह प्रखर बुद्धिमत्ता, विश्लेषणश्रमता आणि प्रेरणादायी इतिहासाची अभिव्यक्ति करण्यासाठीची विलक्षण लेखन - प्रतिभा व वक्तृत्वकला हे गुणविशेषही त्यांच्या व्यक्तिमत्वात दिसतात तसेच सखोल अभ्यासासह शिस्तबद्धता व्यक्तशीरपणा हे त्यांच्या स्वभावाची खास वैशिष्ट्ये.

**कारकीर्द :** तरुणपणा पासून पुण्यातच स्थायिक झाले व भारत इतिहास मंडळ या संस्थेत काम करू लागले. या ठिकाणीच इतिहास संशोधक ग.ह.खरे हे बाबासाहेबांना गुरुस्थानी लागले व इतिहास संशोधक म्हणून त्यांची वाटचाल सुरू झाली. पुणे विद्यापीठाच्या मराठा इतिहासाची शकावली - सन १७४० ते १७६१ या भारत इतिहास संशोधन मंडळात झालेल्या संशोधन प्रकल्पात बाबासाहेब पुरंदरे संशोधक म्हणून सहभागी झाले होते. बाबासाहेब पुरंदरेयांनी महाराष्ट्रातील गडकिल्ल्यांचा आणि मराठा साम्राज्य आणि शितकालीन ऐतिहासिक दस्तऐवजांचा सखोल अभ्यास केला.

**दादरा नगर हवेली मुक्ती संग्रामातील सहभाग:** भारतताला स्वातंत्र्य मिळाल्यानंतर पोर्तुगीजांच्या ताब्यातील भारताचा उर्वरित भाग परत मिळविण्यासाठी लढल्या गेलेल्या दादरा नगर हवेली मुक्ती संग्रामात बाबासाहेब पुरंदरे हे सुधीर फडके यांच्याबरोबर हि रीतीने सहभागी होते. बाबासाहेब पुरंदरे यांचे लेखक बाबासाहेब पुरंदरे यांनी मुख्यत्वे ऐतिहासिक विषयांवर वर्णनात्मक लेखन, ललित कादंबरी लेखन तसेच नाट्यलेखन व जाणता राजा या नाटकाचे दिग्दर्शन केले. बाबासाहेब पुरंदरे यांनी अनेक दस्तावेज स्वतः डोळ्याखाली घालून लिहिलेले आहेत. 'राजा शिवछत्रपती' हे पुस्तक या पुस्तकाची १७ वी आवृत्ती ३१ मार्च २०१४ (गुडी पाडव्या) ला प्रसिध्द झाली. पूर्वी एकच असलेले हे पुस्तक आता दोन खंडांत विभागले आहे.

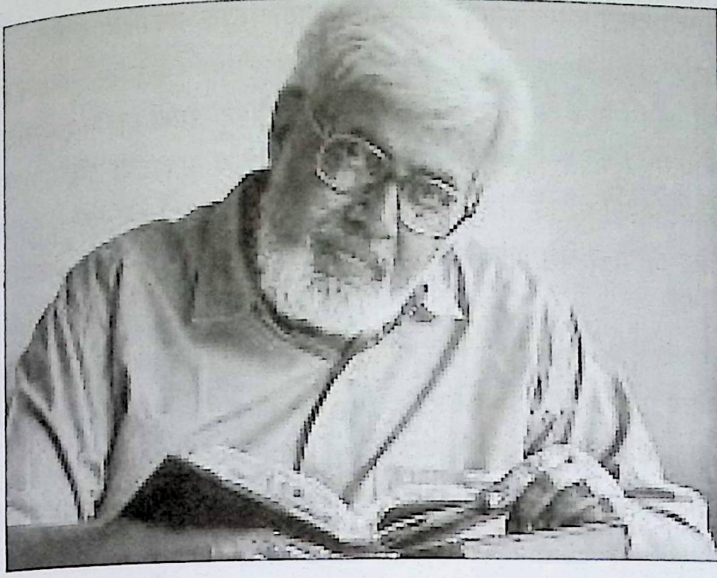
**दानशूरता:** बाबासाहेबांना पुस्तकांच्या विक्रीतून आणि व्याख्यानांच्या विदागीतून मिळालेले लाखो रुपये त्यांनी विविध संस्थाना दान केले. महाराष्ट्रभूषण या सन्मानाबरोबर दहा लाख रुपयांतले फक्त दहा पैसे स्वतःजवळ ठेवून उरलेल्या पैशात आणखी पंधरा लाख रुपये घालून ती सर्व रक्कम कॅन्सर हॉस्पिटलला त्यांनी दान केली.

**बाबासाहेब पुरंदरे यांनी लिहिलेले ऐतिहासिक व अन्य साहित्य :** आग्रा, कलावंनिगीचा सज्जा, जाणता राजा, पन्हाळगड, पुरंदर, पुरंदर बुरुजावरून, पुरंदर सरकारवाडा, पुरंदर्यांची नौबत, प्रतापगड, फुलवंती, महाराज, मुजय्याचे मानकरी, राजगड, लालमहाल, शिलंगणाचं सोन.

**ध्वनिफिती :** बाबासाहेब पुरंदरे यांचे कथाकथन (कॅसेट्स आणि सिडीज), शिवचरित्र कथन भाग १ ते १५ कॅसेट्सचा आणि सिडीजचा संच

**निधन :** आदरणीय पद्मविभूषण बाबासाहेब पुरंदरे यांचे दिनानाथ मंगेशकर हॉस्पिटल मध्ये उपचार घेत असताना वृद्धापकाळाने दिनांक १५ नोव्हेंबर २०२१ रोजी सकाळी ५ वाजून ०७ मिनिटांनी दुःखद निधन झाले.





## अनिल अवचट

अनिल अवचट एक सामाजिक कार्यकर्ते व लेखक होते त्यांचा जन्म १९४४ मध्ये पुणे जिल्ह्यात झाला त्यांनी फर्ग्युसन महाविद्यालयातून शिक्षण पूर्ण केले नंतर १९६८ मध्ये बी.जे.वैद्यकीय महाविद्यालय पुणे येथून वैद्यकीय पदवी संपादन केली. आपल्या महाविद्यालयीन जीवनातही त्यांनी अनेक चळवळींमध्ये सक्रिय सहभाग घेतला १९६९ मध्ये त्यांनी आपले पहिले पुस्तक 'पूर्णिया' हे प्रसिध्द केले तेव्हापासून त्यांनी अनेक सामाजिक प्रश्नांवर लिखाण केले होते. त्यांची २२ पेक्षा अधिक पुस्तके प्रकाशित आहेत. अवचट हे पुण्यातील 'मुक्तांगण' व्यसनमुक्ती केंद्राचे संचालक होते. त्यांनी आपल्या पत्नी सुनंदा अवचट हयांच्या सहकार्याने व्यसनमुक्तीची शोधलेल्या, पद्धती जगभरातील अनेक व्यसनमुक्ती केंद्रांमध्ये वापरली जाते अवचट यांनी मजूर दलित भटक्या जमाती यांच्यावर लिखाण केले आहे 'अमेरिका', 'अक्षरांशी गप्पा', 'आपले से' 'आप्त', 'कार्यमग्न', 'कार्यरत', 'मोर', 'लाकूड कोरताना', 'कुतूहलापोटी', 'कोंडमारा', 'गर्द' 'छंदाविषायी', 'छेद', 'जगण्यातले काही', 'जिवाभावाचे', 'दिसले ते', 'धागे आडवे उभे', 'धार्मिक' 'पुण्याची अपूर्वाई' 'पूर्णिया' 'प्रश्न आणि प्रश्न': 'बहर शिशिराचा अमेरिकेतील फॉल सिझन', 'मजेदार ओरगामी', 'मस्त मस्त उतार' 'माझी चित्तरकथा', 'मुक्तांगणची गोष्ट', 'लाकूड कोरताना', 'सृष्टी दृष्टी वनात जनात', 'वाघ्या मुरळी' 'विध', 'शिकविले ज्यांनी' 'संभ्रम' 'सरल तरल' 'सुनंदाला आठवताना',

प्राची खरकाटे  
बी.ए. भाग- २



‘स्वतःविषयी’ ‘सृष्टीत-गोष्टीत’ ‘सृष्टी दृष्टी वनात जनात’ ‘हमीद’ इत्यादी पुस्तके प्रकाशित आहेत.

व्यसनमुक्ती क्षेत्रातील कार्यासाठी भारताचे राष्ट्रपती यांच्या हस्ते राष्ट्रीय पुरस्कार (२०१३) अमेरिकेतील महाराष्ट्र फाऊंडेशनचा जीवनगौरव पुरस्कार (२०१८), महाराष्ट्र राज्य वाङ्मय पुरस्कार २०१७ सालचा फर्ग्युसन गौरव पुरस्कार, सृष्टीत गोष्टीत या पुस्तकाला साहित्य अकादमी तर्फे उत्कृष्ट बालसाहित्याचा पुरस्कार, अनिल अवचट यांची पुस्तके सलग तीन वर्षे महाराष्ट्र शासनाने सर्वोत्कृष्ट पुस्तके म्हणून जाहीर केली आहे. अमेरिकेतील आयोवा येथे झालेल्या आंतरराष्ट्रीय लेखकांच्या संमेलनात त्यांच्या साहित्याचा गौरव करण्यात आला.

सातारा येथील न्याय रामशास्त्री प्रभुणे प्रतिष्ठान तर्फे दिला जाणारा सामाजिक न्याय पुरस्कार (२००७) साहित्य अकादमी तर्फे प्रथम बालसाहित्य पुरस्कार १४ नोव्हेंबर २०१०. डॉ. अनिल अवचट यांच्या मुक्तांगण व्यसन मुक्ती केंद्राला १२ व्या पुलोत्सव सोहळ्यात पुण्य कृतज्ञता पुरस्कार जाहीर करण्यात आला. (२०१५).

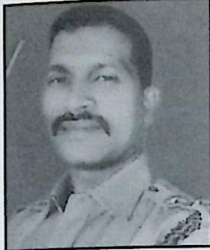
समाजातील दुबळ्या उपेक्षित दारिद्र्यात रुढीच्या कचाट्यात अडकलेल्या सामान्य माणसाच्या अगतिक आयुष्याची ओळख करून देणारे वेगळ्या विषयांना हात घालणारे लेखन अवचट यांनी केले. दुष्काळ ग्रस्त माणसे झोपडपट्टीतील माणसे भटक्या जमातीची माणसे बिडी कामगारांचे अधःकारमय जीवन याचे जीवन ‘माणसे’ या पुस्तकातून घडविले आहे सामाजिक जीवनाचे चित्रण त्यांच्या साहित्यातून दिसते असे साहित्याच्या रूपाने अमर असलेले अनिल अवचट यांचा मृत्यू २७ जानेवारी २०२२ रोजी झाला.





# Feather in One's Cap

*A journey of thousand miles begins with single step*



**Dr. Subhash S Dadhe**

Awarded Rank of Captain  
with OTA Kamptee from 22jun to 11July 2022

## Academic Excellence



**Gajanan Shadeo Uprikar**

Ph. D Awardee in Political Science "the Role of Media in 16th  
Loksabha Election: An Analytical Study" (A special Reference to  
Ten Loksabha Constituencies in Vidarbha Region) RTMNU, Nagpur  
Guide - Prof. Dr. Anil C. Bankar



**Dr. Ganesh T. Khavase**

Ph. D Awardee - Condition of Marathi Newspaper's  
Non - Working (Rural) Journalists : A  
Critical Study (1995 to 2015) RTMNU, Nagpur  
Guide - Dr. Jitendra G. Wasnik



**Dr. Shyamal Ruikar**

Ph. D Awardee - An analytical study of product  
preferences amongst youngsters in Nagpur city  
(with reference to commerce Firms) RTMNU, Nagpur  
Guide - Dr. Kishor A. Wangal



**Dr. Priyanka Wandhe**

Ph. D Awardee - A Study of Skill and attributes  
required for improving students employability  
with respect to management students  
in Nagpur city. RTMNU, Nagpur  
Guide - Dr. Rajesh Timane



**Samradhni A. Vaidy**

1st Merit Gold Medal, MA. Mass. Comm. 2021  
RTMNU, Nagpur



**Parinita Jha**

2nd Merit, MA. Mass. Comm. 2021  
RTMNU, Nagpur

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## NAAC

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### VISION

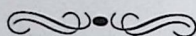
To Make quality the defining element of higher education in India through a combination of self and external quality evaluation, promotion and sustenance initiatives.



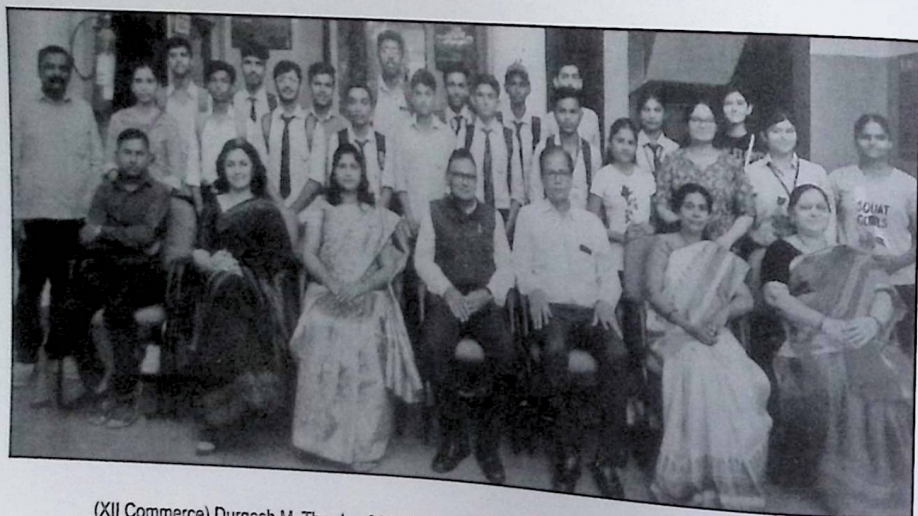
# Feather in One's Cap

*A journey of thousand miles begins with single step*

## Academic Excellence



### Meritorious Students in 2021-22



(XII Commerce) Durgesh M. Thawkar 91.83%, Durvesh S. Dhoke 90 %, Ajeenkay P. Mankar 87%, Mansi V. Patel 87.50%, Rohit M. Shedama 84.83%, Anand M. Waghmare 84.%, Nain H. Rathni 83.17%, Vansh D. Pardeshi 83.50%, Rohit O. Bhagdkar 82.67%, Aakriti S. Rajput 80.33%, Prathmesh S. Donge 80.33%, Kartik S. Lunge 80.17%, Abhishek D. Urkude 59.17%,  
( XII Arts ) Bhavesh B. Khode 64.33%, Sadhna D. Chinchkhade 63.50%.

#### VISION

#### NAAC

To Make quality the defining element of higher education in India through a combination of self and external quality evaluation, promotion and sustenance initiatives.



# Sports Enthusiasm



**Mr. Md. Faij Shekh**  
B.Com.I Cricket - India  
U/19 VCA Team Captain



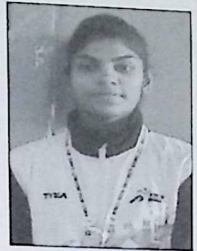
**Mr. Prafull P. Hinge**  
B. Com. III Cricket  
National U/25 VCA/Ranji



**Mr. Himanshu S. Ghate**  
B.Com.I  
Futsal International



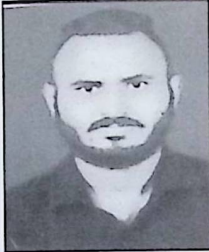
**Nilesh N. Sakharkar**  
M.Com.II - Korfball,  
All India Intersarsity &  
Cestoball National



**Ms. Janvi Gurav**  
B.Com.-I Karate-Khelo  
India & All India Intersarsity



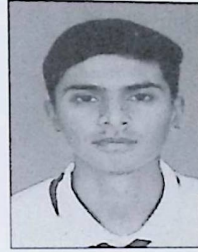
**Mr. Vidhey Patil**  
B.A.III Karate-Khelo  
India All India Intersarsity



**Mr. Navin R. Ojha**  
B.A.I, Floorball National &  
All India Intersarsity



**Mr. Sudhir Suhagpure**  
M.A. II, Minigolf All India  
Intersarsity,  
Gold in Intersarsity



**Mr. Atharva Kide**  
B.Com.II Cricket Cricket  
National U/19 VCA



**Mr. Mandar Mahale**  
M.Com. I Cricket  
National U/25 VCA



**Mr. Aman R. Mokhade**  
B.Com.III Cricket  
National U/25 VCA



**Mr. Satyam R. Bhojar**  
BBA II Cricket  
National U/25 VCA



**Mr. Vivlesh V. Boddolu**  
M.Com.I Cricket West Zone  
Intersarsity



**Mr. Danish Malewar**  
B.B.A.I Cricket National  
U/19 VCA



**Mr. Abhishekh S. Agrwal**  
B.Com. I Cricket  
National U/19 VCA



**Mr. Sahil S. Gourkar**  
B.Com. II Volleyball  
National



**Mr. Parth Nagre**  
B.A.III Floorball & 7 side  
Rugby All India Intersarsity



**Mr. Tushar Vairagade,**  
M.Com.II, Korfball /15 side  
Rugby All India Intersarsity  
& Cestoball National



**Mr. Durgesh A. Mendhe**  
B.A. III - Minigolf  
All India Intersarsity



**Mr. Dipanshu Mishra**  
B.Com.II Minigolf





**Mr. Ansh Jain**  
B.Com.I Badminton  
West Zone & Badminton State



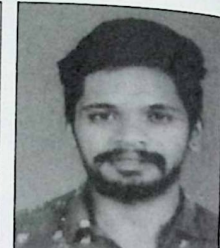
**Mr. Asit Desai**  
B.Com.II Badminton -  
West Zone & State



**Mr. Ashwin Bondre**  
B.Com.III Volleyball  
West Zone



**Mr. Yogendra D. Namdev**  
B.Com.I Floorball  
All India Intersarsity



**Mr. Sagar Choudhary**  
B.A.III Korfball All India  
Intersarsity & Cestoball  
National



**Mr. Keshish Patil**  
B.B.A.III Baseball  
All India Intersarsity



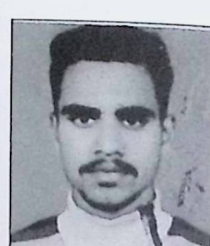
**Mr. Nayan Singare**  
B.B.A.III Softball  
All India Intersarsity



**Mr. Saurabh Kumbhe**  
B.B.A.III Softball  
All India Intersarsity



**Mr. Abhay A. Nikose**  
B.A.III 15 side Rugby  
All India Intersarsity



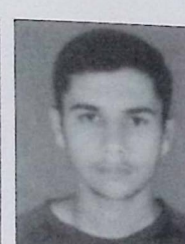
**Mr. Samir Sheikh**  
B.A.III 7 side Rugby



**Mr. Manish A. Nikose**  
M.A.I 15 side Rugby  
All India Intersarsity



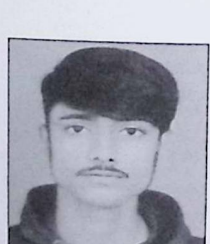
**Mr. Manish S. Bisen**  
M.Com.I Archery  
All India Intersarsity



**Mr. Raj Bagadiya**  
B.Com.III Loan tennis  
All India Intersarsity



**Mr. Aditya Rakshit**  
B.C.C.A.-III Netball  
All India Intersarsity



**Mr. Piyush N. Choudhari**  
B.Com -I 15 side Rugby  
All India Intersarsity &  
Cestoball National



**Mr. Prajwal S. Raut**  
B. Com.I 15 side Rugby  
All India Intersarsity  
& Cestoball National



**Mr. Lokesh Pal**  
B.Com.III Kabaddi  
West Zone



**Mr. Pranay Malakar**  
B.Com. I Woodball  
All India Intersarsity



**Mr. Gokul Shiva Iyer**  
B.Com.II Chess  
All India Intersarsity

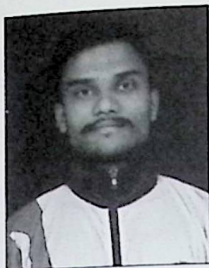


**Mr. Varun Kale**  
B.Com.II Gymnastic  
All India Intersarsity

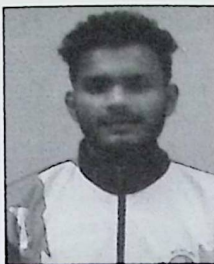




Mr. Sujal Misal  
B.Com.I Handball  
All India Intersarsity



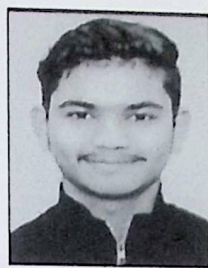
Mr. Sumit Nevse  
B.Com.I Handball  
All India Intersarsity



Mr. Pranay Pingle  
B.Com.I Handball  
All India Intersarsity



Mr. Himanshu G. Shende  
B.Com.III Basketball  
West Zone



Mr. Sarang N. Umathe  
B.Com.I Basketball  
State



Mr. Kshitij P. Burang  
B.B.A.II Volleyball  
State



Mr. Harshal G. Choudhary  
B.Com.II  
Volleyball - State



Mr. Sahil A. Sondwale,  
B.A.I Cestoball -  
State



Sharvari Mule  
B.Com.III Hockey -West Zone  
& Floorball- All India/ National



Ms. Shruti K. Nighot  
B.A.I Korfball & 15 side Rugby  
All India Intersarsity



Ms. Samiksha Raida s  
M.com.II Hockey  
West Zone



Ms. Kshitija Sakhararkar  
B.Com.-I Kabaddi  
West Zone



Ms. Pallavi S. Mandale v  
M.A.-II All India Intersarsity&n  
Cestoball State & National



Ms. Mayuri Shinde  
BBA-III Baseball & Softbl  
All India Intersarsity



Ms. Madhu S. Verma  
B.Com.I 15 side Rugby  
All India Intersarsity



Ms. Arti Pramod Umak  
B.Com.II Handball  
Handball West Zone &  
All India Intersarsity



Ms. Khushbu S. Bangde  
B.Com-II 15 side Rugby  
All India Intersarsity



Ms. Seema S. Wasnik  
BA III 15 side Rugby  
Intersarsity,& Cestoball- National



Ms. Anushaka Thakare  
B.Com.II 15 side Rugby  
All India Intersarsity



Ms. Ashwarya Thakare  
.Com-I 7 side Rugby  
All India Intersarsity





**Ms. Kanchan Dube**  
B.Com.III Minigolf  
All India Intersarsity



**Ms. Yeshvi L. Meshram**  
B.Com.II Handball-  
All India Intersarsity,



**Ms. Rashika Maske**  
B.Com-II Korfball Korfball  
All India Intersarsity



**Ms. Riya M. Singh**  
B.Com-III 7 side Rugby  
All India Intersarsity



**Ms. Vaishnavi Manoj Giri**  
B.A.-I Floorball  
All India Intersarsity



**Ms. Pooja Agashe**  
M.Com-I Netball India Intersarsity  
& Cestoball National



**Ms. Shreya Deshmukh**  
M.Com-I Netball  
All India Intersarsity &  
Cestoball National



**Ms. Dhaminika D. Chauhan**  
B. A.I Archery  
All India Intersarsity



**Ms. Khusbhu Dongardive**  
Woodball  
All India Intersarsity



**Ms. Shruti Dwivedi**  
Woodball  
All India Intersarsity



**Ms. Shweta Shelghare**  
M.A.II Volleyball  
West Zone



**Ms. Vaishnavi G Alone**  
B.Com.III Hockey  
West Zone



**Ms. Pammi A. Ghichane**  
B.Com.I Cestoball,  
National



**Ms. Sonam Gadwal**  
B.A.I Cestoball  
Jr.State & National

**Ms. Sarita R. Yadav**  
B. Com.III Hockey West Zone

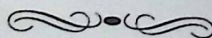
**Ms. Simran D Ramteke**  
B.Com.III Hockey West Zone

**Ms. Manisha U. Vishwakarma**  
B.Com.I Cestoball Sr.State & National

**Ms. Vanshika D. Sahare**  
B.B.A.II Cestoball National

**Ms. Sneha B. Kore**  
B.Com.I Cestoball Jr.State & National

**Mr. Sagar S. Meshram**  
M.A.II Cestoball Sr.State & National





ज्ञान धन से उत्तम है ।  
क्योकी धन की तुम्हे,  
रक्षा करनी पडती है ।  
मगर ज्ञान तुम्हारी रक्षा करता है ।

- स्वामी विवेकानंद



## ‘अमृतमंथन’

- बिरजु महाराज जीवनी
- बप्पी लहिरी
- चौधरी चरण सिंह का जीवन परिचय ।
- भारत की सम्मान प्रणाली
- फिटनेस मंत्र जिसे पढ़ कर आप एक्सरसाइज के लिए होंगे प्रेरित

दिपक ह. मच्छीरके बी.कॉम. भाग-१

किर्ती शुक्ला बी.कॉम.-भाग-१

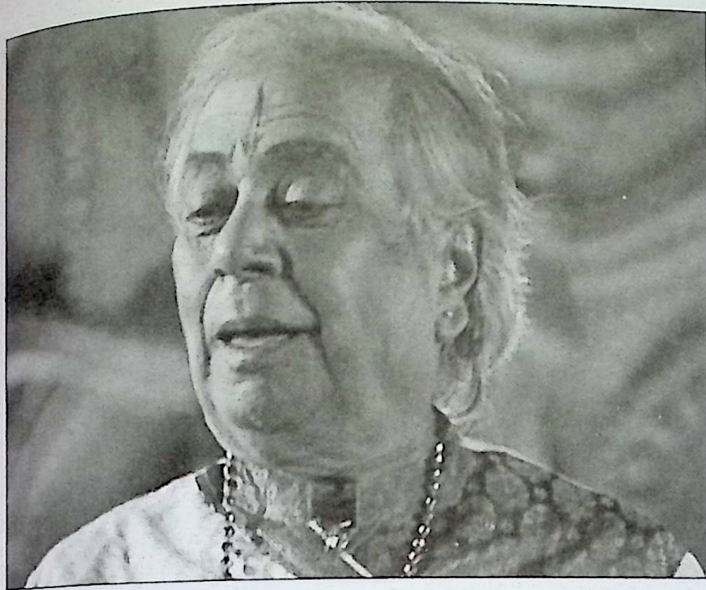
किर्ती शुक्ला बी.कॉम.-भाग-१

भुपेश नरेश लाकडे बी.ए.-भाग- २

तेजस्वीनी पवार एम.कॉम.-भाग-१

# साधना





## बिरजु महाराज जीवनी

बिरजु महाराज भारत के प्रसिद्ध शास्त्रीय नृत्य कलाकारों में से एक हैं। वे भारतीय नृत्य की 'कथक' शैली के आचार्य और लखनऊ के 'कालका बिन्दादीन' घराने के एक मुख्य प्रतिनिधि हैं। ताल और घुँघुआओं के तालमेल के साथ कथक नृत्य पेश करना एक आम बात है, लेकिन जब ताल की थापों और घुँघुआओं की रंजन को महाराज के माधुर्य में तब्दील करने की बात हो तो बिरजु महाराज के अतिरिक्त और कोई ध्यान में नहीं आता। बिरजु महाराज का सारा जीवन ही इस कला को क्लासिक की ऊँचाइयों तक ले जाने में ही व्यतीत हुआ है। उन्हें १९८६ में भारत के दूसरे सर्वोच्च नागरिक सम्मान 'पद्म विभूषण' और 'कालीदास सम्मान' समेत अनेक पुरस्कारों से सम्मानित किया जा चुका है। उन्हें 'बनारस हिन्दू विश्वविद्यालय' से और 'खैरागढ़ विश्वविद्यालय' से 'डॉक्टरेट' कि नानद उपाधि भी मिल चुकी है।

बिरजू महाराज का जन्म १९३८ को लखनऊ, उत्तर प्रदेश के 'कालका बिन्दादीन घराने' में हुआ था। पहले उनका नाम 'दुखहरण' रखा गया था, जो बाद में बदल कर 'ब्रजमोहन नाथ मिश्रा' हुआ। इनके पिता का नाम जगन्नाथ महाराज था, जो 'लखनऊ घराने' से थे और अच्छन महाराज के नाम से जाने जाते थे। अच्छन महाराज की गोद में महज तीन साल की उम्र में ही बिरजु की प्रतिभा दिखने लगी थी। इसी को देखते हुए पिता ने बचपन से ही अपने यशस्वी पुत्र को कला शिक्षा देनी शुरू कर दी। किंतु इनके पिता की शीघ्र ही मृत्यु हो जाने के बाद उनके चाचाओं,

दिपक ह. मच्छीरके  
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सुप्रसिद्ध आचार्यों शंभू और लच्छू महाराज ने उन्हें प्रशिक्षित किया। कला के सहारे ही बिरजू महाराज को लक्ष्मी मिलती रही। उनके सिर से पिता का साया उस समय उठा, जब वह महज नौ साल के थे। इन्होंने विभिन्न प्रकार की नृत्यावलियों जैसे गोवर्धन लीला, माखन चोरी, मालती - माधव, कुमार संभव व फाग बहार इत्यादी की रचना की। सत्यजीत रॉय की फिल्म 'शतरंज के खिलाड़ी' के लिए भी इन्होंने उच्च कोटि की दो नृत्य नाटिकाएँ रचीं। इन्हे ताल वाद्यों की विशिष्ट अंतःप्रेरणा भरी समझ थी, जैसे तबला, पखावज, ढोलक, नाल और तार वाले वाद्य वायलिन, स्वर मंडल व सितार इत्यादि के सुरों का भी इन्हें गहरा ज्ञान था। इन्होंने हजारों संगीत प्रस्तुतियाँ भारत एरां भारत के बहार भी दीं।

इन महान शख्सियत ने गुरु की भूमिका में अपनी प्रतिभा को कई कलाकारों में अधिरोपित किया और नए कलाकारों को दुनिया से परिचित करवाया। १९९८ में अवकाश ग्रहण करने से पूर्व पंडित बिरजू महाराज ने संगीत भारती, भारतीय कला केंद्र में अध्ययन किया व दिल्ली के कथक केंद्र के प्रभारी भी रहे। इनके दो प्रतिभाशाली पुत्र श्री जयकिशन और दीपक महाराज भी इन्हीं के पदचिन्हों बिरजू महाराज का बॉलीवुड से गहरा नाता है। उन्होंने कई फिल्मों के गीतों का नृत्य निर्देशन किया है। बिरजू महाराज ने २००२ में बनी हिंदी फिल्म देवदास में एक गाने 'काहे छेड़ छेड़ मोहे' का नृत्य संयोजन भी किया और इसके अलावा और भी कई हिंदी फिल्मों जैसे डेढ़ इश्किया, उमराव जान और संजय लीला भंसाली द्वारा निर्देशित बाजीराव मस्तानी में भी कथन नृत्य का संयोजन किया। फिल्म निर्माता निर्देशक यश चोपड़ा की फिल्म 'दिल तो पागल है', 'गदर एक प्रेम कथा' का नाम में प्रमुखता से लिया जाता है।

**बिरजू महाराज को मिले हुए पुरस्कार -**

बिरजू महाराज को अपने क्षेत्र में शुरू से ही काफी प्रशंसा और सम्मान मिले।

इनमें से १९८६ में "पद्म विभूषण", 'संगीत नाटक अकादमी पुरस्कार' तथा 'कालिदास सम्मान' प्रमुख हैं। इसके साथ ही उन्हें "काशी हिंदू विश्वविद्यालय" और "खैरागढ़ विश्वविद्यालय" से डॉक्टरेट की मानद उपाधि मिली।

२००२ में "लता मंगेशकर" पुरस्कार से सम्मानित किया गया।

२४ फरवरी, २००० को उन्हें प्रतिष्ठित "संगम कला पुरस्कार" पुरस्कृत किया गया।

"भारत मुनि सम्मान" से नवाजा गया।

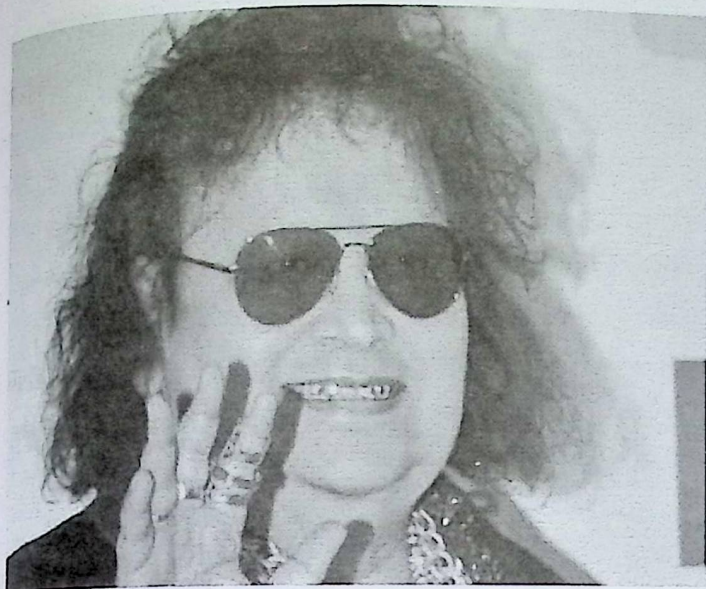
२०१२ में सर्वश्रेष्ठ नृत्य निर्देशन के लिए "राष्ट्रीय फिल्म पुरस्कार" फिल्म विश्वरूपम के लिए उन्हें सम्मानित किया गया।

२०१६ का सर्वश्रेष्ठ नृत्य निर्देशन के लिए "फिल्मफेयर पुरस्कार" फिल्म "बाजीराव मस्तानी" के लिए मिला।

२०१६ में हिंदी फिल्म बाजीराव मस्तानी में "मोहे रंग दो लाल" गाने पर नृत्य निर्देशन के लिए "फिल्मफेयर पुरस्कार" मिला।

**आप सदा कोशिश करते रहिये, जिंदगी सफल होती ही रहेगी।**





## बप्पी लाहिरी

बप्पी लाहिरी (जन्म २७ नवम्बर १९५२, मृत्यु १६ फरवरी २०२२) हिन्दी फिल्मों के एक भारतीय प्रसिद्ध संगीतकार और गायक थे। सोने के गहनों (गोल्डन मॅन) से लदे बप्पी लाहिरी के संगीत में अगर डिस्को की चमक-दमक नजर आती थी तो उनके कुछ गाने सादगी और गंभीरता से परिपूर्ण हैं। उनका असली नाम आलोकेश लाहिरी है। तीन साल की उम्र में उन्होंने तबला बजाना शुरू कर दिया था व जब वे १४ साल के हुए तो पहला संगीत दिया। इनका जन्म पश्चिम बंगाल के जलपाईगुड़ी में हुआ था। और इनके माता-पिता अपरेश लाहिरी और बाँसुरी लाहिरी शास्त्रीय और श्यामा संगीत में बंगाली गायिका और संगीतकार दोनों थे।

बप्पी लाहिरी एक बहुत ही लोकप्रिय भारतीय गायक, संगीतकार, राजनितिज्ञ और रिकॉर्ड निर्माता थे। उन्होंने भारतीय सिनेमा में संश्लेषित डिस्को संगीत के उपयोग को लोकप्रिय बनाया और अपनी कुछ रचनाएँ भी गाईं।

उन्होंने अमर संगीत आशा ओ भालोबाशा, अमर तुमी, अगर प्रेम, मंदिरा, बदनाम, रक्तलेखा, प्रिया आदि जैसी बंगाली फिल्मों में बॉक्स ऑफिस पर बड़ी सफलताएँ दी थी। वह १९८० और १९९० के दशक में फिल्मी के साथ लोकप्रिय थे।

अपने लोकप्रिय डिस्को-इलेक्ट्रॉनिक संगीत के अलावा, बप्पी लाहिरी अपनी एक अनूठी शैली के लिए भी जाने जाते हैं। जिसमें सोने की चेन, मखमली कार्डिगन और धूप के चश्मे शामिल थे।

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बप्पी लाहिरी को 'बप्पी दा, भारत के डिस्को किंग' के नाम से भी जाना जाता था। उन्होंने हिंदी, कन्नड़, तेलगु और उड़िया जैसी विभिन्न भाषाओं में ५००० से अधिक गीतों की रचना की है। उन्होंने बंगाली फिल्म 'दादु' (१९७४) में संगीतकार के रूप में शुरुआत की।

संगीतकार - संगीतकार के रूप में उनकी पहली हिंदी फिल्म 'नन्हा शिकारी' (१९७३) थी। वह बॉलीवुड फिल्म 'जख्मी' (१९७५) से सुर्खियों में आए। उन्होंने 'चलते - चलते' (१९७६), 'डिस्को डांसर' (१९८२), 'धर्म कर्म' जैसी विभिन्न हिंदी फिल्मों में संगीत - संगीतकार और गायक के रूप में काम किया है।

उन्होंने २४ जनवरी १९७७ को चित्रानी लाहिरी से शादी की। उनके दो बच्चे हैं; उनकी बेटी रेमा लाहिरी एक गायिका है, और उनके बेटे, बप्पा लाहिरी एक संगीत निर्देशक हैं।

उन्होंने एक साल में ३३ फिल्में करने का गिनीज बुक वर्ल्ड रिकार्ड बनाया है। उनके पास १९८३ से १९८५ तक १२ सुपरहिट सिल्वर जुबली फिल्मों के लिए संगीत बनाने का रिकॉर्ड है। १९९६ में, वह भारत में जैक्सन के पहले लाइव शो में विश्व प्रसिद्ध गायक और नर्तक माइकल जैक्सन से मिले।

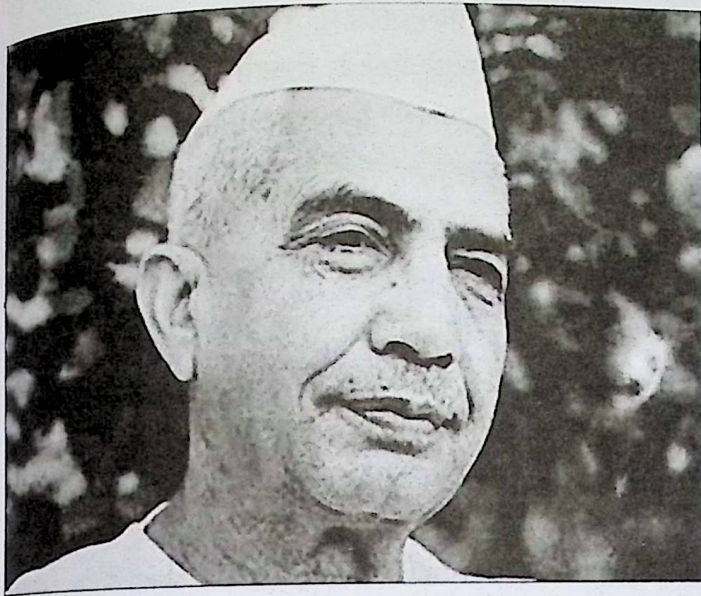
उन्होंने २००६ में जी टीवी पर लोकप्रिय गायन रियलिटी शो "सा रे गा मा पा लिटिल चैंप्स", २००७ में "सा रे गा मा पा चैलेंज" और सोनी टीवी पर "के फॉर किशोर" को सह-जज किया।

२००८ में, उन्होंने इंडियन प्रीमियर लीग में शाहरुख खान की "कोलकाता नाइट राइडर्स" टीम के लिए संगीत दिया। वह सोने के शौकीन हैं और धूप का चश्मा पहनना पसंद करते हैं। उनका पसंदीदा उदाहरण है 'सोना मेरा भगवान है'।

बप्पी लाहिरी को कई स्वास्थ्य समस्याएँ थी, ८० और ९० के दशक में भारत में डिस्कॉ संगीत को लोकप्रिय बनाने वाले संगीतकार और गायक बप्पी लाहिरी का मुंबई के क्रिटिकेयर अस्पताल में निधन हो गया। वह उस समय ६९ वर्ष के थे।

जो गिरने से डरते हैं, वह कभी उड़ान नहीं भर सकते।





## चौधरी चरण सिंह का जीवन परिचय ।

### चौधरी चरण सिंह का जीवन परिचय-

चरण सिंह स्वतंत्र भारत के पांचवे प्रधानमंत्री थे, इस पद को इन्होंने २८ जुलाई १९७९ से १४ जनवरी १९८० तक सम्भाला। चरण सिंह का कार्यक्रम महज ७ महीने का था, लेकिन इस दौरान उन्होंने देश के किसान भाइयों की स्थिति सुधारने व उनके अधिकार के लिए अथक प्रयास किये। इन्होंने देश की आजादी में भी अपना योगदान दिया। अपने जीवन का बड़ा हिस्सा इन्होंने देश की राजनीति को करीब से जाना व समझा था।

### अल्प-परिचय-

**पूरा नाम** - चौधरी चरण सिंह, **जन्म** - २३ दिसम्बर १९०२, **जन्म स्थान** - मेरठ, उत्तरप्रदेश, **पिता** - चौधरी मीर सिंह, **पत्नी** - गायत्री देवी (विवाह १९२९), **बच्चे** - पांच, **मृत्यु** - २९ मई, १९८७ (दिल्ली), **राजनैतिक पार्टी** - जनता पार्टी।

### चरण सिंह जन्म व शिक्षा-

चरण सिंह जन्म जाट परिवार में २३ दिसम्बर सन १९०२ में उत्तर प्रदेश के मेरठ जिले में चौधरी मीर सिंह के परिवार में हुआ। इनके पिता किसान थे, जो अत्यधिक गरीब थे। इनके व्यवहार में इनके पिता की छवि झलकती थी। गरीबी में जीवन व्यतीत करने के बावजूद उन्होंने पढाई को पहला दर्जा दिया। इनके परिवार का संबंध १८५७ की लड़ाई में हिस्सा

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लेने वाले राजा नाहर सिंह से था। इनके पिता की अध्ययन में काफी रुचि थी, इसलिए इनका भी काफी झुकाव रहा। प्रारम्भिक शिक्षा नूरपुर ग्राम में ही हुई एवं मेट्रिक इन्होंने मेरठ के सरकारी उच्च विध्यालय से किया। १९२३ में यह विज्ञान के स्नातक हुए, दो वर्षों के बाद १९२५ में कला स्नातकोत्तर की परीक्षा उत्तीर्ण की, इसके पश्चात वकील उत्तीर्ण करने के बाद गाजियाबाद में वकालत का कार्यभार सम्भाला। इनका विवाह गायत्री देवी से हुआ।

### चरण सिंह का आजादी की लड़ाई में आना -

१९२९ में चरण सिंह ने भारत के स्वतन्त्रता आन्दोलन में प्रवेश किया, सर्वप्रथम इन्होंने गाजियाबाद में काँग्रेस का गठन किया, १९३० में गांधीजी द्वारा चलाये गये “सविनय अवज्ञा आन्दोलन” में नमक कानून तोड़ने का आह्वान किया। चरण सिंह ने गाजियाबाद की सीमा पर बहने वाली हिंडन नदी पर नमक बनाया था एवं “दांडी मार्च” में भी भाग लिया। इस दौरान इन्हें ६ माह के लिए जेल भी जाना पड़ा। इसके बाद इन्होंने महात्मा गाँधी जी की छाया में खुद को स्वतन्त्रता की आँधी का हिस्सा बनाया।

१९४० के सत्याग्रह आन्दोलन में भी यह जेल गए उसके बाद १९४१ में बाहर आये। फरवरी १९३७ में इन्हें विधानसभा के लिए चुना गया। ३१ मार्च १९३८ में इन्होंने “कृषि उत्पाद बाजार विधेयक” पेश किया यह विधेयक किसानों के हित में था। यह विधेयक सर्वप्रथम १९४० में पंजाब द्वारा अपनाया गया। आजादी के बाद, चरण सिंह १९५२ में, उत्तरप्रदेश के राजस्व मंत्री बने एवं किसानों के हित में कार्य करते रहे। इन्होंने १९५२ में “जमींदारी उन्मूलन विधेयक” पारित किया। इस विधेयक के कारण २७००० पटवारियों ने त्याग पत्र दे दिया, जिसे इन्होंने निडरता के साथ स्वीकार किया स्वयं किसानों को पटवारी के आतंकी वातावरण से आजाद किया और स्वयं ने लेखपाल पद का भर सम्भाला और नए पटवारी नियुक्त किये जिसमे १८ हरिजनों के लिए आरक्षित किया गया।

### चरण सिंह राजनैतिक सफ़र

चरण सिंह व जवाहर लाल नेहरू के विचारों एवं कार्यप्रणाली में काफी मदभेद था। जिसके चलते इन दोनों में कई बार टकराव हुए। चरण सिंह नेहरू की आर्थिक नीती के आलोचक थे। चरण सिंह ने इस मतभेद के चलते १९६७ में काँग्रेस पार्टी को छोड़ दिया और राज नारायण एवं राम मनोहर लोहिया के साथ नयी पार्टी का गठन किया, जिसका चिन्ह ‘हलदार’ था, इसके बाद कई काँग्रेस विरोधी नेताओं को १९७० एवं १९७५ में जेल में बन्द किया गया। १९७५-१९७७ में आपातकालीन स्थिती में इन्दिरा गाँधी के लगभग सभी विरोधी नेता जेल में थे। इन नेताओं ने जनता पार्टी के लिए जेल में रहकर ही चुनाव लड़ा एवं जीत हासिल की। इसके बाद चौधरी चरण सिंह एक वरिष्ठ नेता के रूप में सत्ता में आये।

मोरारजी देसाई जी के कार्यकाल में चरण सिंह - “उप-प्रधानमंत्री” एवम “गृहमंत्री” रहे। इसी शासन के दौरान चरण सिंह और मोरारजी देसाई के बीच मतभेद बढ़ गये थे। इसके बाद चरण सिंह ने बगावत कर दी व जनता दल पार्टी छोड़ दी। सिससे मोरारजी देसाई की सरकार गिर गई, काँग्रेस व दूसरी पार्टी के समर्थन से चरण सिंह ने २८ जुलाई १९७९ को प्रधानमंत्री पद को संभाला। इस समय इन्हें इन्दिरा गाँधी जैसे दिग्गज नेता बहुत



समर्थन दिया। समाजवादी पार्टी और कांग्रेस ने एक साथ समझौता कर शासन किया, पर कुछ वक्त बाद १९ अगस्त १९७९ में इन्दिरा ने समर्थन वापस ले लिया और समर्थन के लिए इन्दिरा ने शर्त रखी की, “उनकी पार्टी व उनके खिलाफ किये गये मुकदमें वापस लिए जाये”, पर चरण सिंह के लिए इस शर्त को मानना उनके सिधान्तों के विरुद्ध था, इसलिए उन्होंने इस शर्त को स्वीकार नहीं किया और सिधान्तों के विरुद्ध न जाकर, समर्थन न मिलने से प्रधानमंत्री के पद से इस्तीफा दे दिया।

**चरण सिंह के द्वारा किये गए कार्य**

चरण सिंह किसानों के लिए एक महीसा की तरह थे, इन्होंने पुरे उत्तर प्रदेश के किसानों से मिल कर उनकी समस्या का निदान किया, भारत की भूमि हमेंशा से कृषि प्रधान रही है, कृषकों के प्रति प्रेम ने चरण सिंह को इतना सम्मान दिया की इन्हें कभी हार का सामना नहीं करना पडा। इनका जीवन सादगी पूर्ण एवं सिधांतवादी रहा। यह भी गांधीवादी विचारधारा के नेता थे, जिन्होंने इस विचारधारा को जीवन पर्यन्त संजोया। गांधीवादी नेताओं ने बाद में जब कांग्रेस छोड अलग पार्टी बनाई थी, तब गाँधी टोपी का त्याग कर दिया था, पर चरण सिंह ने उसे जीवन भर धारण किया। गाँधी जी ने भी किसानों को भारत का सरताज कहा था। आजादी के बाद चरण सिंह ही ऐसे नेता थे जिन्होंने किसानों के जीवन को सुधारा।

**चरण सिंह मृत्यु**

२९ मई १९८७ को इनका निधन हो गया, इनकी पत्नी गायत्री देवी और पांच बच्चे थे, इनके पूर्वज राजा नाहर सिंह १८५७ की क्रांति में भागीदारी थे, इस तरह देश प्रेम चरण सिंह के स्वभाव में व्याप्त था। इनकी अंग्रेजी भाषा में अच्छी पकड़ थी। इन्होंने कई पुस्तके भी इसी भाषा में लिखी थी।

सफलता की राह संदेह और द्वेष से भरी है ।





## भारत की सम्मान प्रणाली

### भारत की सम्मान प्रणाली-

भारतीय गणराज्य द्वारा दिए जाने वाले सम्मानों हेतु प्रयोग की जाने वाली प्रणाली है। निम्नलिखित अनेक प्रकार के पुरस्कार/ सम्मान हैं जो अलग-अलग भिन्न कारणों व परिस्थितियों के अनुसार दिए जाते हैं। भारत रत्न, परम वीर चक्र, पद्म सम्मान, शौर्य चक्र, अशोक चक्र इनमें से प्रमुख हैं।

१. नागरिक पुरस्कार- अ) भारत रत्न ब) पद्म पुरस्कार
२. सैन्य पुरस्कार- अ) युद्धकालीन वीरता पुरस्कार, ब) शांति के दौरान के पुरस्कार, क) युद्ध/शांति के दौरान सेवा और पराक्रम के पुरस्कार, ड) युद्ध के दौरान विशिष्ट पुरस्कार, ई) शांति के दौरान विशिष्ट पुरस्कार.
३. चिकित्सा पुरस्कार, ४. नेतृत्व पुरस्कार, ५. साहित्य पुरस्कार, ६. खेल और साहसिक पुरस्कार, ७. सिनेमा और कला
८. विशेष पुरस्कार- अ) पुलिस पुरस्कार, ब) वीरता पुरस्कार
९. अन्य राष्ट्रीय पुरस्कार- अ) महिला पुरस्कार, ब) बाल पुरस्कार
१०. सन्दर्भ, ११. बाहरी कड़ियाँ.

### नागरिक पुरस्कार-

#### भारत रत्न

भारत रत्न देश का सर्वोच्च नागरिक पुरस्कार है। इसे १९५४ में स्थापित किया गया था। जाति, व्यवसाय, पद, लिंग या धर्म के भेद के

भुपेश नरेश लाकडे  
बी.ए. भाग- २



बिना कोई भी व्यक्ति इस पुरस्कार के लिए पात्र हैं। यह मानव सेवा के किसी भी क्षेत्र में असाधारण सेवा या उच्चतम क्रम के प्रदर्शन के लिए सम्मानित किया जाता है। पुरस्कार प्रदान करने पर, प्राप्तकर्ता को राष्ट्रपति द्वारा हस्ताक्षरित एक सनद (प्रमाणपत्र) और एक पदक मिलता है।

### पद्म पुरस्कार

पद्म पुरस्कार वर्ष १९५४ में स्थापित किए गए थे। १९७७ से १९९३ से १९९७ के दौरान संक्षिप्त व्यवधानों को छोड़कर, हर साल गणतंत्र दिवस पर इन पुरस्कारों की घोषणा की गई है। पुरस्कार तीन क्षेत्रों में दिया जाता है, अर्थात: महत्व के घटके क्रम में पद्म विभूषण, पद्म भूषण और पद्म श्री।

### पद्म विभूषण

‘असाधारण और विशिष्ट सेवा’ के लिए प्रदान किया जाता है। पद्म विभूषण भारत में दूसरा सबसे बड़ा नागरिक पुरस्कार है।

पद्म भूषण “एक उच्च क्रम की विशिष्ट सेवा” के लिए प्रदान किया जाता है। पद्म भूषण भारत में तीसरा सबसे बड़ा नागरिक पुरस्कार है।

पद्म श्री “प्रतिष्ठित सेवा” के लिए प्रदान किया जाता है। पद्म श्री भारत का चौथा सबसे बड़ा नागरिक पुरस्कार है। सैन्य पुरस्कार ११ जुलाई २०१९ से, भारतीय सेना शहीद सैन्यकर्मियों के करीबी रिश्तेदारों को युद्ध स्मारक और अंतिम संस्कार में श्रद्धांजलि समारोह में भाग लेने के दौरान छाती के दाईं ओर अपने पदक पहनने की अनुमति देती है

### युद्धकालीन वीरता पुरस्कार

परमवीर चक्र भारत का सर्वोच्च - सैन्य पुरस्कार है। यह पुरस्कार दुश्मन की उपस्थिति में वीरता का प्रदर्शन करने के लिए दिया जाता है।

महावीर चक्र भारत का दूसरा सबसे बड़ा सैन्य पुरस्कार है और इसे दुश्मन की उपस्थिति में, चाहे वह जमीन पर हो, समुद्र में या हवा में, वीरता के कार्यों के लिए सम्मानित किया जाता है।

वीर चक्र युद्धकालीन वीरता के पुरस्कारों में पूर्वता में तीसरा सर्वोच्च-सैन्य-पुरस्कार है।

### शांति के दौरान के पुरस्कार

कीर्ति चक्र, शौर्य चक्र

युद्ध/शांति के दौरान सेवा और पराक्रम के पुरस्कार - १. सेना मैडल, २. नौ सेना पदक, ३. वायु सेना पदक  
युद्ध के दौरान विशिष्ट सेवा १. सर्वोत्तम युद्ध सेवा पदक, २. उत्तम युद्ध सेवा पदक, ३. युद्ध सेवा पदक  
शांति के दौरान विशिष्ट सेवा-१. परम विशिष्ट सेवा पदक, २. अति विशिष्ट सेवा पदक, ३. विशिष्ट सेवा पदक

### चिकित्सा पुरस्कार

डॉ बी सी रॉय पुरस्कार - चिकित्सा के क्षेत्र में सर्वोच्च पुरस्कार है। इसे भारतीय चिकित्सा परिषद द्वारा स्थापित किया गया था। इसे भारत के राष्ट्रपति द्वारा प्रदान किया जाता है।



**नेतृत्व पुरस्कार** - गाँधी शांति पुरस्कार, इंदिरा गाँधी पुरस्कार

**साहित्य पुरस्कार**- ज्ञानपीठ पुरस्कार भारत के साहित्य में सर्वोच्च साहित्य सम्मान हैं ।, साहित्य अकादमी पुरस्कार, भाषा सम्मान पुरस्कार, अनुवाद पुरस्कार, अन्नंद कुँवरस्वामी फेलोशिप, प्रेमचंद फेलोशिप, साहित्य अकादमी फेलोशिप, सरस्वती सम्मान, व्यास सम्मान ।

**खेल और साहसिक पुरस्कार**- राष्ट्रीय खेल पुरस्कार, मेजर ध्यानचंद खेल पुरस्कार, अर्जुन अवार्ड, ध्यान चंद अवार्ड, द्रोणाचार्य अवार्ड, मौलाना अबुल कलाम आज़ाद ट्रॉफी, राष्ट्रीय खेल प्रोत्साहन पुरस्कार, तेनजिंग नोर्गे राष्ट्रीय साहसिक पुरस्कार.

**सिनेमा और कला**- राष्ट्रीय फिल्म पुरस्कार - फिल्म समारोह निदेशालय द्वारा प्रदान किया जाता हैं ।

**विशेष पुरस्कार**

**पुलिस पुरस्कार**- पराक्रम हेतु राष्ट्रपति पुलिस मैडल, राष्ट्रपति तटरक्षक पदक

**वीरता पुरस्कार**- राष्ट्रीय वीरता पुरस्कार, भरत अवार्ड, संजय चोपड़ा अवार्ड, गीता चोपड़ा अवार्ड, कृतिन भारद्वाज पुरस्कार, जीवन रक्षक पदक शृंखला अवार्ड, सर्वोत्तम जीवन रक्षक पदक, उत्तम जीवन रक्षक पदक, जीवन रक्षक पदक.

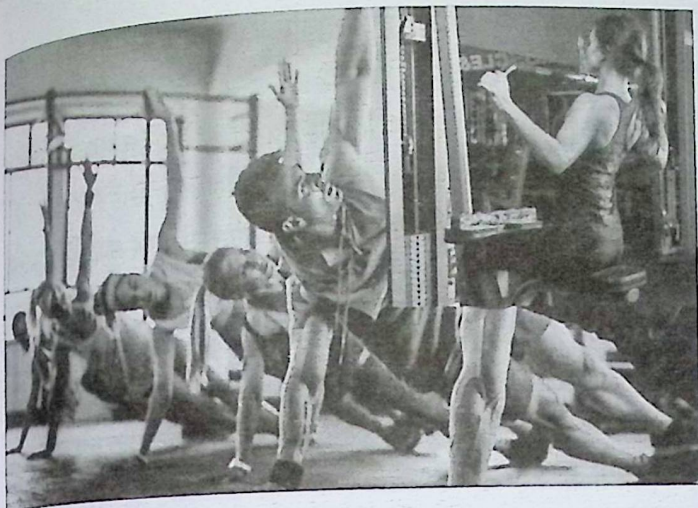
**अन्य राष्ट्रीय पुरस्कार-**

**सरदार पटेल राष्ट्रीय एकता पुरस्कार**- उन व्यक्तियों को प्रदान किया जाता है जो राष्ट्रीय एकता और अखंडता को बढ़ावा देने के लिए योगदान देते हैं । चैंपियंस ऑफ चेंज (अवार्ड), स्वच्छ भारत अभियान और निति आयोग द्वारा प्रदान किया जाता हैं ।

**महिला पुरस्कार**-नारी शक्ति पुरस्कार बाल पुरस्कार प्रधान मंत्री राष्ट्रीय बाल पुरस्कार, राष्ट्रीय बाल श्री सम्मान ।







## फिटनेस मंत्र

जिसे पढ़ कर आप

## एक्सरसाइज

के लिए होंगे प्रेरित

किसी के जीवन में प्रोत्साहन मायने रखता है। हम सभी जानते हैं कि स्वास्थ्य ही हमारी संपत्ति है, लेकिन इस भागती दौड़ती जिंदगी में हम सभी यह भूलते जा रहे हैं कि हम सिर्फ पैसों के पीछे भागकर अपनी असली संपत्ति को खो रहे हैं। इसलिए हम आपके लिए कुछ फिटनेस मंत्र लाए हैं, जिन्हें पढ़कर आप फिटनेस पर ध्यान देना शुरू कर सकते हैं -

**ये फिटनेस मंत्र आपको करेंगे प्रेरित**

रात को जल्दी सोना और सुबह जल्दी उठना मनुष्य को स्वस्थ, सम्पन्न और बुद्धिमान बनाए रखता है। इसलिए नियमित रूप से सही समय पर सोने और जागने की आदत डालनी चाहिए। ऐसा करने से आप फिट रहेंगे और मांसपेशियों को भी आराम मिलेगा।

अच्छा ही अपना सबसे बड़ा धन है। अगर आपके पास पैसा अधिक है लेकिन, आपका स्वास्थ्य खराब है तो ये पैसा आपके किस काम का। इसलिए अपनी सेहत पर पूरा ध्यान दें।

ओलंपिक एटलीट जिम रयान के अनुसार किसी भी कार्य की शुरुआत प्रेरणा से करनी चाहिए, साथ ही अच्छी आदतों का पालन करना चाहिए। ऐसी सोच रखने से कोई भी अपनी मंजिल तक पहुंच सकता है

फिजिकल कोच ब्रायन खान के अनुसार अपने अंदर की क्षमताओं को दूसरों की मदद करने में लगाने से आंतरिक प्रसन्नता मिलती है।

फिटनेस कौम्पिटिटर स्टीफन चापा के फिटनेस मंत्र के अनुसार हमेशा अपने कल से ज्यादा अपने आज को बेहतर बनाने में ज्यादा महत्वपूर्ण है बेस्ट होने से अच्छा है। मनुष्य हमेशा गलतियां करता है और हमेशा उसे ठीक भी करता है। कल की कि गई गलतियां आज आपको सबसेस तक भी पहुंचा सकती है।

**और पढ़ें : जाने कैसा होना चाहिए आपका वर्कआउट प्लान।**

धन से दवाइयां तो खरीदी जा सकती हैं लेकिन, उसी धन से स्वास्थ्य नहीं खरीदी जा सकता। कहते हैं कि

तेजस्वीनी पवार

एम. कॉम- भाग-9



धन एक अनमोल रत्न है लेकिन, उससे बड़ा अनमोल रत्न आपका अपना स्वास्थ्य है। अगर स्वास्थ्य ही नहीं रहा तो धन का क्या उपयोग। इसलिए सेहत का हमेशा ख्याल रखना चाहिए।

अच्छे स्वास्थ्य का आनंद लेने के लिए, आपको हर रोज व्यायाम करना चाहिए। नियमित रूप से व्यायाम करने से आपको गुड हॉर्मोन का सिक्रीशन होता है, जिससे आप अच्छा महसूस करते हैं

फिटनेस के गुरु मानें जाने वाले जेक ललाने के फिटनेस मंत्र के अनुसार एक्सरसाइज इज किंग यानि व्यायाम राजा है और न्यूट्रिशन इज क्वीन यानि न्यूट्रिशन रानी है और इन दोनों को एकसाथ मिलाकर देखा जाए तो आपके पास पूरी दुनिया है।

अपने आप पर काम कर के आप अपने द्वारा किए जाने वाले कार्य को बेहतर बना सकते हैं, यह कहना है फिटनेस एक्सपर्ट सिमोन लोवेल का। अपने कार्य को बेहतर करने से हम अपने कार्यों को कुशल रूप से समझ सकते हैं और अपनी गलतियों को सुधार कर कार्यों को सही बना सकते हैं।

इसलिए जीवन में किसी भी कार्य को करने के लिए लक्ष्य निर्धारित करना चाहिए।

और पढ़ें: अपर बॉडी में कसाव के लिए महिलाएं अपनाएं ये व्यायाम

**क्यों जरूरी है फिटनेस ?**

फिटनेस मंत्र से प्रोत्साहित होकर शुरू की गई फिजिकल एक्टिविटी या व्यायाम की मदद से हम स्वास्थ्य में सुधार ला सकते हैं। अगर आप फिट हैं तो टाइप २ डायबिटीज, कैंसर और हृदय रोग जैसी बीमारियां आपको छू भी नहीं सकती है। फिजिकल एक्टिविटी से लंबे समय का फायदा होता है। सबसे जरूरी बात यह है कि नियमित एक्सरसाइज से आपके जीवन में सुधार होता है। प्रतिदिन कम से कम ३० मिनट तक आपको एक्सरसाइज करना ही चाहिए।

**फिटनेस मंत्र - रेग्यूलर एक्सरसाइज से क्या फायदा होता है ?**

यदि आप रेग्यूलर एक्सरसाइज से शारीरिक रूप से सक्रिय हैं, तो आपको निम्न फायदे होंगे :

दिल का दौरा पड़ने का जोखिम कम होगा

वजन को कंट्रोल कर सकते हैं

ब्लड में कोलेस्ट्रॉल की मात्रा को कम कर सकते हैं

टाइप २ डायबिटीज और कैंसर का खतरा कम कर सकते हैं

ब्लडप्रेसर कंट्रोल कर सकते हैं

हड्डियों, मांसपेशियों और जोड़ों को मजबूत कर सकते हैं और ऑस्टियोपोरोसिस का खतरा भी कम होता है

**और पढ़ें : सिर्फ जिम जाने से नहीं बनेगी बात, पेट कम करने के लिए करें ये एक्सरसाइज**

**कैसे रहें फिट ?**

फिटनेस मंत्र के अलावा जानें कि फिट रहने के लिए यह जरूरी नहीं कि जिम जाना पड़े। फिट रहने के लिए घर पर भी एक्सरसाइज की जा सकती है। आप निम्न एक्सरसाइज कर के अपनी फिटनेस का ध्यान रख सकते हैं :



पुश-अप

एक्सरसाइज में पुश अप सबसे ज्यादा जरूरी माना जाता है। पुश अप को रोजाना करना चाहिए। इससे वेस्ट, शोल्डर, आर्म्स, पीठ के साथ-साथ शरीर के शरीर के दूसरे अंग भी स्ट्रॉन्ग हो जाते हैं। जिससे आपकी फिटनेस सामने से नजर आती है।

वॉल सिट्स

वॉल सिट्स एक्सरसाइज में पीठ को दीवार के पास रखते हैं और फिर दानों पैरों को कुर्सी पर बैठने की पुजिशन में रखते हैं। अब दोनों को फोल्ड कर के कुछ देर इसी पुजिशन में रहना चाहिए। इससे बॉडी का बैलेंस बनाया जा सकता है। इस एक्सरसाइज को आप फिटनेस के लिए अपनी क्षमता के हिसाब से कर सकते हैं। और पढ़ें: नेचुरल रूप से घटाना है वजन तो फॉलो करें इंटरमिटेंट फास्टिंग डायट, जानिए एक्सपर्ट से

फिटनेस मंत्र - एडॉमिनल क्रंचेज

एडॉमिनल क्रंचेज के जरिए एब्स को शेप में लाया जा सकता है। रिसर्च के मुताबिक, इस एक्सरसाइज से मांसपेशियों में बदलाव आते हैं, जो घंटों तक दौड़ने या साइकिलिंग करने के बराबर हो सकता है। इसलिए एडॉमिनल क्रंचेज फिटनेस के लिए बहुत अहम है।

स्क्वैट्स

स्क्वैट्स भी बॉडी को संतुलित करने में मददगार हो सकते हैं। इस एक्सरसाइज को करने के लिए बॉडी को सीधा रखना है। वॉल और चेयर के सपोर्ट लिए बिना आपको बॉडी को चेयर पर बैठकर पुजिशन की प्रैक्टिस करना है। फिटनेस के लिए अपने रोजाना एक्सरसाइज में स्क्वैट्स को शामिल करें।

ट्राइसेप्स डिप्स

चेयर या बैंच की मदद से ट्राइसेप्स डिप्स के जरिए आप अपनी आर्म्स के मसल्स को टोन कर सकते हैं। फिटनेस के लिए ट्राइसेप्स डिप्स को आप बैंच पुशअप्स, वेट लिफ्टिंग आदि कर के कर सकते हैं। फिटनेस मंत्र - चेयर स्टेप्स

चेयर स्टेप्स एक्सरसाइज के दौरान, इस बात का ध्यान रखना जरूरी है कि बॉडी स्ट्रेट हो। इसके लिए ऐसी कुर्सी का चुनाव करें जिसका संतुलन सही हो। एक्सपर्ट्स के अनुसार, इसे करने से काफ मसल्स स्ट्रॉन्ग होते हैं। और पढ़ें: सिर्फ डायट बढ़ाने से नहीं बनेगी बात, वेट गेन करना है तो ऐसा भी करें

फिटनेस के लिए एक्सरसाइज के बाद क्या पिएं ?

चेयर स्टेप्स एक्सरसाइज के दौरान, इस बात का ध्यान रखना जरूरी है कि बॉडी स्ट्रेट हो। इसके लिए ऐसी कुर्सी का चुनाव करें जिसका संतुलन सही हो। एक्सपर्ट्स के अनुसार, इसे करने से काफ मसल्स स्ट्रॉन्ग होते हैं। और पढ़ें: सिर्फ डायट बढ़ाने से नहीं बनेगी बात, वेट गेन करना है तो ऐसा भी करें

तरबूज का जूस पिएं -

भारी व्यायाम के बाद तरबूज शरीर में उचित हाइड्रेशन बनाए रखने में मदद करता है। वर्कआउट के दौरान आमतौर पर हमारा शरीर लगभग दो फीसदी तक पानी की मात्रा पसीने के तौर पर बर्न करता है। जिसकी भरपाई करने के लिए तरबूज का जूस सबसे अच्छा माध्यम हो सकता है।



**नारियल पानी -**

नारियल का पानी शरीर में पानी की कमी मात्रा को पूरा करता है।

**चेरी का जूस -**

चेरी में एंटी-ऑक्सिडेंट्स का उच्च और मांसपेशियों को ऊर्जा देता है।

**ग्रीन टी -**

ग्रीन टी शारीरिक थकान दूर कर शरीर को ऊर्जा प्रदान करता है।

**नई दिल्ली :**

जेन कैम्पियंस वेस्टर्न की 'द पावर ऑफ द डॉग' २०२२ के ऑस्कर नामांकन की दौड़ में सबसे आगे है। यह एक मनोवैज्ञानिक ड्रामा है, वहीं, भारत ने भी सर्वश्रेष्ठ डॉक्यूमेंट्री फिचर श्रेणी में 'राइटिंग विद फायर' के जरिए नामांकन पाया है।

**'द पावर ऑफ द डॉग' की हो रही खूब चर्चा**

'द पावर ऑफ द डॉग' निर्देशक और लेखक, दोनों की ही पहली डॉक्यूमेंट्री है। 'द पावर ऑफ द डॉग' के जरिए न्यूजीलैंड की कैम्पियन पहली ऐसी महिला हो गई है जिन्हें सर्वश्रेष्ठ निर्देशन श्रेणी में दो बार नामांकन मिला है।

**'खबर लहरिया' पर आधारित है 'राइटिंग विद फायर'**

रिटू थॉमस के निर्देशन में बना 'राइटिंग विद फायर' दलित महिलाओं द्वारा संचालित समाचार पत्र 'खबर लहरिया' के उबरने की गाथा बयां करता है। डॉक्यूमेंट्री की कहानी सुष्मिता घोष ने लिखी है।

**दलित महिलाओं के संघर्ष की कहानी**

इस डॉक्यूमेंट्री फिल्म में दलित महिलाओं के एक समूह की कहानी को दर्शाया गया है। इसमें बताने की कोशिश की गई है कि कैसे दलित महिलाएं इस अखबार को सामाजिक दायरे से जोड़े रखने के लिए प्रिंट से डिजिटल दुनिया के लिए खुद को तैयार करती हैं। इस दौरान उन्हें जाति और जेंडर जैसी कई चुनौतियां का सामना करना पड़ता है। बता दें कि आने वाली २७ मार्च को ऑस्कर विजेताओं के नामों की घोषणा की जाएगी।

**जिंदगी आपकी तभी रोशन होगी, जब आप उसमे खुद ही जलोगे ।**



## Curricular Design Teaching - Learning Process



The Webinar on Employment Opportunities in Govt. Sector through Competitive Examination Organized by Department of Commerce on 07 Feb 2021

Marathi Bhasha Gaurav Din Program Organized by Marathi Department, Chief Guest Shri sanjay Bhakte Ex Program officer, All India Radio Nagpur on 28 / 02/ 2022



Certificate Course in Basic Communications Skills organized by Dept. of English from 1st April 2022 to 30th April 2022.



Students presented the Syllabus based PPT in Department of Economics on 25/04/ 2022

साधना



## Research, Consultancy Extension Service



Student Orientation Programme  
Organized by Library, Dhanwate  
National College, Nagpur  
on 4 Dec 2021

Tribute to Bharat Ratna Lata  
Mangeskar, Organized  
by N.S.S. Unit DNC Nagpur  
on 09/02/2022



Mahatma Jyotiba Fule & Dr Babasaheb  
Ambedkar Birth Anniversary on 14 April  
2022 Chief Guest Dr Murlidhar Chandekar,  
Kishor Gajbhiye, Dr. Manendra Dhore,  
(Principal Shivaji Science College, Nagpur)  
President of the program was  
Dr. J. D. Wadate Principal,  
Dhanwate National Collage, Nagpur.

## साधना

Sport Department Conducted RTMNU Rugby  
Selection Trail and University Team on  
Coaching Camp 11th to 18th April 2022.  
Chief Guest Dr. Manendra Dhore, Principal  
Shivaji Science college Nagpur and Chairman  
of this Function Dr. J. D. Wadate, Principal of  
DNC, Nagpur were present





न देवो विद्यते काष्ठे न पाषाणे न मण्मये ।

भावे हि विद्यते देवः तस्माद्भावे हि कारणम् ॥

- चाणक्य नीति



## “ज्ञानामृतम्”

- कालिदासदिनम् -
- हितोपदेशस्य जन्मकथा
- आयुर्वेदाचार्याः बालाजीताम्बे  
महाभागाः ।
- सुभाषितानि
- योगस्य महत्त्वम्
- नाटककारो भासः  
पण्डितसत्यव्रत शास्त्रिमहाभागाः -

अश्विनी काहाळकर बी. ए. प्रथम वर्षम्

साची सोनारकर बी. ए. तृतीयवर्षम्

मानसी नन्दु रामटेके बी. ए. तृतीय वर्ष

हिमांशी देशमुख बी. ए. तृतीयवर्षम्

हर्षल खोब्रागडे बी. ए. प्रथम वर्ष

वैष्णवी गिरी बी. ए. प्रथमवर्ष

कार्तिक कटवे बी. ए. प्रथमवर्ष

# साधना





## कालिदासदिनम् -

आषाढस्य प्रथमदिवसे इति कविकुलगुरुकालिदासस्य मेघदूतकाव्ये उद्धृतं वर्तते । तदनुसृत्यैव आषाढमासस्य प्रथमः दिवसः महाकवेः कालिदासस्य स्मृतिदिनरूपेण कालिदासदिनमिति नाम्ना आचर्यते ।

कालिदासः न केवलं संस्कृतसाहित्ये न च भारतीयसाहित्ये अपितु वैश्विकसाहित्ये महान् कविरूपेण प्रख्यातो वर्तते । संस्कृतकवि राजशेखरः कालिदासविषये वदति यत् कविकुलगुरुः कालिदासो विलासः, अर्थात् कविकुलानां गुरुः कालिदासः कविताकामिन्याः विलास इव शोभते इति । अतः कालिदासः कविकुलगुरु इति उपाधिनाऽपि ख्यातः ।

कालिदासः अतीव विनयसम्पन्नः प्रतिभाशाली तथा सकलशास्त्रनिष्णातः कविः आसीत् तस्य साहित्यकृतयः यथा अभिज्ञानशाकुन्तलं, मालविकाग्निमित्रं, विक्रमोर्वशीयम् इति त्रिणि नाटकानि रघुवंशं, कुमारसम्भवम् इति द्वे महाकाव्ये एवं च मेघदूतम्, ऋतुसंहारं च एते सप्तकृतयः संस्कृतसाहित्यशिखरे इन्द्रधनुरिव राजते । किन्तु अद्यपि एतादृशस्य महाकवेः जन्मप्रदेशकालादिविषये विद्वत्सु मतभेदाः दृश्यन्ते । अतः तस्य कलाकृतिषु अतीव मनोरमणीया या कृतिः

अश्विनी काहाळकर  
बी.ए. प्रथम वर्षम्



नाम मेघदूतम् इति तस्मिन् द्वितीय श्लोकः यथा-

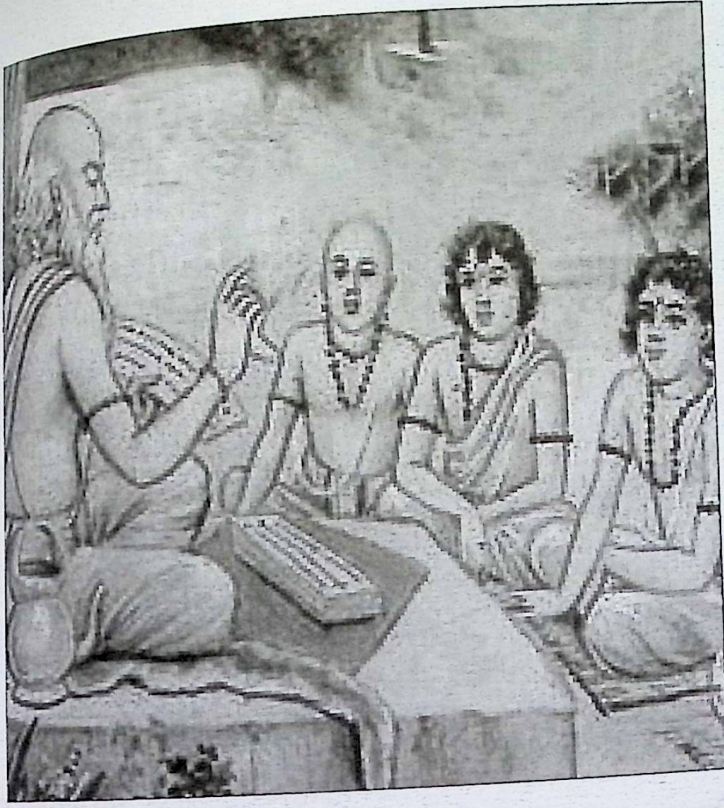
तस्मिन्नद्रौ कतिचिदबला विप्रयुक्त स कामी  
नीत्वा मासान् कनकवलयभ्रंशरिक्तप्रकोष्ठः ।  
आषाढस्य प्रथमदिवसे मेघमाश्लिष्टानूम्  
वप्रक्रिडापरिणतगजप्रेक्षणीयं ददर्श ॥

एतमाधारिकृत्य आषाढस्य प्रथमः दिवसः प्रतिसंवत्सरं कालिदासदिनरूपेण अनुष्ठियते ।

महाकविः कालिदासः इति भारतीयसांस्कृतिकचेतानायाः पुनर्जागरयिता कविः । तस्य कलात्मककाव्येषु प्रेम, सौन्दर्यं तथा मानवतायाः उन्नतिं कुर्वाणाः भावाभिव्यक्तिः दृश्यते । तस्य साहित्यकृतिषु नायकयिकयोः वर्णनमतीव उदात्तरूपेण कृतम् । मानवचरित्रस्य अन्तःसौन्दर्यस्य भावाभिव्यक्तिः तत्र भवति । रघुवंशमहाकाव्ये कालिदासेन इन्दुमतीस्वयंवरप्रसङ्गे कृतायाः दीपशिखा इति अपूर्वोपमायाः हेतोः सः दीपशिखा-कालिदासः इति नाम्ना विख्यातः ।





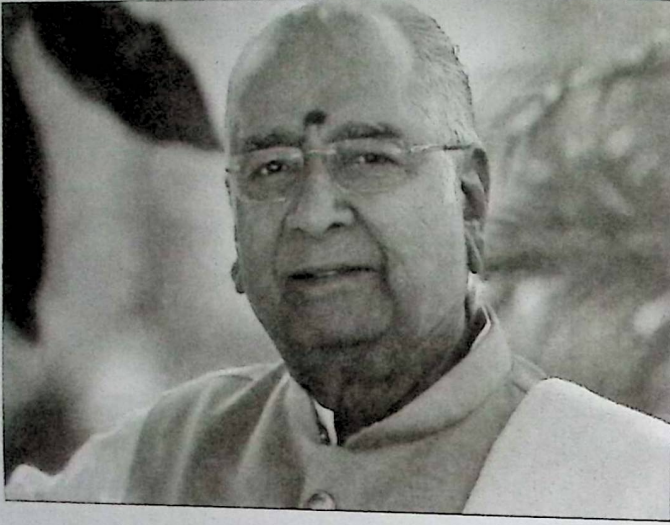


## हितोपदेशस्य जन्मकथा

पुरा भागीरथीतीरे पाटलीपुत्रनामस्य नगरे एकः नृपः प्रतिवसति स्म । तस्य नाम सुदर्शनः आसीत् । एकदा सः विचरन् श्लोकद्वयम् अश्रुणोत् । तस्याऽयम् अर्थः - यस्य समीपे परीक्षार्थदर्शकं लोचनशास्त्रं नास्ति स अन्ध एवं । यथा यौवनं धनसम्पद् अविवेकता इत्यस्मिन् एकैकमपि अनर्थाय भवति । विद्याविहीनाः संसारे शोभाहीनाः भवन्ति । अतः कठिनं परिश्रमं कृत्वाऽपि विद्याप्राप्तिः कर्तव्या । तस्य नृपस्य पुत्राः विद्याहीनाः उन्मार्गगामिनः च आसन् । अतः सः नृपः अतिदुःखितः आसीत् । एकदा सः पण्डितसभाम् आहूय अकथयत्, मे पुत्राः विद्याहीनाः उन्मार्गगामिनः च सन्ति । अस्ति कोऽपि पण्डितः यः नीतिशास्त्रोपदेशेन तान् शिक्षितान् करिष्यति? सभायां स्थितः नारायणपण्डितः नाम कश्चन बृहस्पतिरिव पण्डितः अवदत्, हे राजन्, तव पुत्राः उच्चकुलोत्पन्नाः । अतः अहं तान् षण्मासाभ्यन्तरे नीतिशास्त्रनिपुणान् करिष्यामि । ततः राज्ञा निजपुत्रान् बहुमानपुरस्सरं नारायणपण्डितस्य करे समर्पितवान् । नारायणपण्डितः तान् राजपुत्रान् पशुपक्षिजन्तूनां रञ्जकाभिः प्रेरणाप्रदाभिः शिक्षितान् अकरोत् । तासां नीतिकथानां सङ्कलनमेव हितोपदेश इति नामको ग्रन्थः प्रसिद्धः ।

साची सोनारकर  
बी.ए. तृतीयपर्वम्





## आयुर्वेदाचार्याः बालाजीताम्बे महाभागाः ।

बालाजीताम्बेमहाभागानां जन्म जूनमासस्य अष्टाविंशतितमे दिनाङ्के १९४० तमे ख्रिस्ताब्दे अभवत् । ते आयुर्वेदयोगसङ्गीतोपाचारदिविषयेषु तज्ज्ञाः तथा च पुण्यपत्तनस्थस्य आत्मसन्तुलनाख्यस्य ग्रामस्य संस्थापकाश्च आसन् । इसवीयसंवत्सरे २०२२ तमे एते महाभागाः मरणोत्तरं भारतसर्वकारस्य पद्मश्री इति पुरस्कारेण समलङ्कृताः ।

बालाजीताम्बेमहोदयानां मातुः नाम लक्ष्मीबाईताम्बे एवं पितुः नाम श्रीवासुदेवताम्बेशास्त्री इति आसीत् । तस्य पिता बाल्यादेव तम् आयुर्वेदम् अध्यापितवान् । अग्रे ताम्बेमहोदयैः आयुर्वेदशास्त्रे तथा च अभियांत्रिकीशास्त्रे च एकस्मिन्नेव वर्षे पदवी प्राप्ता । ताम्बेमहाभागैः आयुर्वेदभिषक्शास्त्रे आयुर्वेदीयशरीरचिकित्साशास्त्रे च संशोधनं कृतम् ।

इ. स. २००३ इति संवत्सरादारभ्य महोदयानां फॅमिलीडॉक्टर इत्याख्यं साप्ताहिकं प्रतिशुक्रवासरं पुण्यपत्तनस्थेन दैनिक सकाळ इति वर्तमानपत्रेण सह सम्पाद्यते । साम इत्याख्यां मराठीदूरचित्रवाहिन्यां महोदयानां प्रत्यहं भगवद्गीताधारितानि प्रवचनानि प्रसारितानि अभवन् । गीतायोग इति नाम्ना एतानि प्रवचनानि २०११ इति संवत्सरादारभ्य प्रचलितानि आसन् ।

ताम्बेमहोदयानां आयुर्वेद उवाच, आयुर्वेदिक घरगुती उपचार, चक्र सुदर्शन, मंत्र आरोग्याचा, मंत्र जीवनाचा, वातव्याधी, स्त्रीआरोग्य एतानि अनेकानि पुस्तकानि प्रकाशिनानि । आयुर्वेदस्य प्रसारार्थं रोटरीक्लबपुण्यपत्तनं इत्येषां पक्षतः पुणेअपटाऊन इति, रोटरीडिस्ट्रिक्ट ३१३१ इत्येतेषां पक्षतश्च रोटरीग्लोबललीडरशीपएक्सलन्स् इत्येतैः नैकैः पुरस्कारैः एवं च डी.वाय.पाटीलविद्यापीठपक्षतः डी.लिट्. इति मानदोपाधिना महोदयाः सन्मानिताः ।

एतादृशानां महापुरुषाणां वयसः एकाशितितमे वर्षे पुण्यपत्तने ऑगस्टमासस्य २०२१ तमे संवत्सरे निधनं जातम् ।



# संस्कृत (शेमुषी) CBSE - Class 10 (सुभाषितानि) पाठ -6

## आसान भाषा मे

### सुभाषितानि

न चोरहार्यं न च राजहार्यं न भ्रातृभाज्यं न भारकारि ।  
व्यये कृते वर्धत एव नित्यं विद्याधनं सर्वधनप्रधानम् ॥

परोपकाराय फलन्ति वृक्षाः परोपकाराय वहन्ति नद्यः ।  
परोपकाराय दुहन्ति गावः परोपकारार्थमिदं शरीरम् ॥

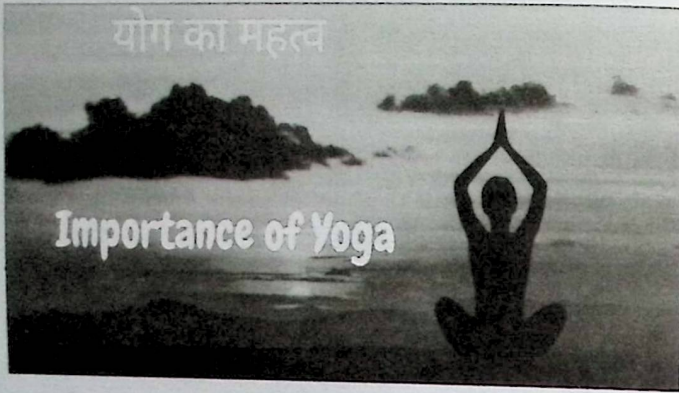
यत्र नार्यस्तु पूज्यन्ते रमन्ते तत्र देवताः ।  
यत्रैतास्तु न पूज्यन्ते सर्वास्तत्राफलाः क्रियाः ॥

लोभाविष्टो नरो वित्तं वीक्षते न तु सङ्कटकम् ।  
दुग्धं पश्यति मार्जारो न तथा लगुडाहतिम् ॥

न देवो वर्तते काष्ठे न पाषाणे न मृण्मये ।  
भावे हि विद्यते देवः तस्माद्भावो हि कारणम् ॥

हिमांशी देशमुख  
बी. ए. तृतीयवर्षम्





## योगस्य महत्त्वम्

एतत् कथ्यते शरीरमाद्यं खलु धर्मसाधनम् । स्वस्थशरीरेण एवं धर्माचरणं कर्तुं प्रभवति नरः । स्वस्थशरीरं कस्मात् प्राप्येत । अस्य स्वास्थ्यस्य अनेकानि साधनानि सन्ति । तेषु 'व्यायाम' इति महत्त्वपूर्ण साधनमस्ति । यदि मनुष्यः दीर्घायुः वाञ्छति, तर्हि तेन नियमित व्यायाम करणीयः । स्वास्थ्य रक्षायै व्यायामः अतीव आवश्यकः अस्ति । नियमित व्यायामनैव शरीर निरोगं जायते । व्यायामस्य अनेके लाभाः सन्ति । अनेन बलं वर्धते, शरीरस्य सर्वेषां अंगानां विकासो भवति, तथा शरीरे रुधिर संचारः सम्यक् भवति । प्रातःकाले वायुः प्रदुषणरहितः अस्ति । अतः प्रतिदिनं व्यायामेन शुद्धवायुं लभते । प्रातःकाले वातावरणमपि उत्साहवर्धकमस्ति । अतः प्रातःकाले एवं व्यायामः करणीयः । व्यायामः गृहे न कर्तव्यः । सदेव क्रिडा स्थाने, उद्याने वा करणीयः । नियमित व्यायामेन शरीरे रोगाः न उद्भवन्ति । शरीरस्य रोगेभ्यः रक्षणाय व्यायामः आवश्यकः । यथा व्यायामः आवश्यकः तथा उचित आहार सेवनमपि आवश्यकम् । व्यायामेन क्षुधावर्धनं भवति, किन्तु उचितं भोजनमेव सेवितव्यम् । चरकसंहिताया कथितम् न अदेशे, न अकाले, न प्रतिकूलोपहित, न पर्युषितम् अन्नं सेवितव्यम् । यदि आहारः उचितो नास्ति तर्हि व्यायामस्य किम् उपयोगः? अतः मानवेन सर्वान् स्वास्थ्यनियमान् पालनीयाः । स्वस्थशरीरस्य द्वे प्रमुखे साधने स्तः उचितः व्यायामः श्रेष्ठ भोजनं च । स्वस्थ शरीरं मानवः कार्यकुशलः भवति । रुग्णः मानवः किमपि कार्यं कर्तुं असमर्थः । धर्म अर्थ काम मोक्ष एते चत्वारः पुरुषार्थाः । तेषां प्राप्यर्थं शरीर स्वास्थ्य आवश्यकम् । स्वस्थ शरीर स्वस्थ आत्मा निवसति इति मन्यते । आरोग्यशालिना जीवनम् आनन्ददायकं भवति । ये जनाः दीर्घजीवनं स्वस्थजीवनं वाञ्छन्ति तेः व्यायामः अवश्यमेव करणीयः एतदेव अन्ते कथनम् ।



# BHASA

*Pratiñāyagandharāyaṇa, Svapnavāsavadattā, Cārudatta, Pāñcarātra,  
Madhyamavyāyoga, Pratimā-nāṭaka, Dūtavākya, Dūtaghāṭakaca,  
Kṛṣṇabhāra, Urubhaṅga, Avimāraka, Bālacarita, Abhiṣeka.*



## नाटककारो

भास :

संस्कृत साहित्ये अनेके कवयः अभवन्, नाटककाराः अपि अभवन् । नाटककारेषु भासः श्रेष्ठः खलु । भासस्य रचनाकालः ख्रिष्टाब्दद्वितीयशताब्दीति । किन्तु अत्र सर्वेषां मतैक्यं नास्ति । भासेन त्रयोदशनाटकानि रचितानि । तानि स्वप्नवासवदत्तम्, प्रतिज्ञायौगन्धरायणम्, बालचरितम्, पञ्चात्रम्, प्रतिभा, अभिषेकनाटकं, दरिद्रचारुदत्तं, दूतवाक्यं, दूतघटोत्कचनाटकं, कर्णभारम्, उरुभङ्ग, अविभारकं च सन्ति ।

प्रतिभानाटकं, अभिषेकनाटकं चेति द्वयं रामायणकथामाश्रित्य लिखितमा दूतघटोत्कचनाटकं वीररसपूर्णम् अस्ति । अत्र दुर्योधन-घटोत्कच संवादाः ओजस्विशैल्या लिखिताः । दूतवाक्ये श्रीकृष्णस्य उदारचरित्रं तथा दुर्योधनस्य अनुदार चरित्रं चित्रितम् । उरुभङ्गनाटके भीम दुर्योधनयोः युद्धस्य वर्णनमस्ति । एतत् नाटकं दुःखान्तमस्ति । बालचरित्रनाटके श्रीकृष्णस्य बाललीलानां वर्णनमस्ति तथा पञ्चरात्रे विराट्पर्वणः कथा कथिता । अविभारकनाटके प्रेमकथा चित्रिता ।

सर्वेषु नाटकेषु 'स्वप्नवासवदत्तम्' इति संस्कृतसाहित्ये विख्यातमस्ति । अस्य नाटकस्य भाषा अतिमधुरा, सरला च वर्तते । भासेन अस्मिन् नाटके विविधानाम् अलंकाराणां प्रयोगः कृतः । अत्र वासवदत्ता-पद्मावती-उदयन एतेषां त्रयाणां कथा अतिकौशल्यायनं प्रस्तुता ।

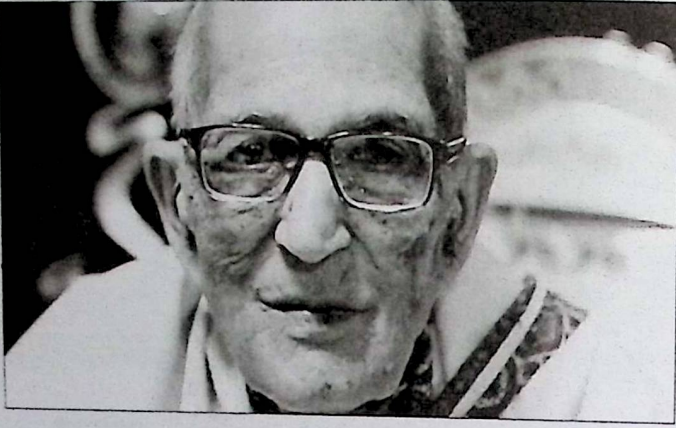
अस्मिन् नाटके प्रसाद गुणः अस्ति भासस्य उपमा अप्रतिमं खलु तथा तस्य वर्णनशक्तिः अद्वितीया अस्ति । नाटके सर्व पात्राः सजीवाः कृताः । इदं नाटकं भासस्य नाट्यकलायाः सर्वोत्कृष्टम् उदाहरणमस्ति । अत्र अस्य प्रतिभा अतिविकसिता दृश्यते । स्वप्नवासवदत्तनाटकस्य अनेकासु भाषासु अनुवादः जातः । भासस्य इयं रचना इदृशी प्रतिभा, याम् अग्निरपि दुग्धं न समर्थकं अभवत् अतः केनचित् कविना उत्तम-

भासनाटकचक्रेऽपिच्छेकैः क्षिप्ते परीक्षितुम् ।

स्वप्नवासवदत्तस्य दाहकोऽभून्न पावकः ॥

वैष्णवी गिरी  
बी. ए. प्रथमवर्ष





## पण्डितसत्यव्रत शास्त्रिमहाभागाः -

पण्डितसत्यव्रतशास्त्रिमहाभागाः आधुनिकयुगस्य महान्तः संस्कृतविद्वांसः आसन् । सत्यव्रतशास्त्रिमहाभागानां जन्म सप्टेम्बरमासस्य नवविंशतितमे (२९) दिनाङ्के १९३० तमे ख्रिस्ताब्दे जातम् । एषां पिता प्रसिद्धाः संस्कृतविद्वांस चारुदेवशास्त्रिवर्याः एतेषां गुरवः । एते व्याकरणसाहित्यदर्शनादिशास्त्रनदिष्णाः आसन् । एषां त्रिणि महाकाव्यानि, त्रिणि खण्डकाव्यानि, एकं प्रबन्धकाव्यं, एकं पत्रकाव्यं तथा च संस्कृतभाषायां समीक्षात्मकलेखनस्य पञ्चग्रन्थाः इति विस्तृता साहित्यकृतिसम्पद् वर्तते ।

एषां शिक्षा पञ्जाबविश्वविद्यालयतः तथा च काशीहिन्दुविश्वविद्यालयतः अभवत् । एतैः महाभागैः १९५५ तमे ख्रिस्ताब्दे देहलीविश्वविद्यालये अध्यापनकार्यम् आरब्धम् । तत्र चत्वारिंशद्वर्षस्य कार्यकाले तैः विभागाध्यक्षः कलासंकायाध्यक्षः इत्यादिनि पदानि अलङ्कृतानि । पुरीस्थस्य जगन्नाथविश्वविद्यालयस्य कुलपतिरुपेणाऽपि ते आसन् । देशविदेशेषु संस्कृतस्य प्रचारप्रसारकार्यम् एतै अविरततया कृतम् । थायलैण्डदेशस्थे सिल्पाकॉर्नविश्वविद्यालये महाभागानाम् अनवरतप्रयासेन संस्कृताध्ययनकेन्द्रस्य स्थापना जाता । एतेषाम् आध्यक्ष्ये द्वितीयसंस्कृतायोगस्य स्थापना अभवत् ।

संस्कृतसाहित्यक्षेत्रे महाभागानाम् अमूल्ययोगदानरूपेण २००७ तमे ख्रिस्ताब्दे ज्ञानपीठपुरस्कारेण सन्मानं अभवत् । बृहत्तमभारतं, श्रीबोधिसत्त्वचरितं, श्रीगुरुगोविन्दसिंहचरितं, श्रीरामकिर्तिमहाकाव्यम् एताः साहित्यकृतयः तेषां विख्याताः वर्तन्ते ।

एतादृशानां महाभागानां नोव्हेंबरमासस्य चतुर्दशे (१४) दिनाङ्के २०२१ तमे ख्रिस्ताब्दे निधनं जातम् ।



All Power is within you  
you can do anything  
and everything

**- Swami Vivekananda**

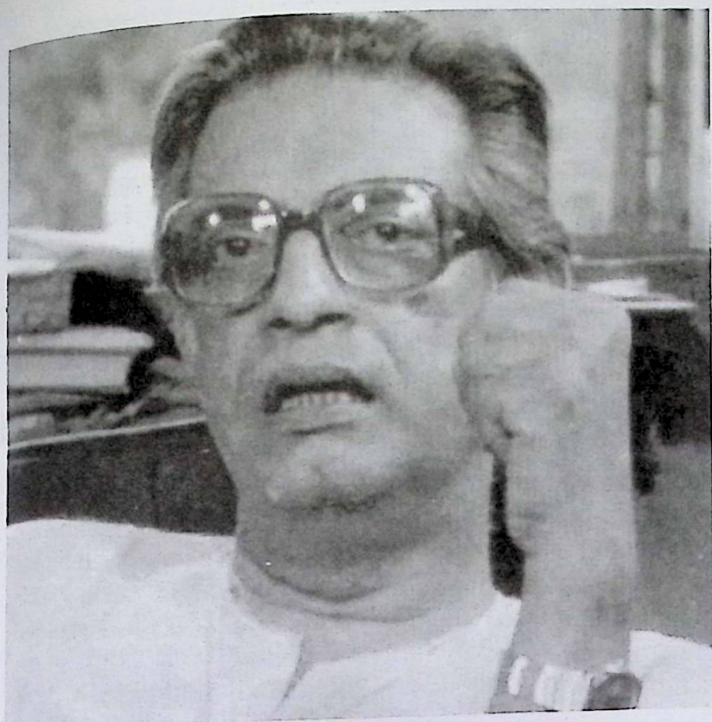


## Knowledge is Power

- **SATYAJIT RAY**  
Sachi D. Sonarkar B. A. Final Year
- **THE FORTUNE MEN**  
: Shortlisted for the Booker 2021  
Vivek Chaudhari B.Com. 4th Sem.-D
- **BEST INDIAN WOMEN CRICKETER**  
Achal Madhao Kalaskar B.Com 1 Year
- **BOOKER PRIZE 2021 WINNER :**  
"THE PROMISE"  
by DAMON GALGUT.  
Ms. Sneha Bhowmik B.Com. Part-1,  
2nd Sem -A
- **AIKIN, JOHN (1747-1822) :**  
Medical Doctor and Surgeon  
Ms. Anjali Sahare B.Com.-II, 4th Sem
- **NOMADLAND : OSCAR MOVIE**  
Achal Pramodrao Umate B.Com.I ( C )  
Pranjali Chindhuji Shende B.Com.I ( C )
- **Nobel Prize : ABDULRAZAK GURNAH**  
Mansi N. Ramteke B. A. 3rd Year 6th Sem.
- **RAHUL BAJAJ BIOGRAPHY**  
Nirmala Brmhankar B.Com. 4th Sem-D

# साधना





## SATYAJIT RAY

Satyajit Ray (Bengali Pronunciation: (2 May 1921-23 April 1992) was an Indian filmmaker, screenwriter, documentary film maker, Author, Essayist, Lyricist, Magazine Editor, Illustrator, Calligrapher, and Music Composer.

Ray is celebrated for works such as The Apu Trilogy (1955-1959), The Music Room (1958), The Big City (1963) and Charulata (1964).

Ray was born in Calcutta, to renowned writer Sukumar Ray, who was prominent in the field of arts and literature. Starting his career as a commercial artist, he was drawn into independent film making after meeting French film maker Jean Renoir and viewing Vittorio de Sica's Italian neo realist film bicycle thieves (1948) during a visit to London.

Ray directed 36 films, including feature films, documentaries, shorts He authored several short stories and novels, primarily for young children and teenagers.

Ray received many major awards in his career, including 36 Indian National Film Awards, a Golden Lion, a Golden Bear, Silver Bears, many additional awards at international film festivals and ceremonies, and an Academy Honorary Award in 1992. The Government of India honoured him with the Bharat Ratna, its highest civilian award, in 1992.

After being "deeply moved by Pather Panchali. 1928



classic Bildungsroman of Bengali literature, Ray decided to adapt it for his first film. Pather Panchali is a semi autobiographical novel describing the maturation of Apu, a small boy in a Bengal village.

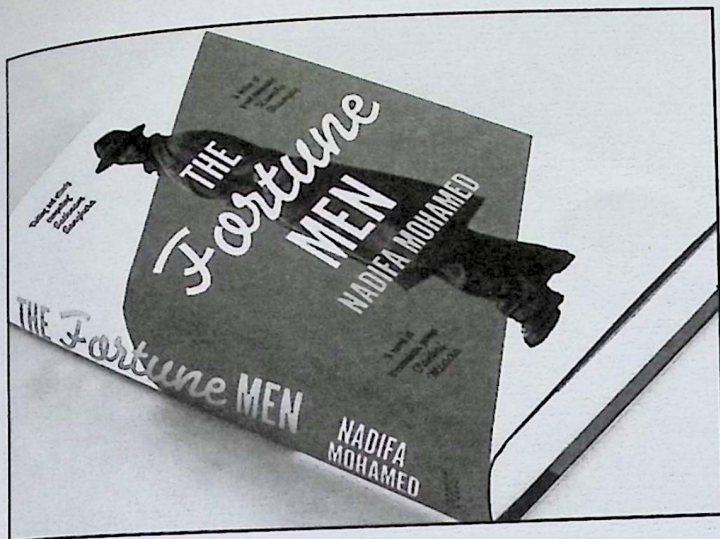
Pather Panchali adapted from a classic novel by the Bengali writer Bibhutibhusan Bandyopadhyay. It begins in a rural Bengal village where a priest & his wife struggle to raise their daughter and young son Apu. The family is never very far away from starving but still, they managed to appreciate life. Their wishes are very simple and true to the situation. Satyajit Ray's Pather Panchali as one the best debut films ever. It is the first part of Apu's Trilogy which is also considered one of the greatest film trilogies.

The film is a true example of presenting humanity. It's beautifully portraited rural life poverty. Ray shows the world through the innocent eyes of his protagonist Apu. The family edges closer to financial ruin, but Apu's eyes are full of dreams. The characterization in the screenplay reduces the pace of the film quite a bit, but it is a technique to engage the audiences. For me, the most moving character was the ancient aunt who is waiting to die but wishing to live every day fully. From my point of view, this film is so simple and also complex in emotions. It's competently made through realism, poetic & beautiful in its simplicity. It brings out the very real and everyday story of millions in similar surroundings in Bengali society. This is a movie that leaves you filled sweet and melancholy emotions after you have finished watching.



সত্যজিৎ রায়





## THE FORTUNE MEN

: Shortlisted for  
the Booker 2021

This is a harrowing novel, based on a true event. It is the story of a man who is wrongly implicated, accused of a crime he had never committed.

YEAR 1952, PLACE : CARDIFF, WALES.

ACCUSED : MAHMOOD MATTAN, SOMALI SAILOR

WRITER : NADIFA MOHAMED

NOVEL PUBLISHED : 2021

### ABOUT NADIFA MOHAMED

Nadifa Mohamed was born in Hargeisa (now in the Republic of Somaliland) in 1981 she moved as a child to England in 1986, staying permanently when war broke out in Somalia

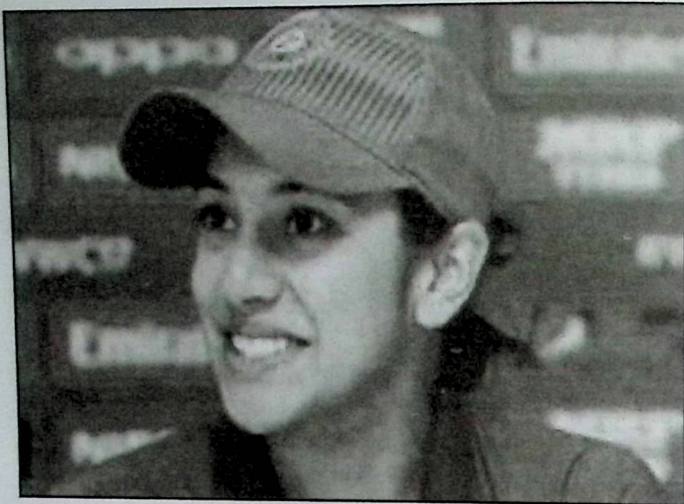
She lives in London. Her first novel, *Black Mamba Boy* is based on her father's memories of his travels in the 1930s. It was published in 2010. It was longlisted for the Orange Prize for Fiction and the Dylan Thomas Prize was shortlisted for the John Llewellyn-Rhys Memorial Prize and the Guardian First Book Award. It won the 2010 Betty Trask Prize.

### STORY LINE

In Cardiff, Wales in 1952, Mahmood Mattan, a young Somali sailor, was accused of a crime he did not commit: the brutal killing of Violet Volacki, a shopkeeper from Tiger Bay. At first, Mahmood believed he could ignore the accusations against him. Although he was a gambler and a petty thief, but definitely not a murderer. He was a father of three, secure in his innocence and his belief in British justice. But as the trial drew closer, his prospect for freedom dwindled. Now, Mahmood had to stage a terrifying fight for his life, with all the chips stacked against him a shoddy investigation, an inhumane legal system, and, most evidently, pervasive and deep-rooted racism at every step. Under the shadow of the hangman's noose, Mahmood began to realize that even the truth may not be enough to save him. A haunting tale of miscarried justice, this book offers a chilling look at the dark corners of our humanity.

**Vivek Chaudhari**  
B.Com.-Sem.-IV,  
Section -D





## BEST INDIAN WOMEN CRICKETER

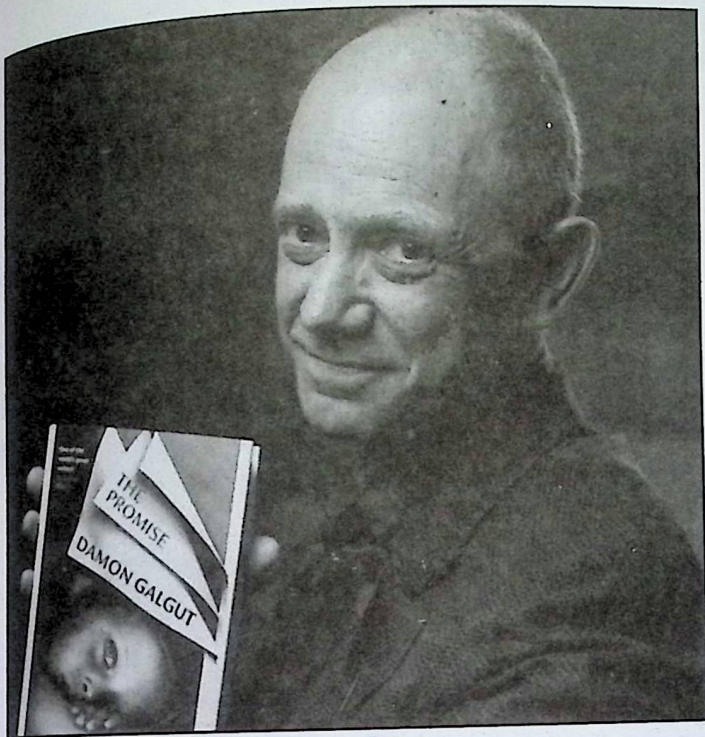
Here, I am taking about the best woman international cricketer, Smriti Shrinivas Mandhana Smriti Shrinivas Mandhana is a professional Indian cricketer who plays for the Indian woman's team, she was born on July 18, 1996, Mumbai, Maharashtra, India. She is a Left hander opening batswoman she can also ball part time right-arm medium pace as well with jersey number 18. In June 2018. The board of central for cricket in India (BCCI) named her as the best woman international cricketer of 2018. She also received the honorable Arjuna Award earlier this year.

Smriti Shrinivas moved to Maharashtra along with her family, Madhavnagar Sangli, at the age of two. Her father and brother played cricket for Sangli at the district level. She got inspiration from her brother who also plays at the different Maharashtra States under -16 tournaments. She got selected in the Maharashtra under-15 team. When she was just nine years old She became a part of Maharashtra under-19 team by the time she reached 11. Mandhana's family has been closely involved in her cricketing activities. Her father Shrinivas was chemical distributor. He takes care of her cricket program. Her mother Smita is in charge of her diet, clothing and other organizational aspects. Her brother Shravan still balls to her in the nets. Smriti Mandhana's international career began on 13 August 2014. She made her test debut against England and One-day international debut on against Australia. And She made her T-20 international debut against Bangladesh. Smriti Mandhana had received many awards in 2016. She received award as only Indian in ICC woman's team in the year 2016, and 2017. She received four different awards Youth Sport Team of Excellence Award Vague Sports person of the Year, BBC top 100 women, and the Wisden leading woman cricketer in the world. She also received awards which are woman's ODI player of the year, women's Cricketer of the year more prestigious Rachael Heyhoe Flint Award in 2019.

She got two awards Arjuna award and Navbharat Times award. She got Sportswoman of the (cricket) at the sport star ACES awards in 2020. As the best Indian cricketer Smriti Mandhana inspires is inspiration to all young girls who wish to pursue their careers in sports like cricket. She is not only a hard working but passionate player also. Smriti Mandhana is my role model.

Achal Madhao Kalaskar  
B.Com 1 Year





**BOOKER PRIZE  
2021 WINNER :**  
**"THE PROMISE"**  
by  
**DAMON  
GALGUT.**

The Promise, published in 2021, is South African writer Damon Galgut's 8th novel. Galgut's fiction frequently explores the complicated world of South African society and politics, particularly the legacy of apartheid.

The Promise tells the story of the Swart's, a white family descended from Dutch settlers who came to South Africa. The three Swart children come of age as the century undergoes the abolition of apartheid, a system that formally segregated South Africans on the basis of race. Each of the novel's four parts revolves around one family member's death, tracing the Swarts decline. The Promise aligns with classic works of literary modernism from early 20th century in the tradition of William Faulkner or Virginia Woolf.

Part 1. "Ma", revolves around the 1986 the death of the Swart matriarch, Rachel. The youngest Swart sibling, Amor, resides at a boarding school. The eldest Swart sibling, Anton, Serves the military. They both return to home to join their middle sister, Astrid, All Siblings together attend Rachel's funeral services. Before she died, Rachel asked her husband, Manie, to grant the family's black maid, Salome, ownership of the house she lives in on the family's land to reward her for her

**Ms. Sneha Bhowmik**  
B.Com.-Part-1/ Sem-II/  
Section -A



devoted service. Manie agrees. But after soon Maine to fulfill his promise. Anton's disagreement with Manie about the promise and other topics surrounding Rachel's death create a rift. After the funeral services, Amor goes back to her boarding school and Anton returns to her military unit. At the last minute, however, he decides to desert the military and hitchhikes to a far-off region.

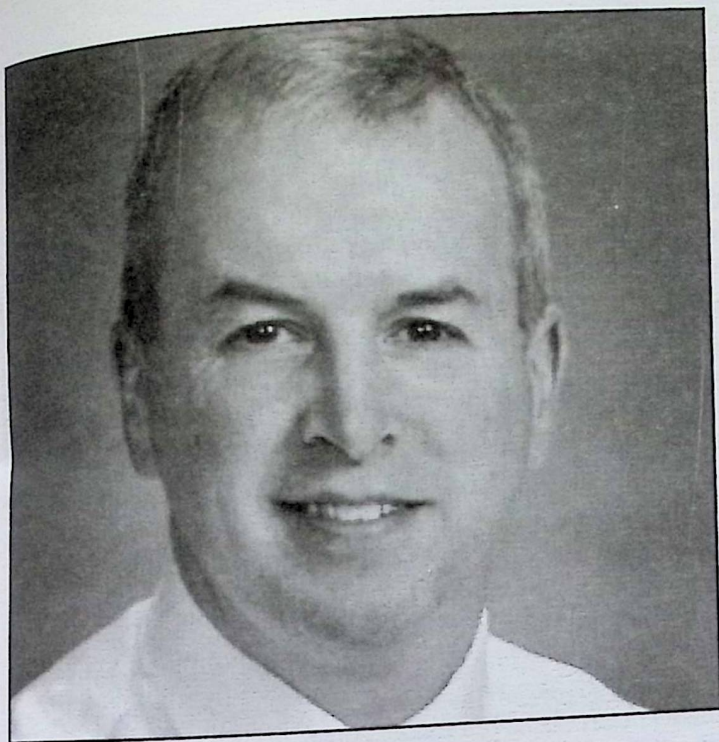
Part 2. "Pa", finds all the three Swart children in their adulthood: Amor's lives in London, Astrid is married with twins, and Anton lives far from the Swart family farm without a steady job. Nine years have passed since the last time all the three siblings were together at their family home, but Manie's death brings them back to Pretoria. By this time, Nelson Mandela is president and apartheid has ended, meaning that Black South Africans are allowed, among other things, to enjoy the same spaces with White South Africans. The details of Manie's death are macabre: At a publicized fundraiser for his ministry Alwyn Simmer's church, Manie climbs into the snake tank at his reptile park in order to test his faith and try to break the world record for the longest time spent in a snake tank. Predictably, the snake bites him and he dies shortly after. Because of a clause in Manie's will, Anton is forced to apologize Simmers over a previous disagreement in order to claim his part of the substantial inheritance Manie leaves behind for his three children. While Anton agrees to Amor's request that he finally honor Manie's promise to give Salome ownership of her home, he takes no action to do so.

Another nine years pass between part 2 and part 3. Amor left London and now works as a nurse in a South African AIDS ward. Astrid left his first husband for a man with whom she had an affair. Anton married a girlfriend from his youth, and lives on the Swart farm. Although Astrid's new marriage puts her in close proximity to powerful political figures, this status does not help her to avoid South Africa's raising crime rates: A carjacker kills her to steal and sell her car. Once more, Amor and Anton reunite at the Swart farm for a funeral. Amor again raises the unfulfilled promise to Anton; however, Anton takes no action.

Part 4 begins in 2017. One night, Anton—drunk, mired in depression, and unable to find any purpose in life—kills himself with his father's gun in the field outside the Swart home. Amor returns home one last time determined to finally do something about Manie's promise. She enlists the help of the family lawyer and finally, after 31 years, presents Salome with the ownership of the house she lives in. Salome's son Lukas, treats this gesture with scorn, insisting it has no meaning given how belated it is. Amor also gives Salome the entire sum of her inheritance from Manie, however, which is a more financially substantial gift. After scattering her brother's ashes, Amor prepares to leave the farm and start the next chapter of her life with the weight of the unfulfilled promise finally off her shoulders.







**AIKIN, JOHN**  
(1747-1822):  
**Medical Doctor**  
**and Surgeon**

John Aikin (15 January 1747-7 December 1822) was an English medical doctor

John Aikin, was physician and author, he was born at Kibworth in 1747, removed from there his father Warrington, where he received earlier part education. He studied medicine Edinburgh, and surgery in London, and, in the course a flying to Holland, received the degree of M.D, the University of Leyden. After for few years Chester and in Warrington, practice

The society Yarmouth was this time exceedingly hostile to the members non-established (dissenters), and agitation in 1790 for the repeal the Corporation and Acts embittered differences that otherwise been unimportant. On subject, Aikin, whose political and religious opinions were those of the dissenters, published two warmly written pamphlets, lost the most his more orthodox friends and patients. The pamphlets were published anonymously, but Aikin soon known to his professional in Yarmouth virtually ruined.

In letter to friend says that he has an idea of becoming 'the hero of cause, but 'at his age would trifling not have character, and cowardly not to avow and stick to His position Yarmouth becoming more and more intolerable, in 1792 he moved to Broad Street Buildings London, and found within easy reach of Hackney, then the stronghold of dissenters,

**Ms. Anjali Sahare**  
B.Com.-II / Sem-IV



more agreeable field for his medical and literary work.

Lucy Aikin, his daughter, describes this migration as a blessed change from Yarmouth. In London the warm welcome of his friends, and his own high character, brought him a measure of success. He practised as physician only, and devoted his whole leisure to literature. His career, however, as physician was cut short few years later by stroke of paralysis, consequence of which he gave up his house and practice to his son, and retired to Stoke Newington. There he spent the last twenty-four years of his life in his favourite studies and occupations. He died in 1822, and left several children.

Aikin had four children, three sons and daughter. The eldest son, Arthur, was a prominent scientist, and the youngest, Edmund, an architect. The second son, Charles, was adopted by Aikin's sister, who had no children. Through Charles, Aikin was grandfather to the writer Anna Letitia Le Breton. His daughter Lucy was biographer, who in 1823 published *Memoir of John Aikin, M.D.*, with selection of *Miscellaneous Pieces, Biographical, Moral and Critical*.

Aikin better known as man of letters than as physician. His elegant scholarship gave a natural polish to that he wrote, and his varied attainments, as well as his moral uprightness, earned him many friends, among whom were Dr. Priestley; Pennant, the naturalist; Dr. Darwin; James Montgomery; John Howard, the philanthropist; and, for a time, the poet, Southey. He was John Howard's literary executor, and was often employed by him to write reports on prisons, and other documents. His life of Howard has been adopted without acknowledgment by a modern writer. Hardly a year of his life passed without some contribution to literature, but his best known works are *Essays on Song Writing*; "Translation of the Germania and the Agricola of Tacitus"; *Biographical Memoirs of Medicine in Great Britain*; "England delineated; General Biography" (10 vols.); *The Arts of Life*; *The Woodland Companion*; "Lives of John Selden and Archbishop Usher"; critical and biographical prefaces to an edition of the *British Poets*; and "Evenings at Home," which last work was written in conjunction with his sister, Mrs. Barbauld, but Aikin contributed far the greater number of the pieces. He also began a translation of Pliny's "Natural History," but was so 'disgusted by his errors and old women's fables' that he abandoned the project.

It may be added that Aikin was greatly interested in chemistry and natural philosophy. branches of science in which, however, his sons, Arthur and Charles Rochemont, were subsequently more distinguished than himself.







## NOMADLAND : OSCAR MOVIE

"People wish to be settled," Ralph Waldo Emerson wrote. "Only as far as they are unsettled is there any hope for them." This tension between stability and uprooting, between the illusory consolations of home and the risky lure of the open road, lies at the heart of "Nomadland," Chloé Zhao's expansive and intimate third feature. Nomadland is a 2020 American drama film Written produced, edited and directed by Chloe Zhao. Based on the 2017 notification book Nomadland Surviving America in the Twenty-First

Century by Jessica Bruder, it stars Frances McDormand as a Window who leaves to travel around the United States in her van as a Nomad. David Atrathaim stars in a supporting role. A number of real-life Nomads appear as fictionalized versions of themselves, including Linda May. Swankie and Bod Wells

### A Story of survival:

In 2014, Bruder wrote a cover story for Harper's Magazine. "The End of Retirement, which detailed the plight of older Americans who couldn't afford to retire and worked temporary jobs for companies like Amazon. She built off that reporting and three years later published Nomadland: Surviving America in the Twenty-First Century. The book is centered on Linda May, a 64-year-old grandmother living in her secondhand Jeep who is working temporary low-wage jobs in

**Achal Pramodrao Umate**  
B. Com. I (C)  
**Pranjali Chindhuji Shende**  
B. Com. I (C)



order to save money to fulfill her dream of finding land to build a sustainable "Earthship" home. "One of the things that made Linda such a pleasure to document as a journalist was that she has a certain unselfconsciousness about her. Bruder says. "Whether she was talking to me and being recorded or talking to somebody in a restaurant or some random people she just met because she always strikes up a conversation, she was always the same person."

In accompanying Linda May on the road, Bruder illuminated the struggles felt by many middle class Americans in the aftermath of the recession who took to RVs and vans in lieu of a permanent address. In addition to living in a van, Bruder worked alongside her interview subjects, in workplaces from a sugar beet harvesting plant to an Amazon fulfillment center. She described the physical labor and the toll it took on these workers. "Some walk 15 miles on concrete floors, stooping, squatting, reaching and climbing stairs as they scan, sort and box merchandise," she wrote.

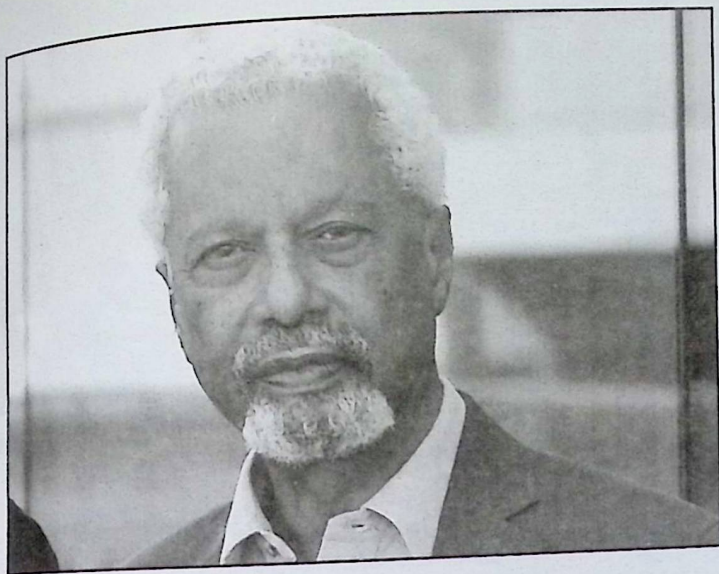
The book, published by W. W. Norton, landed on several best of the year lists and was applauded for its dissection of both the American dream and the hemorrhaging middle class. A New York Times review described it as "brilliant and haunting." The Washington Post ran a review by Timothy R. Smith, a former staff member of Book World turned nomad, who called it "devastating" and "revelatory." Bruder, whose journalism is primarily longform narrative, enjoys the range of responses she gets from readers. Some people who've read the book get in touch with me and say, 'Oh my God, this is The Grapes of Wrath, people are staggering around, and other people say, "Yeah, I can't wait to go on a road trip, I'm fixing up a van," she says. "That spectrum of experience makes me really; really happy because I want people to read it and not feel like I stuffed something down their throats."

#### **"The Awards:**

Nomadland premiered on September 11, 2020, at the Venice Film Festival, where it won the Golden Lion. It also won the People's Choice Award at the Toronto International Film Festival. It had a one-week streaming limited release on December 4, 2020 and was distributed by searchlight pictures in selected IMAX theaters in the United States on January 29, 2021, and simultaneously in theaters, and streaming digitally on Hulu, on February 19, 2021. The film was a box office success, grossing \$39 million worldwide against its \$5 million budget and received widespread critical acclaim for its direction, editing, screenplay and cinematography, as well as the performances of McDormand and Strathairn. It was the third-highest rated film of 2020 on Metacritic. Which found it to be the most frequently ranked by critics and publications as one of the best films of the year.

At the 93 Academy Awards, it won Best picture, Best Director, and Best Actress, from a total of six nominations. Zhao became the first Asian woman, the first woman of color and the second woman ever to win Best Director, McDormand became the first woman and fourth person to win Best fourth person to win Academy Awards for both acting and producing, and the first person ever to win Academy Awards as producer and performer for the same film. It is also the first searchlight release to win Best of the assets of 21st Century Fox. It also won Best Motion picture - Drama and Best Director at the 78 Golden Globe Awards, four awards including Best film at Awards including Best film at the 36 Independent Spirit Awards.





## Nobel Prize : ABDULRAZAK GURNAH

### Abdulrazak Gurnah :

"People wish to be settled," Ralph Waldo Emerson wrote. "Only as far as they are unsettled is there any hope for them." This tension between stability and uprooting, between the illusory consolations of home and the risky lure of the open road, lies at the heart of "Nomadland," Chloé Zhao's expansive and intimate third feature. Nomadland is a 2020 American drama film Written produced, edited and directed by Chloe Zhao. Based on the 2017 nonfiction book Nomadland Surviving America in the Twenty-First

He was born on 20th December 1948 (FRSL) is a Tanzanian born novelist and academic who lives in the United Kingdom and holds British Citizenship. He was born in the Sultanate of Zanzibar and moved to the United Kingdom in the 1960s, as a refugee during the Zanzibar Revolution.

He initially studied at Christ Church College, Canterbury, whose degrees were at the time awarded by the University of London. He then moved to the University of Kent, where he earned his PhD with a thesis titled *Criticism of West African Fiction*, in 1982.

From 1980 to 1983 Gurnah lectured at Bayero University Kano in Nigeria. Then he became a professor of English and postcolonial literature at the University of Kent. In 2017, he is now professor emeritus of English and postcolonial literature at the University.

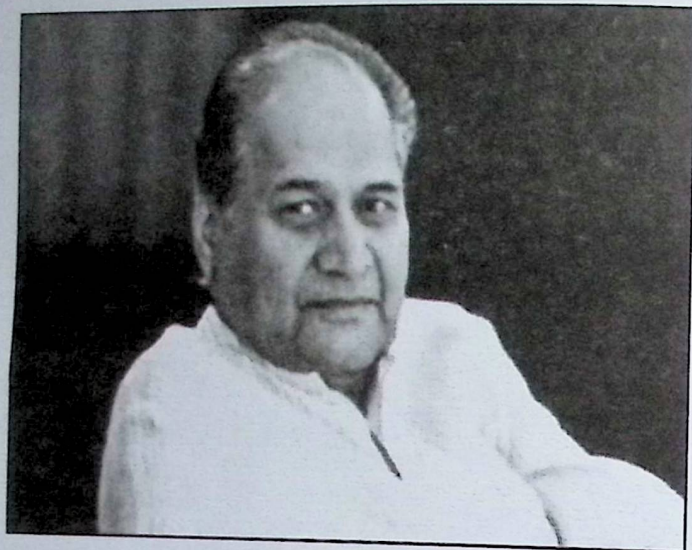
Although Gurnah's novels were received positively by critics, they were not published outside the United Kingdom. After he was awarded the Nobel Prize for Literature in 2021, it wasn't until after the Nobel announcement that Gurnah received a bid from an American publisher for his novel *Afterlives*.

The Gurnah's 1994 novel *Paradise* was shortlisted for the Booker. In 2006 Gurnah was elected a fellow of the Royal Society of Literature. On 7 October 2021 he was awarded the Nobel Prize in Literature for 2021. Before winning the award, his writing had not achieved the same commercial success as other Nobel winners.

And now his age is 73. He has got [B.A], [MA], [PhD]

Mansi N. Ramteke  
B. A. 3rd Year  
(6th Sem.)





## RAHUL BAJAJ BIOGRAPHY

Rahul Bajaj was an Indian billionaire Businessman. He was the chairman emeritus of the Indian conglomerate Bajaj Group. He was awarded the third highest civilian award in India. The Padma Bhushan in 2001.

Rahul Bajaj was born on 10th Jun 1938 Parents Savitri and Kamal Naiayan

### Education :

He had a BA ( honors ) in Economics and a law degree from Harvard. He was the recipient of various awards, including the Padma Bhushan from the Government of India and honorary doctorate from six universities

### Business :

When he was 12 year old, he started dreaming of becoming a businessman. His grandfather had bought a steel mill and a sugar mill. His father founded Bajaj Auto in 1945. In 1965. Rahul Bajaj took charge of Bajaj group and under his leadership Bajaj A;uto has grown to new heights uyear after year. Mr Bajaj has also demonstrated his leadership abilities as the President of the confederation of Indian Industry on two occasions, once in 1979-80 and again in 1999-2000. In addition, he has served as President of the society of Indian Automobile Manufacturers. He also served as chairman of the Automobile and Allied Industries Development council.

Mr Bajaj has also served as President of the Maratha chamber of Commerce Industry and Agriculture, adding to his long list of accomplishments. From 1986 to 1989, he was also the chairman of Indian Airlines. From 2003 to 2006, he also served as chairman of the board of Governors of IIT Bombay. Rahul Bajaj was a membr of the worldk Economics forum, International Business council, Harvard Business schools Global Advisory Board DIED Rahul Bajaj was suffering from pneumonia dn was admitted to Ruby Hall Clinic, Pune. In the hospital he developed heart problems also and finally he left fro the heavenly abode on 12-2-2022.



## Infrastructure and Learning Sources Students Support and Prograession



Dr Panjabrao Deshmukh Krida Mahotsava - Inter collegiate Cricket Tournament Organised By Dept. of Physical Education and Sports, from 01 to 17 April 2022

International Womens day Organized by Women Cell, Dhanwate National College & Vidarbha Sahitya Sangh Library Nagpur on 08 March 2022



State Level Camp organized by NSS Unit DNC Nagpur in collaboration with Taywade College Koradi and Bar. Sheshrao Wankhede College, Khaperkheda from Dt. 19 March to 24 March 2022.



Felicitation of R D Parade Cadets and Guard of honour Jointly Organized by NCC Golden Group Nagpur on 20 Feb 2022

साधना



## Governance and Organisation Innovative Practices



First 'My Marathi Sahitya Sammelan', was organized on 17,18 April 2022 by Dhanwate National College Marathi Department, in association with My Marathi Nakshatra Pratishthan, Nagpur. Hon. President Harshawardhan Deshmukh, of Shri Shivaji Education Society, Amravati, inaugurated the program. Shri Shripal Sabnis, President, 89th Sahitya Sammelan, was the president of the program, Hon. Shri Hemant Kalmegh, Member of Shri Shivaji Education Society, Amravati also honoured the Program.

Poster Competition Organized  
by Department of Geography  
on 21 Dec 2021



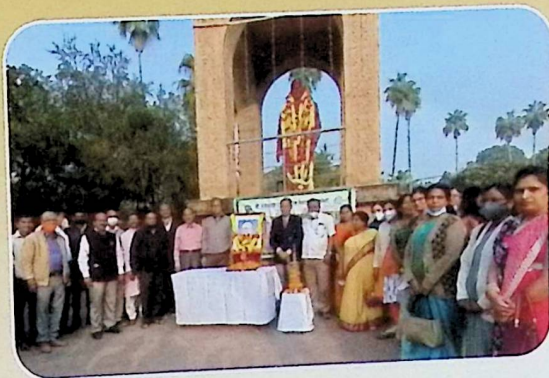
'Grantha Dindi' Organized  
By Department of Marathi  
on 16 April 2022

# साधना

Guest Lecture by Dr. Shilsagar Chanhade  
on Survey Report and Union Budget 2022-23  
Organized by  
Competitive Examination Study and Guidance  
Center and Department of Economics  
on Dt. 16/03/2022







**Reportscan**  
2021-22



## Department of Commerce

- 1 Students – Teacher Ratio 65 : 12021-22
- 2 Publications

### Publications in Journals



Name of the author/s	Title of paper	Name of Journal Volume/Issue with Page No.	Year of Publication	Impact Factor	ISSN number	Link to the recognition in UGC enlistment of the Journal
Dr. Pankaj Agre	Role of E-Commerce in Business	Vol 13 Issue-8 143-145	Feb. 2022	7.265	2230-9578	Interdiscip- linary Multilin- gual UGC Care List.
Dr. Ashwini S. Potphode	The Parallel Economy In India: Impact of Black Money In Economic Market And Government Initiative To Curb It	Ocean 2021	August-2021	17.193	0022-3301	
Dr. Ashwini S. Potphode	Role of Digitization and E-Commerce on Indian	Power of knowledge peer Review Journal	Sept. 2021	3.7286	2320-4494	
Dr. Parag Joshi	A detail study on impact of Advertisement during auspicious occasions on consumer buying behaviour	Journal of Maharaja Sayajirao University of Baroda	April 2022	0025-0422		
Dr. Parag Joshi	Trend Analysis of Domestic Market During Festive Season	Journal of Maharaja Sayajirao University of Baroda	April 2022	0025-0422		UGC Care Listed Journal

### Publication in Conference Proceeding

Name of the author/s	Title of paper	Name of Conference	Organizer	ISSN number
Mr. Mahesh Rathod	A comparative Study of Urban - Rural Literacy & Male & amp; Female	National 1st March, 2022		



	A journey of single entry to blockchain based accountancy	Online international conference on A Journey of single entry to blockchain based accountancy	Nov. 2021	
	Conceptual framework of blockchain accounting	Online international conference	Nov 27 ,2021	
	Digital banking and financial market	National Khatri College	25-26 Feb., 2021	

### Research Students Ph. D. Awarded Date in details -

Sr. No.	Name of Students	Title of Thesis	Faculty as Supervisor	Awarded/ Submitted	Notification year/ Research Centre
1	Dr. Varsha Bhoyar Churad	Risk-Return Analysis of Developers in Real Estate Business with reference to Nagpur City	Dr. S. M. Jiwankar	Awarded 4th February 2022	Awarded on 4th February 2022 Date of Registration 15/07/2012
2	Ms. Priyanka Ghode	An analytical study of work profile and its management by women police constables in Nagpur city	Dr. S. M. Jiwankar	Submitted 8th January 2021	8th January 2021 Dhanwate National College, Nagpur
3	Ms. Suvidha Gajbhiye	PradhanMantri MUDRA Yojana -A Critical Study with Special Reference to Nagpur District in Maharashtra	Dr. S.M. Jiwankar	19 January 2017 Registered	
4	Ms. Bhuvaneshwari Vijay Madavi	An analytical study of alternative delivery channels and its effects on performance of banking sector & on services provided to the customers. (A Study with reference to Chandrapur district)	Dr. S.M. Jiwankar	23/10/ 2018 Registered	
	Mohan Rati	Critical Analysis of Appropriation of public Fund for Higher Education and its impact on Employment Sector for comm. Graduates	Dr. K.D. Meghe		
	Ravi Gunde	A Critical Impact of Commerce Education and its Impact on Entrepreneurship Development with Special Reference to Nagpur District	Dr. K.D. Meghe	01.02.2020 Date of Reg	
	Priya Joshi	A Study of Parity for Employability Between Academic Skill Sets and Industry Requirement in commerce Graduates of Rashtrasant Tukdoji Maharaj Nagpur University, Nagpur (2014-2019)	Dr. K.D. Meghe	01.02.2020 Date of Reg	



## Academic Activities (Student enrichment programs) By Department in 2021-2022

Sr. No.	Date	Name of Activity	Objectives of the activity	Guest Speaker / Resource Person /	No of Beneficiary/ No. Participants	In-charge/ Members of Committee
1	7/01/2022 to 21/02/2022	Workshop on Life Skill Development	<p>Personal development is to promote confidence and well-being in learners</p> <p>To familiarize students with basic aspects of life skill and its conceptual treatment.</p> <p>To develop life skills to apply it in various spheres of life.</p> <p>Application of life skills to ease present day complicated contemporary living system</p> <p>To learn to handle stress and deal with disappointments and setbacks in life.</p> <p>To play with strengths by engaging in creative activities and following a healthy lifestyle.</p> <p>To imbibe human values amongst students.</p>	<p>Mrs. Priya Zoting</p> <p>Dr. Aparna Karnad</p> <p>Ms. Prachi Wakpaijan</p> <p>Mrs. Priya Zoting</p> <p>Mrs. Priya Zoting</p> <p>Mrs. Priya Zoting</p> <p>Dr. Prabodh</p> <p>Dr. Muktai Chavan , Deb</p> <p>Dr. Praveen Ghosekar</p> <p>Dr. Ashwin Waghmare</p> <p>Dr. Sangita M. Jiwankar</p> <p>Dr. Kulbhushan D. Meghe</p> <p>Dr. Muktai Chavan Deb</p> <p>Dr. Muktai Chavan, Deb</p> <p>Dr. Aditi Jha</p> <p>Dr. Muktai Chavan , Deb</p>	707	Dr.S.M.Jivankar Dr. Pravin Ghosekar
2	17/02/2022 to 18/02/2022	Free PMG Disha Computer Course	<p>To make students IT literate</p> <p>To provide opportunities to students related to computer</p>	<p>Atul Online Services</p> <p>Mr. Atul Fating</p>	46	Dr R.N. Gosavi
3	08/03/2022	Special Drive on International Women's Day	<p>To empower women and to inform students about importance of women in life.</p>	Ajni Railway Station	78	Dr. R.N. Gosavi
	08/12/2021	Motivational Lecture on Topic "How to deal with problems in life ."	<p>To improve positive attitude of students towards life.</p>	<p>Dr. Sapna Sharma</p> <p>International counselor, Life coach, Motivational Speaker.</p>	Approx. 500 Students Connected through Zoom ID You Tube and offline mode.	Dr. Sangita Jiwankar Dr. Parag Joshi

**Dr. Rajkumagiri N. Gosavi**  
Professor & Head, Dept. of Commerce



## Department of English



1. Students-Teacher Ratio – B.A.- 421:8 = 53 Students / Teacher, B.Com. -901:8=113 Students / Teacher

### 2. Publication in Journals

Name of the author/s	Title of paper	Name of Journal Volume/Issue With Page No.	Year of publication	Impact publication	ISSN number	Link to th recognition in UGC enlistment of the Journal
Dr. Bipasha Ghoshal & Mrs Rita Sheware	Social Media: Improving English Language Proficiency from the viewpoint of teaching - learning process	Langlit				
Mrs. Lata Kolhe Mrs. Rita Sheware	Transformation of Regional Identities A Study of Anita Nair's The Better Man	B. Adhar MIPR & IRJ	2021	7.675()	2278-9308	
Mrs. Shriya Oke	Gieve Patel's Verse : A Physic-ians Voice	Knowledge Resonance, Page -256	2021	8.072	2231-1629	
	Gieve Patel Portrayal of lack of Concern for The Poor in our society	Knowledge Resonance, Page -93	2021	8.072	2231-1629	
	Poetic Impressions of Violence in Patel's Verse	RJELAL, Page- Vol-9, S1.2021	2021	6.8992 (ICI)	2395-2636(P) 2321-3108 (E)	<a href="http://www.youtube.com/watch?v=jkuV_3eNeY">http://www.youtube.com/watch?v=jkuV_3eNeY</a>
	Patel's Poetry, the voice of a Pars	IRJHIS, Page- 39, Vol.-3, Issue-3, March -2022	2021	5.828 (SJIF2022)		
Mr. Om Choudhar	ICT Infegration: A Myth or Reality	Journal of Information and Computational Science	2021		2582-8568 1548-7741	



Sr. No.	Name of Faculty	Title of Paper Presentation in Conference/ Seminars	Name of Conference/ Seminars attended National / International	Organizer and Date of Conference/ Seminars
1	Dr. Bipasha Ghoshal & Mrs. Rita Sheware	Transformation of Regional Identities: A Study of Anita Nair's The Better Man	International Webinar on "#Digitisedenglish@social Media"	Kamla Neharu Mahavidyalaya, Nagpur, October 20, 2021
	Dr. Bipasha Ghoshal		Deception of India's Freedom Struggle and Reviving Cultural Identities in Indian English Fiction: Pre and Post-Independence Impact as part of Azadi Ka Amrit Mohotsav	Indian Council of Social Science Research Sponsored 22nd April 2022 & 23rd April 2022
2	Mrs. Shriya Oke	Gieve Patel Portrayal of lack of Concern for The Poor in our society	1 Day Virtual National Seminar- Socio- Cultural and Political Perspectives in Indo-Anglian Fiction	Dept. of English, Dr. M. K. Umathe College, Nagpur. 7th August 2021
		Poetic Impressions of Violence in Patel's Verse	Two day International e-Conference on Postcolonial Writings: New and Emerging Concerns	Dept. of English, VNGIASS, Nagpur
		Gieve Patel Verse: Goads Green Entrepreneurship	Two days International e-Conference on self reliant India: Building Competitiveness through Global Collaboration	Sindhu Mahavidyalaya, Nagpur 29th & 30th March 2022
		The Changing Faces of Women Characters in Indian English Fiction: Docile to Assertive	Depiction of Indian's Freedom Struggle and Reviving Cultural Identities in Indian English Fiction as a part of Aazadi Ka Amrit Mohatsav	VNGIASS, Nagpur 22nd & 23rd April 2022
3	Mrs. Rita Sheware	Rainwater Harvesting and Water Conservation Process	International Webinar	Organized by NSS Cell, Saint Francis De Sales College, Nagpur, 13th July 2021
		Transformation of Regional Identities: A Study of Anita Nair's The Better Man	International Webinar on "#Digitisedenglish@social Media"	Kamla Neharu Mahavidyalaya, Nagpur, October 20, 2021
4	Mr. Amit k. Bhusare		Career Opportunities in English Language & Literature	Rayat Shikshan Sanstha's, Pune. 20th Dec. 2021
			Economic Survey Report & Union Budget 2022-23	Shri. Shivaji Education Society, Amravat's

#### Refresher/FDP/RM Workshop Attended

Sr. No.	Name of Faculty	Name of Refresher/ FDP/RM Workshop	Name of Organizer	Date and Duration
1	Dr. Bipasha Ghoshal, Professor & Head,	Ethics and Values in Higher Education- MSFDA	Initiatives of Change, Friends of Moral Re-Armament	11th April 2022 to 15th April 2022



	Dept. of English			(India), Panchgani- M.S.
	Dr. Bipasha Ghoshal, Professor & Head, Dept. of English	One Day Workshop on SWAYAM - NPTEL & MOOC's	DNC & RTM Nagpur University	17th Dec. 2021
2	Mrs. Lata Kolhe, Assistant Professor	1st Short Term Course on E- content Development & MOOCs	UGC, HRDC, Gujarat University, Ahmedabad - 380009	13/12/2021 to 19/12/2021 7 days.
3	Mrs. Shriya Oke, Assistant Professor	Work Efficiency and Life Management	Dayanand Arya Kanyana Mahavidyalaya, Jaripatka, Nagpur	17th Feb. 2022 1 Day

**Academic Activities (Student enrichment programs) by the Department of English, 2021-2022**

Sr. No	Date	Name of Activity	Objectives of the activity	Guest Speaker / Resource Person /	No of Beneficiary/ No. Participants	In-charge/ Members of Committee
1	10th Dec. 2021	Quiz Competition	To encourage and create interest amongst the students to study English Grammar & literature.		103	Mrs. Lata Kolhe
2	23rd Dec. 2021	Storytelling Competition	To improve the knowledge of English Language & literature through the medium of a inter-collegiate competition.	Dr.Kapil Singhel,HOD, VNGIASS, Nagpur. Dr. Neha Kalyani, GS College, Nagpur.	68	Dr. Bipasha Ghoshal
3	15th March 2022	Dynamics of Non-Verbal Communication	To inform about the dynamics of non-verbal communication and body language.	Dr. Ashvin S. Waghmare	27	Dr. Bipasha Ghoshal
4	1st of April 2022 to 30th of April 2022	Certificate Course in Basic Communication Skills	to instill a desire in the students to improve their English skills		350+	Dr. Bipasha Ghoshal
5	23rd April 2022	Inclusive Development Of The Backward & Minority Classes Through Higher Education	To discuss the importance of inclusive development and higher educational opportunities.	Dr. Ushoshi Guha	100	Dr. Bipasha Ghoshal
6	25th April 2022	Scrap Book	To display the students creativity in pasting and drawing beautiful pictures based on the given topic.		20	Mrs. Shriya Oke
	26th April 2022	Screening of the Movie " My Fair Lady"	to inspire the students to improve their English Language abilities		60	Dr. Bipasha Ghoshal
8	27th April 2022	Project work based on Compulsory English Syllabus (Writing Skills Interview Questions & Dialogue Writing)	To allow students to: demonstrate the personal abilities and skills required to produce and present an extended piece of work		80	Mrs. Rita Sheware



## Department of Marathi

1. Students Teacher Ratio 2021-22/  
1-248
2. Publication in year 2021-2022 Title of  
Paper, Journal/ Conference  
Proceeding, Year.



	International	National	Other	ISSN/ISBN
Peer Review Journals (whether UGC Notified )	2) Mrutunjay kadambaritil karna july 2020 3) marathi pouranik kadambaritil yayati Aug 2020 Dhyannesvaritil nisarga ani paravarani	1) Mahatma jotiba fule yancha sahityatil paryavarani July 2020		1) 440-444 2) 2394-1642 3) 2278-9308 4) 2320-2882
Non-Peer Review Journals (whether UGC Notified )				
e-journals (whether UGC Notified)				
Conference Proceeding				

### CHB-Dr. SEEMA UPAGADE(BEHERE)

Paper presentation in year 2021 -2022 Publications  
Title of Paper, Journal/ Conference Proceeding, Year.

	International	National	Other	ISSN/ISBN
Peer Review Journals (whether UGC Notified )	1) Ekateche pratiniditva karanarima ndeshimanasyankates hmadgulkar. 2) Rashtrasantachyathetilprade shikta	Bhashaani jivan , peer reviewed journal Date -1 jan 2021  Kavitarati journal 4jan 2021 2231-4059		2231-4059  2278-9243



Non-Peer Review Journals (whether UGC Notified )				
e-journals (whether UGC Notified)	" pradeshikkadam barimdahye mat matantare"	One day multidisciplinary conferece 21 sep 2021		2278-9308

Ad-Hoc Mayuri N.Thakare (Gawande)

Paper presentation in year 2021 -2022 Publications

Title of Paper, Journal/ Conference Proceeding, Year.

	International	National	Other	ISSN/ISBN
Peer Review Journals (whether UGC Notified )	" Rasaynikkhate v kitaknashakan chavadhata vapar - yavatmaljilhyache bhougo likadhyayan"	B. Aadhar international Peer Review Journals Dated - 23rdjuly 2021		Impact factor 7.675(SJIF) ISSN - 2278-9308.

Academic Activities 2020 -2021

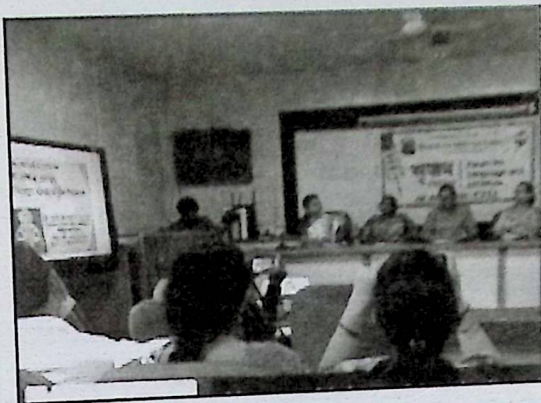
14 des 2021	Gita jayantigest lecture	Dr. smitahote& dr. Indapawar	
27 jan 2022	Marathi Bhashapandharwadaprogram	Chair paerson -Dr. khapekar	90
28 jan 2022	Online poetry reading competition	SantabaiShelke	
	Gest lecture	(Well known writer )	120
27 feb 2022	Online poetry reading competition ( kavikusumagraj)	Aruna Bhonde	90
28 feb 2022	Shri .sanjaybhakte	(Well known writer )	100
	(Gesst lecture marathibhashagavrav din)	EX. All India radio program officer, Nagpur)	120
16, 17, 18, April 2022	Firest state level National conference jointly organized by May marathi nakshatra prathishathan & Dhanawate national college,	Hon .Harshwardhan Deshmukh (president shivaji education society Amravati)	500
		Hon. Hemmant kalmegh shivaji education society, Amravati	
		Hon. Shripal sabnis (akhil bhartiya sahitya sammelan, pune)	
		Hon. Dr. shobhatai rokade (well known writer, Amravati)	
		Organizer -	
		Dr. Bharati khapekar & vijaya marotar .	

Dr. Bharathi Khapekar  
Head, Dept. of Marathi



## Department of Sanskrit

1. Students Teacher Ratio  
2021-2022 – 40 : 02
2. Publication in year 2021-2022 Title of  
Paper, Journal/ Conference  
Proceeding, Year.

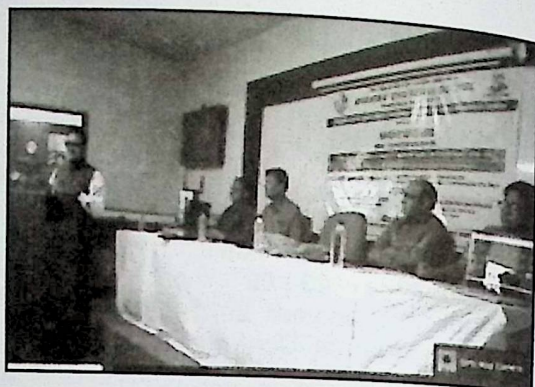


Date	Activity	Resource Person	Beneficiaries
14/12/2021	Guest Lecture on Gita Jayanti & 725th Sant Gyaneshwar Sanjivan Samadhi Sohala	Dr. Smita Hotey Dr. Alka Indapawar	90
25/04/2022	Class Room Seminar & Drama presentation of The Abhijnanshakuntalm of Kalidas	—	45

**Roshani H. Gafane**  
In-charge Dept. of Sanskrit



## Department of Economics



1. Students – Teacher Ratio –2021  
2022 - 6:292
2. Publication in year 2021-2022 Title of  
Paper, Journal/ Conference  
Proceeding, Year.

Name : Dr. Swarnalata B. Warke

		Title of Paper & Date	International	National	Other	ISSN/ISBN
1.	UGC Care Listed	Problems Faced by Agricultural Landless Laborers in Chandrapur District, Maharashtra: A States Analysis	UGC Care Listed	-	2021-2022	ISSN NO 0005-8807
2.	Peer Review Journal (2nd Author)	A Study on Cooperative Bank in Nagpur (Maharashtra) with Special reference to Lending Practice	-	National	2021-2022	In Process

Name – Mr. Pankaj D. Mandape

		Title of Paper & Date	International	National	Other	ISSN/ISBN
1.	UGC Care Listed (1st Author)	Problems Faced by Agricultural Landless Laborers in Chandrapur District, Maharashtra: A States Analysis	UGC Care Listed (1st Author) International		2022 2021-	ISSN NO 0005 - 8807
2.	UGC Care Listed (2nd Author)	Impact of Terrorism on Indian Capital Market: An Empirical Study 2015 - 2021	UGC Care Listed (1st Author) International -		2021-2022	ISSN NO : 0005 - 8807
3.	Peer Review Journal (1st Author)	A Study on Cooperative Bank in Nagpur (Maharashtra) with Special reference to Lending Practice		National	2021 2022	In Process



Name – Mis. Madhuri Botare

	Title of Paper & Date	International	National	Other	ISSN/ISBN
1. Peer Review Journals (whether UGC Notified )	BhagvanBudhha ani TyancheArthik Tatvdnyan	Perspectives (A National Interdisciplinary Annual Research Journal	National	-	ISSN No. 2249 - 5134

Students – Ph.D. awardee/other awards Title of Thesis, Guide, Year, Date of Notification by University.

Sr. No.	Name of Faculty Students	Title of Thesis	Faculty as Supervisor	Awarded/ Submitted	Notification year/ Research Centre
	Mahendra Kailash Sonwane	Pune JilyatilNagrisahkaribankeshaarthi kkaryashmatechekarjvatap v karjvasulisambandhitsamsyanche adhyan (2004 - 2014)	Dr. Kishor Dhoté	Awarded	2021
	Manmohan Ramteke	Economics study of agriculture business of Nagpur (2003 - 2013)	Dr. Kishor Dhoté	Awarded	2021
	Swapna Khuran	Study of sustainable performance and growth in real estate sector with spetial reference to Mumbai sub urbans (2001 - 2012)	Dr. K. Dhoté	Ongoing	
	Gopal Bhise	Impact of Covid - 19 on workers of production, manufacturing, construction and related service sector.	Dr. K. Dhoté	Ongoing	
	Kiran Pethe	Nagpur Shaharatil Bal Shramikanchya Samsya: Ek Arthikva Samajik Adhyayan	Dr. S.B.Warke	Submitted	
	Vilas B. Kambale	Wardha Jilyatil Alpabhudharak Shetkaryanchya Arthik Samshyancha Abhyas	Dr. S.B.Warke	Ongoing	
	Pankaj Mandape	चंद्रपूर जिल्ह्यातील आर्थिक व सामाजिक स्थितीचे अध्ययन	Dr. S.B.Warke	Ongoing	

Details of Student enrichment programs (Guest lecture / Virtual lectures/Workshops/Students Seminar/ field visits/ educational excursion/others

Date	Students Seminar/Workshop/ Guest lecture/Activity	Resource Person	Beneficiaries
25/12/2021	Essay Competition	Khajgikaran ani Rojgar Nirmitti	38
16/03/2022	Guest Lecture	Arthik Pahani Ahval ani Varshik Andajpark - 2022	180



24/03/2022	Quiz Competitio	MCQ based (General Economy)	62
23/04/2022	Class Room Seminar	Students Benefits for UG & PG Students of Economics.	56
25/04/2022	Power Point Presentation	Based on Economics Activity	32



**Dr. Swarnalata Warke**  
Head, Dept. of Economics



## Department of History



1. Students – Teacher Ratio – ( 2021-2022)  
202 Students / 01 Teacher

01. Details of Student enrichment programs (Guest lecture / Virtual lectures/Workshops/  
Students Seminar/ field visits/ educational excursion/others

Date	Students Seminar/Workshop/ Guest lecture/Activity	Resource Person	Beneficiaries
23th March 2022	PPT Competition	Principal of DNC National College , Dr. J. D Wadate, ,and Head of the Department of Sociology Prof. S. S. Gharawar was present as the Chief Guest.The examiners were Dr. Sangeeta Jeevankar, Senior, Commerce	For B.A.- I & B. Com.- I & Mass Communication Students (120)
13th April 2022	Classroom Seminar	Dr. Bharti Khapekar, HOD Marathi Dept.	For B.A. -I, II, III Students.

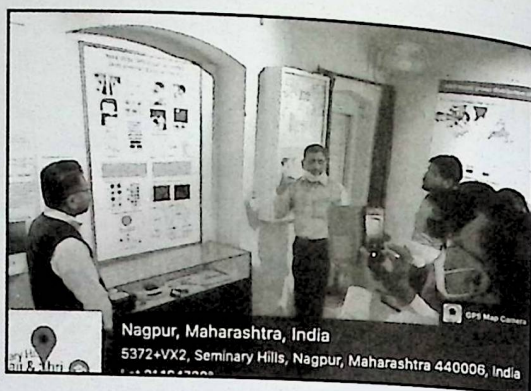
**Dr Amol Laxmanrao Dhoble**  
Assit. Professor,  
Incharg, Dept. of History



## Department of Sociology

1. Students Teacher Ratio-2021-22 –  
1:166

18. Participation in Institutional Social  
Responsibility (ISR) & Extension activities,  
NSS, NCC, Women Cell,



Date	Activity	Resource Person	Beneficiaries
1) 21.2.2022	Field Visit to	Officer & Instructor	Students of B.A. B.Com., & Cadet
2) 2.10.2020	Swacha Bharat Abhiyan & Lecture	Station Master	Cadets

**Mr. S. S. Gaharwar**  
Head, Dept. of Sociology



## Department of Political Science



1. Students – Teacher Ratio - 2021-22 - 1:174
2. Publications Title of Paper, Journal/Conference Proceeding, Year.

Date	Activity	Resource Person	Beneficiaries
1) 21.2.2022	Field Visit to	Officer & Instructor	Students of B.A. B.Com., & Cadet
2) 2.10.2020	Swatcha Bharat Abhiyan & Lecture	Station Master	Cadets

**Dr. M. S. Uprikar**  
Incharge, Dept. of Political Science



## Department of Geography



1. Students Teacher Ratio-2021-2022  
UG:-93:2

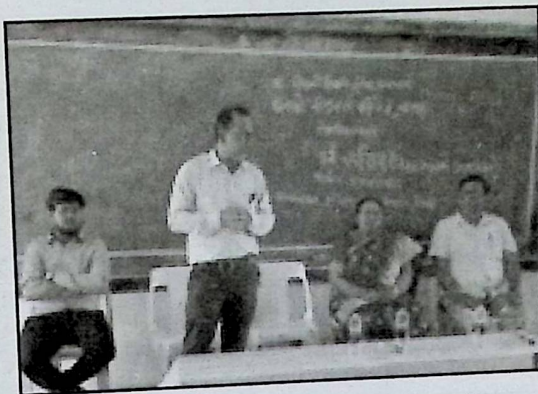
01. Details of Student enrichment programs (Guest lecture / Virtual lectures/Workshops/ Students Seminar/ field visits/ educational excursion/others

Date	Students Seminar/Workshop/ Guest lecture/Activity	Resource Person	Beneficiaries
21 Dec 2021	Poster Competition	Dr. Bharti Khapekar Pro. S. Gaharwar Dr. Sangeeta Jiwankar	Students (no.of student -19 )
3 Feb 202	Geography Day and Guest Lecture (Online)	Dr. Kalpana Deshmukh Dr. Savan Deshmukh Dr. Megha Sawarkar	Students (no.of student -38)
19 July 2022	Invited to felicitation of Meritorious Students From 10 & 12 Standard	Dr. Vaishali Dhabekar Dhanwate National College Ngp.	Students (no.of student -97)

**Dr. Vaishali Dhabekar**  
Incharge, Dept. of Geography



## Department of Philosophy



8. Students Teacher Ratio – 50:01 (2021-2022)

Details of Student enrichment programs (Guest lecture / Virtual lectures/Workshops/  
Students Seminar/ field visits/ educational excursion/others

Date	Students Seminar/workshop/ Guest lecture/Activity	Resource Person	Beneficiaries
21th Feb 2022	Field visit to Anthropological Museum	Dr. Sudarshan Vaidya, Head of the Anthro- pological Museum	29
11th April 2022	Media Presentation ज्ञानगंगेचा भगीरथ डॉ. पंजाबराव देशमुख जीवन चरीत्र	Dr. Bharti Khapekar, HOD Dept. of Marathi Chairperson of the program	141
13 April 2022	Classroom Seminar	Dr. Bharti Khapekar, HOD Dept. of Marathi	19

**Mr. Nikhil Pakhode**  
Incharge, Dept. of Philosophy



## Department of Computer



1. Students Teacher Rati 2021-2022 : 1 :41

UG 1:3 PG

2 Publications

	International	National / Webinar/ Certification	Other	Page No. / Nos
Dr. Nilesh. Ashok. Mhatre		<p>लोकनेते डॉ. बाळासाहेब विखे पाटिल पद्मभूषण उपाधीने सन्मानित प्रवरा ग्रामीण शिक्षण संस्थेचे, कला वाणिज्य व विज्ञान महाविद्यालय अळकू, ता. पारनेर जि. अहमदनगर सावित्रीबाई फुले पुणे विद्यापिठ, पुणे संचालित मराठी विभाग यांच्या संयुक्त विद्यमाने आयोजित विद्यापिठ स्तरीय एक दिवसीय ई. राष्ट्रिय कार्यशाळा भाषा कौशल्य व विकास आणि आधुनिक मराठी साहित्य प्रकार प्रवास वर्णन</p> <p>2) R. S. Mundale Dharampeth Arts And Commerce College Nagpur.rajkumar Kewalramani Nagpur, Mahila Mahavidyalayt Nagpur, Orgnised By Tow Day Online National Seminaron Research Methdology In English Studies 30&amp;31 /7/2021.</p> <p>3) Prema College of Commerce participated in the Two-day Online Multidisciplinary National Conference on 'Adding New Dimensions to Higher Education In The Light of New Education Policy' organized by the college on 25 th and 26 th June 2021.</p> <p>4) Dr. Ambedkar College, Deekshabhoomi, Nagpur Participated in One Day National Webinar on "My Mental Health,</p>		



		<p>My Responsibility" organized by Department of Psychology in collaboration with Roots Foundation for Behavioral Science, Nagpur held on Saturday, July 31st, 2021.</p> <p>5) Kala Mahavidyalaya Malkapur, Akola participated in the One Day International Interdisciplinary E-Conference On "Benefits of Life Values in Contemporary Social System" On 30th September 2021</p> <p>6) Online Faculty Development Programme (fdp) On AI &amp; Machine Learning for Computer Vision Applications (3 th -12 December, 2021) Organized by E &amp; ICT Academy, National Institute of Technology, Warangal. in association with Department of ECE, Shri Ramdev baba College of Engineering and Management, Nagpur (Autonomous), Nagpur</p>		
Dr. Mrs. Shamli Pande				
Mr. M. V. Jagtap		R. S. Mundle Dharampeth Arts And Commerce College Nagpur Organised Awareness Programme On Swayam And Mooc 3/3/2022		
Mr. Shailesh Anwane	-	Prerna College of Commerce participated in the Two-day Online Multidisciplinary National Conference on 'Adding New Dimensions to Higher Education In The Light of New Education Policy' organized by the college on 25 th and 26 th June 2021	-	
Mrs. Ranu. Agrawal-		1) Prerna College of Commerce participated in the Two-day Online Multidisciplinary National		



		<p>Conference on 'Adding New Dimensions to Higher Education In The Light of New Education Policy' organized by the college on 25 th and 26 th June 2021</p> <p>2) Kamla Nehru College, Nagpur "online Teaching And Learning Method" 9/06/2021</p> <p>3) R. S. Mundle Dharampeth National Seminar "intellectual Property Rights" 15/07/2021</p> <p>4) Kamla Nehru College, Nagpur National Online Fdp On "ict Tools For Effective Teaching Learning" 8- 10/6/2021</p>		
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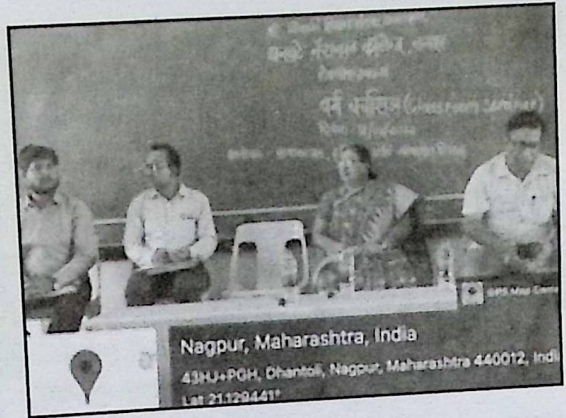
1. Details of Student enrichment programs (special lectures/ Workshops/Seminar/ other activities) with external experts.
- ? Activity-1 All Type Of Competition 2021-2022
- ? Activity-2 E-Aaramb 28-03-2021 To 31-03-2022
- ? Activity 3:-Online PowerPoint presentation competition dated 28/03/2022
- ? Activity:-4 Rangoli Competition 29/3/2022
- ? Activity- 5 Brain Box Quiz 30/03/2022
- ? Activity:-6 Antakshari
- ? Activity :-7 Food Fest 31/03/2022
- ? Activity:- 8 Skill Development Program by ICICI Academy for Skills

**Dr. Nilesh Mhatre**  
Incharge, Dept. of Computer Application



## Department of History

- 1. Students Teacher Ratio – ( 2021- 2022)
- 202 Students / 01 Teacher
- 2 Publications



### Activity 1

**PPT Competition** Date of the Activity 23th March 2022 Organized by Dr. Amol L. Dhoble Head, Dept. of History, Dhanate National College, Nagpur

**Objective** The purpose of this competition was to provide information to the students about the historical events, the underlying causes, features, their historical significance and to enhance the analytical ability of the students.

**Brief Report PPT Presentation Competition** was organized by History Department on 23rd March 2022 at 10 am at Dhanate National College. The Chairperson of the Competition was the Principal of Dhanate National College, Dr. J. D. Wadate, and Head of the Department of Sociology Prof. S. S. Gharawar was present as the Chief Guest. The examiners were Dr. Sangeeta Jeevankar, Senior, Commerce Department, Dr. Bipasha Ghoshal, Head, Department of English, Dr. Swarnalatha Warke, Head, Department of Economics, and Dr. Padmini Gosekar, Department of Marathi.

17 students from various disciplines participated in this competition. The students presented their PPT in English, Marathi, Hindi. The first prize went to Aishwarya Sakat, the second to Prachi Kharkate and the third to Bhupesh Lakde.

### Activity 2 Classroom Seminar Date of the Activity 13 April 2022

**Objective** The purpose of this seminar is to strengthen the knowledge of the students about the areas they have studied in the curriculum, increase their self-confidence, improve their academic progress and develop their personality.

**Brief Report** A class seminar was organized at Dhanate National College on 13/04/22 at 9 am in Room No. 10 under the joint educational program of the Department of History, Sociology and Philosophy. The seminar was chaired by Dr. Senior Professor of the College. Bharti Khapekar. The introductory speech of this class was made by Prof. Dr. Amol Dhoble. The event was attended by 17 history students. The keynote address was delivered by Dr. Bharti Khapekar. The program was moderated by Abhay Uike, a student of BA Part 1 and the vote of thanks was taken by Prateek Pimpalshende, a student of BA. The seminar was attended by a large number of students from history, sociology and philosophy.

**Dr. Amol L. Dhoble**  
Incharg Dept. of History,  
Dhanate National College, Nagpur

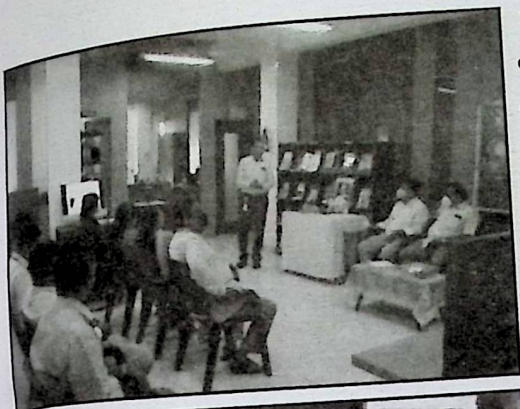


## Library Report 2021-2022



Sr. No.	Name of Activity	Date & Venue	No of Participants	Outcome
1	Reading Day Mission Make India Read By Amrut Deshmukh	19 June 2021	Online mode ZOOM Platform 100 / You tube	To Improve the student's interest about the reading
2	Rangnathan Day	12 August 2021	Staff members and students	To know the new arrival books in Library.
3	Dr. A. P. J. Kalam Jayantil (Wachan Prerana Diwas)	15 October 2021	Staff members and students	Students motivate to improve their reading skill.
4	Students Orientation Programme	4 Dec. 2021	Online and Off - Line Mode	To aware the first year students about the library
5	Webinar "Swayam & MOOC Course	17 Dec. 2021	Online and Off - Line Mode	know more information about MOOC & SWAYAM
6	Organised Book Exhibition	23 Dec. 2021	Staff members and students	Book selection process is easy,
7	Best Library User Award	27 Dec. 2021	Staff members and students	Motivation for library uses.
8	Digital Display Board Inauguration Programme	14 April 2022	Staff members and students	To know about the services and facilities of the library.
9	Organised Book Exhibition in Mai Marathi Sahitya Sammelan	17/4/2022 - 18/04/2022	All the stakeholders of the sahitya sammelan 400	To explore the Marathi Sahitya at a single platform.
10	DELNET Orientation Programme	19 April 2022	Online mode Staff members and students	To know more about the DELNET resources.





### Services provided by the library

- On -Demand reference service.
- E-content of the syllabus
- E-content of the Question papers

### Book Bank Facility for Students.

- Special Book Deposit Scheme for Students/
- Circulation Service
- Clipping Service
- Bibliographic Compilation
- Inter Library Loan Facility
- Reference service
- Reprography facility
- Printing facility
- Scanning Facility
- Previous Question Papers and Syllabus in the Library.
- Suggestion Box
- Our Reading Room

**Dr. Vaishali Wadnerkar**

Librarian

Dhanwate National College, Nagpur



# NCC Report 2021-2022

## SPECIAL ACTIVITIES WITH OBJECTIVES

### Activity 01

**Online Yoga Training Camp** DATE OF THE ACTIVITY 11th to 20th June 2021 ORAGANIZED BY Lt. Dr. Subhash S. Dadhe, NCC Unit, DNC Nagpur.

**OBJECTIVE** The objective of this activities is to improve mental and physical health of Cadets with the help of meditation technique.

**BRIEF REPORT** NCC Unit has organized online yoga training Camp with the help of online Zoom Meeting. The ID is 886 5548, and Passcode is YOGA, 1860/us02web.zoom.us/j/88655481860?pwd=R2VD T2FUMkZuQjhORkk2VTN4VTBGdz09 : yoga Camp from 11th to 20th June 2021. 25 Cadets have participated in Yoga Training Programme, for Preparation of International yoga day. Lt. Dr. S.S. Dadhe guided them.

**OUTCOME** At the end of this activities is to improve mental and physical health and to Prepare for International yoga day.

### Activity 02

**International Yoga Day** DATE OF THE ACTIVITY 21st June 2021 ORAGANIZED BY Jointly organize by Sport Dept. and NCC Unit, DNC Nagpur.

**OBJECTIVE** To raise awareness regarding benefits of practicing yoga.

**BRIEF REPORT** 50 participated this programme, including The chief Guest were Mr. and Mrs. Kothari, Dr. Surendra Jichakar, Principal DNC, delivered training by Mr. Rohit Kothari & Ms. Kothari Dr. Lt Subhash Dadhe, Dr. Devendra Wankhade, Mrs. Vandana Ingle, Mr. Jayant Jichkar Prof. S.S. Gaharwar, NCC Cadets, NSS Students, Teaching and Non-teaching Staff were Present.

**OUTCOME** Yoga is purely scinetific activity away from religion and cast. It is important for national itigration. So lot of participant have appriciated this activity.



### Activity 03

**Celebration of Kargil Vijay Divas** DATE OF THE ACTIVITY 26th July 2021 ORAGANIZED BY Jointly organize by NCC Unit, and Sakal News Yin club Nagpur.

**OBJECTIVE** The objective of the celebration was to spread the message that it is evry citizen is deeply releted with each other specially family members of the martyrs who laid down their lives for the country.

**BRIEF REPORT** NCC Unit, DNC and Sakal News yin club Nagpur, had Celebrate Kargil Vijay Divas on 26th July 2021. The chief Guest of this programme was Mr. Sandesh Singlakar, Ex Air force officer who had actively participated in kargil war. He shard his experience during kargil war, another guest of Honour was Mr. Sandeep Bharambe, Executive editor Sakal New paper and Programme Coordinator Lt. Dr. Subhash Dadhe, and Mr. Shukla YIN Coordinator, Prof. S.S. Gaharwar, college Staff along with 80 NCC Cadets and NSS Student were Present. the programme was presided by Dr. Surendra Jichakar, Principal of the college.

**OUTCOME** This programme has developed lot of awareness among the students and cadets of the society. Nearly six hundred students and cadets were present.

### Activity 04

**Guard mounting to the freedom fighter, on the occasion of August Kranti Diwas.** DATE OF THE ACTIVITY 9-Aug-21 ORAGANIZED BY Jointly organize by NCC Unit, and Gandhi Vichar Manch, Nagpur



**OBJECTIVE** The objective was to remember the sacrifices of the martyrs who laid down their lives for the country.

**BRIEF REPORT** NCC Unit Dhanwate National College, Gave the Guard mounting to the freedom fighter Ms Lila Chitale, Mr. Yadavrao Devgade on 09 August 2021, In this programme chief Guest Ex MLA Ashish Deshmukh Key guides of this programme Mr. Sandesh Singlakar, Ex Air force officer, President of the program Col. Amod Chandna, C.O. 20 Mah.Bn NCC, Lt. Dr. Subhash Dadhe, along with 12 NCC Cadets were Present.

**OUTCOME** The people of the society gathers in large number to pay homage to the Heroes of freedom movement. They came to know about their contribution and sacrifice.

#### Activity 05

**Conducted Rank Distribution Programme**  
DATE OF THE ACTIVITY 14 th August 2021  
ORGANIZED BY NCC Unit, DNC Nagpur

**OBJECTIVE** The greater the rank comes greater responsibility,

**BRIEF REPORT** NCC Unit, has Organised NCC Rank Distribution Programme on 14th August 2021. The chief Guest was Dr. Surendra Jichakar, Principal DNC, Miss Kamdi, Lt. Dr. Subhash Dadhe and Mr. Shukla YIN Coordinator, Prof. S.S. Gaharwar, college Staff along with 80 NCC Cadets and NSS Student were Present.

**OUTCOME** Ranks will feel all the burden on their shoulder, These are the pillars of NCC where you have to face all the challenges, shouting from senior, praises etc...

#### Activity 06

**Collection of Rakhi for Raksha Bandhan at College** DATE OF THE ACTIVITY 14th December 2020 ORGANIZED BY NCC Unit, DNC Nagpur.

**OBJECTIVE** The objective behind celebrating 'Raksha Bandhan' was making the Students aware about the virtuous bond of love between a brother and a sister which is one of the deepest and noblest of all human emotions.

**BRIEF REPORT** NCC Unit has Collection of Rakhi

for Raksha Bandhan at College on 14th December 2020 In this programme Principal Dr. Surendra Jichakar, Lt. Subhash Dadhe, Ms. kamadi, Ms. Mendhe, Dr. Meghe Mr. Jayant Jichar Prof. S.S. Gaharwar, P.I. Staff of Unit, along with 80 NCC Cadets and Student were Present

**OUTCOME** Raksha Bandhan is one of the most enjoyable festivals. It support the brother and sister to strengthen their bond. Nowadays, even sisters who do not have brothers celebrate Raksha Bandhan with their relatives. The essence of the festival remains the same nonetheless.

#### Activity 07

##### Celebration of Independence Day

DATE OF THE ACTIVITY 15th August 2021  
ORGANIZED BY NCC Unit, DNC Nagpur

**OBJECTIVE** To honour the Constitution of independent India. One must feel proud of our nation To remember this hard earn freedom.

**BRIEF REPORT** On 15th August, on the occasion of Independence Day Hon. Principal of the college, gave oath of NCC to the cadets and deliver his view, Lt. Subhash Dadhe and cadets gave guard of honour to the National Flag. In this programme Dr. Devendra Wankhade, Mrs Vandana Ingle, Mr. Jayant Jichar Prof. S. S. Gaharwar, P. I. Staff of Unit, along with 80 NCC Cadets and Student as well as teaching and nonteaching staff were Present.

**OUTCOME** All the Teaching and Non Teaching Staff Along with 645 student were benefited by the programme and they feel sense of proud among their freedom fighters

#### Activity 08

**Organize Blood Donation camp** DATE OF THE ACTIVITY 15 th August 2021 ORGANIZED BY Jointly organised NCC Unit, and NSS, DNC Nagpur.

**OBJECTIVE** To motivate people to donate blood and social works. Blood is life. In order to strengthen society and nation from within it is necessary

**BRIEF REPORT** 22 Cadets of NCC and 15 NSS volunteers of the (DNC), 20 Mah Bn NCC, Nagpur donated at a Blood Donation Camp on the occasion of Shivaji Maharaj Jayanti, in the presence of Col Sanjay



Kadam, Adm Officer of 20 Mah NCC Bn, Dr. Surendra Jichakar, Principal, and other NCC ANOs/Instructors. The camp was organised in association with Jiwan Jyoti blood bank.

**OUTCOME** The donors showed positive effects like a sense of satisfaction after the donation. The staff, Cadets and students of the college were present. Nearly 625 students were present.

#### Activity 09

**Organized Tree Plantation Programme** DATE OF THE ACTIVITY 16th Aug. 2021 ORGANIZED BY NCC Unit, DNC Nagpur.

**OBJECTIVE** The Objective of this activities: Trees are always helpful to society for controlling pollution. It is always beneficial for green campus concept

**BRIEF REPORT** On 16th Aug. 2021 Unit has organized Tree plantation programme at college campus Principal Dr. Jayant Jichkar, Lt. Dr. Subhash Dadhe, Dr. Raju Gosavi, Prof. S.S. Gaharwar, Dr. Vandana Ingale and 15 Girls Cadets and 20 Boys Cadets have Participated in this Programme.

**OUTCOME** The message was spread to the society, Trees greatly benefit the people living around them by having a positive impact on mental health and wellbeing, reducing stress and encouraging outdoor exercise. This is in addition to the benefits they will receive from an improved environmental quality and improved amenity which comes with planted areas.

#### Activity 10

**Celebration of Raksha Bandhan At G.R.C.** DATE OF THE ACTIVITY 22-Aug-21 ORGANIZED BY NCC Unit, DNC Nagpur.

**OBJECTIVE** The Rakhi thread is considered as sacred because it reminds of the promise a brother makes to her sister that he will protect her until death. On the occasion, sisters pray for the good health and well being of their brothers and in lieu get gifts from their brother.

**BRIEF REPORT** On 14th to 17th Aug. 2021, NCC Unit has Collected Rakhies on the inspiration of Hon'ble Dr. S. R. Jichakar, and Lt. Dr. Subhash Dadhe, and celebrate Raksha Bandhan at Guard Regiment kampftee and Tie Rakhi to Guard

regiment officers. On this occasion Col. Amod Chandna C.O. 20 Mah Bn, Lt. Dr. Subhash Dadhe kampftee, 10 NCC Cadets were present at Guard Regiment kampftee

**OUTCOME** This activity is to improve goodwill and healthy bonding between soldiers and students.

#### Activity 11

**Organised Cleanliness drive at Ajni railway station** DATE OF THE ACTIVITY 29-Sep-21 ORGANIZED BY Jointly organised NCC Unit, and NSS, DNC Nagpur.

**OBJECTIVE** The Objective of this activities to send the message of Public and aware the importance of Cleanliness of Surrounding area

**BRIEF REPORT** On 29th Sept. 2021, Unit has organized Cleanliness Drive at Ajni Rly Station, and Station was cleaned by cadets. Station master Madhuri Choudhari with also present Lt. Dr. Subhash Dadhe, Prof. S.S. Gaharwar, Dr. Vandana Ingale and 15 Girls Cadets and 20 Boys Cadets have Participated in this Programme. Approximately 553 students were present.

**OUTCOME** 500 Students of cadet were came to know about various diseases caused by Dirty atmosphere

#### Activity 12

##### Vaccination Drive

DATE OF THE ACTIVITY 1-Nov-21 ORGANIZED BY Jointly organised NCC Unit, NSS and Jr College, DNC Nagpur.

**OBJECTIVE** To make the cadet, student and society aware of the covid-19 Vaccination.

**BRIEF REPORT** NCC Unit, NSS and Jr College, DNC Nagpur. has jointly organized Vaccination Drive camp on 01 Nov. 2021 in Room No. 03 Total 40 Cadet were Participated. Prin. Dr. Surendra Jichkar, Lt. Subhash Dadhe, Dr. Kulbhushan Meghe IQAC Coordinator, Dr. Vandana Meshram, Prof. S.S. Gaharwar, Dr. D.C. Wankhade, Dr. Waghale, Dr. Dhote, Dr. Rajiv Gosavi, Mr. Jayant Jichakar, Mr. Nitin Karale HOD Mass. Communication were Present and NMC Medical staff were present.

**OUTCOME** To make the cadet, student and society aware of the covid-19 and importance of Vaccination for protection of everybody.



### Activity 13

**Celebration of Constitution day** DATE OF THE ACTIVITY 26-Nov-21 ORAGANIZED BY Jointly organised NCC Unit, and NSS, DNC Nagpur.

**OBJECTIVE** To become aware of importance of constitution, its history & importance.

**BRIEF REPORT** NCC Unit, NSS and Jr College, DNC Nagpur. has jointly Celebration of Constitution day on 26 Nov. 2021 at Basketball ground Total 40 Cadet and 50 NSS and Sports students were Participed. Prin. Dr.Surendra Jichkar, Lt. Subhash Dadhe, Dr. Kulbhushan Meghe IQAC Coordinator, Dr. Jiwankar mam, Dr. Khadase mam, Prof. Gaharwar, Dr. Rajiv Gosavi, Mr. Jayant Jichakar, Mr. Nitin Karale HOD Mass. Communication were Present.

**OUTCOME** Constitution Day is also known as the 'Samvidhan Divas'. The Constitution of India is the longest written constitution of any sovereign country in the world. It also outcome to create awareness of Fundamental Duties as enshrined in the Constitution.

### Activity 14

**Paid homage to late CDS Gen. Bipin Rawat** DATE OF THE ACTIVITY 10-Dec-21 ORAGANIZED BY Jointly organised NCC Unit, and NSS, DNC Nagpur.

**OBJECTIVE** homage and respects to his departed soul by remembering him perpetually. His life partner Madhulika Rawat, also is paid highest final homage for standing with her husband even at the time of her husband's tragic end in the cruel air Equally

**BRIEF REPORT** NCC Unit, DNC Nagpur Paid homage to late CDS Gen. Bipin Rawat on 10 Dec. 2021 at Basketball ground Total 60 Cadet were Participed. Prin. Dr.Surendra Jichkar, Lt. Subhash Dadhe, With tragic death of the Chief of Defense Staff (CDS) General Bipin Rawat, his wife Madhulika Rawat, and 11 other personnel who were on board IAF's Mi-17V5 chopper after it crashed near Tamil Nadu's, Coonoor on Wednesday, India has lost a great strategic warrior of Indian security set-up. On 8 December 2021,

**OUTCOME** Homage was essentially the acknowledgment of the bond of tenure that existed between the two. It consisted of the vassal surrendering himself to the lord,

### Activity 15

**Organised Various Competition for Cadets** DATE OF THE ACTIVITY 27th December 2021 ORAGANIZED BY NCC Unit, Nagpur

**OBJECTIVE** To create a feeling of pride and achievement, To motivate the students for future progress, To recognize and reward the contribution of meritorious students. To increase the confidence and encourage the students to do well in future

**BRIEF REPORT** NCC Unit has organized various Competitions for NCC Cadets like Drill, Word of Command, and Overall performance etc, On 24-26th Dec. 2021 and falcited winner cadets on Dt.27th Dec. The award was given by Prin. Dr.Surendra Jichkar, in this programme Lt. Subhash Dadhe, Ms. kamadi, Ms. Mendhe, Dr. Kulbhushan Meghe IQAC Coordinator, Dr. Jiwankar mam, Dr. Khadase mam, Prof. Gaharwar, Dr. Rajiv Gosavi, Mr. Jayant Jichakar, Mr. Nitin Karale HOD Mass. Communication were Present.

**OUTCOME** The outcome of competitions in nurturing talent and promoting good will and understanding between students of different years.

### Activity 16

**Organize Annual Training Camp 2021 at Dhanwate National College** DATE OF THE ACTIVITY 04h-10th January 2022 ORAGANIZED BY NCC Unit, DNC Nagpur and 20 Mah. Bn. NCC Unit

**OBJECTIVE** Organize Annual Training Camp. For cadets convenient Organize Annual Training Camp. For cadets convenient First time in the history of college

**BRIEF REPORT** 20 Mah. Bn. NCC Unit has organize Annual Training Camp 2021 on 15th - 16th February 2021 at Dhanwate National College. Total 220 cadets,. 02 officers, 04 ANO'S, 05 JCO's, 10 PI Staff and 4 person from Clerical Staff were Present. Group Captain M Kalim, NCC Nagpur Group Commander inspected between Camp

**OUTCOME** Cadets learnt about drill weapon training, map Reading, lecture on leadership, Tips on



SSB interview and save Time, Money of the cadets and 20 Mah. Bn.

#### Activity 17

**Organize Yoga session during Annual Training Camp** DATE OF THE ACTIVITY 05th January 2022  
ORAGANIZED BY NCC Unit, DNC Nagpur and 20 Mah. Bn. NCC Unit

**OBJECTIVE** to improve mental and physical health of Cadets with the help of peace and concentration during Annual Training Camp.

**BRIEF REPORT** on 05th January 22 20 Mah. Bn. NCC Unit has organize Yoga session during Annual Training Camp in present of Col. Amod Chandra C.O 20 Mah. Bn NCC Unit, Total 200 cadets, 02 officers, 04 ANO'S, 05 JCO's, 10 PI Staff and 4 person from Clerical Staff were Present. Miss. Agrawal mam gauded us

**OUTCOME** This activity may also enhance our physical health and prevent or cure some health issues, as well as our mental health, by providing us with peace of mind.

#### Activity 18

Guest lecture on National voter day DATE OF THE ACTIVITY 25 - Jan-22 ORAGANIZED BY Jointly organised NCC Unit, and NSS, DNC Nagpur.

**OBJECTIVE** To aware the student, cadet and people regarding importance of right to vote & its value

**BRIEF REPORT** NCC Unit and NSS has jointly organized Geust Lecture on 25th Jan. 2022, Mr. Atul Londe was Chife Geust of this programme at Audio-visual Lab. and speak about importance of National voter day celebration and role of vater. In this Programme Officiating Principal Dr. Bharati Khapekar, Dr. Rajiv Gosavi, Prof. S.S. Gaharwar, Dr. Kulbhushan Meghe Bhelkar, Lt. Subhash Dadhe, Dr. Vandana Ingale, Dr. Pravin Ghosekar, 80 NCC Cadets and Student along with benefited approx 450 people.

**OUTCOME** Students and cadet awared voter Right and Duties.

#### Activity 19

**Celebration of Republic Day** DATE OF THE

ACTIVITY 26-Jan-22 ORAGANIZED BY NCC Unit, DNC Nagpur

**OBJECTIVE** To honour the Constitution of independent India. One must feel proud of our nation To remember this hard earn freedom. On 15th August,

**BRIEF REPORT** On 26th January 2022, on the occasion of Republic Day Hon. officiating Principal Dr. Bharati Khapekar of the college, gave oath of NCC to the cadets, Lt. Subhash Dadhe and cadets gave guard of honour to the National Flag, Principal Inspected parade, NCC Cadets gave the guard of honor to National flag. College Staff along with 80 NCC Cadets and NSS Student and Approx 155 people were Present.

**OUTCOME** One must feel proud of our nation, to remember this hard earn freedom. On this occasion

#### Activity 20

**In Celebration of Azadi ka Amrut Mahotsava Perform Suryanamaskar** DATE OF THE ACTIVITY 3 to 08 February 2022 ORAGANIZED BY Jointly organised Dept of Physical Education and NCC Unit, DNC Nagpur.

**OBJECTIVE** The objective of this activity for mental and physical health and overall improvement of society.

**BRIEF REPORT** Azadi ka Amrut Mahotsava Perform Suryanamskaron from 3 to 08 February 2022, 7.00 a.m. at Basketball Ground. Chief guest of function was Dr. Surendra Jichakar, Principal of College and delivered training by Dr. Devendra Wankhade and Dr. Subhash Dadhe Dr. Bharati Khapekar, College staff and all Participant Players were Present.

**OUTCOME** Suryanamskar is scientific way and it cost nothing to nation and individual. 70 participants in this programme including Students, Teaching and Non-teaching Staff were benefited.

#### Activity 21

**Organize NCC cadets visit at GPO** DATE OF THE ACTIVITY 19 Feb 2022 ORAGANIZED BY NCC Unit, of College and 20 Mah. Bn. NCC Unit.

**OBJECTIVE** The Objective of this activity to collect information and function of GPO works.

**BRIEF REPORT** NCC cadets visit at GPO on 19 th Feb on the guidance of Col. Amod chanda, C.O. 20 Mah bn and get the lot of information of GPO, 25 Cadets cited



this place

**OUTCOME** To collect information and understanding the function of GPO.

### Activity 21

**Felicitation of RD Parade Cadets and Guard of honour** DATE OF THE ACTIVITY 20-Feb-22  
ORGANIZED BY Jointly organised by the NCC Golden Group

**OBJECTIVE** To honour the deservings person who participated in RDC Delhi and to Motivate other cadets

**BRIEF REPORT** Dhanwate National College and NCC Golden Group jointly felicitate our RD 2022 cadets of Nagpur on Sunday 20/02/2022 at 10.00 am in Smt. Vimalabai Deshmukh memorial hall, DNC College. Following dignitaries were Present for this program. Dr. Subhash Choudhary, Vice Chancellor RTMNU and Shri Prashant Jambhulkar, DIG, CRPF was Chief Guest. Dr. Jayant Wadte, Principal, DNC was president of this programme and Col Amod Chandana, CO 20 Mah BN, Col Pravin Dabholkar, CO Arty Batt., Col Sawan Taluja, CO Armed, Lt. Col Sumer Singh, CO 3 Girls BN, Col Amit Choudhary, CO 4 BN, Dr. Sharad Suryavanshi, Director, Sport Dept RTMNU, Flt. Lt. Shiwalee Deshpande and Lt Dr. Subhash Dadhe, Ex ANO prof S.S. Gahewar were present

**OUTCOME** To develop extra interest in RDC Camp in the cadets and people of society. Approx 500 people were present

### Activity 22

Participation in rally of the Inter National Women's Day at Ajni Rly Station DATE OF THE ACTIVITY 8-Mar-22 ORGANIZED BY NCC Unit, DNC, Department of Sociology and 20 Mah. Bn. NCC Unit

**OBJECTIVE** To aware Cadets about Inter National Women's

**BRIEF REPORT** On 08th March 2022, Ajni Rly station org. women day rally on the occasion of Inter national women's day at Ajni Rly Station, rally start from Ajni station and finish to Ajni rly station rally flag on Dr. Commissioner of police. Station master Madhuri Choudhari with also present Lt. Dr. Subhash

Dadhe, Prof. S. S. Gaharwar, Dr. Vandana Ingale and 15 Girls Cadets and 20 Boys Cadets have Participated in this Programme. Approximately 553 others student were present.

**OUTCOME** cadets aware about Gender equality is so important to the UN that it's central to the Sustainable Development Goals. And the continued fight for women's rights is marked each year by International Women's Day.

### Activity 23

**Inter National Women's Day** at Dhanwate National College, Nagpur DATE OF THE ACTIVITY 8 - Mar-22 ORGANIZED BY Jointly org. NCC Unit, DNC Nagpur and 20 Mah. Bn. NCC Unit

**OBJECTIVE** To Respect the Women, her identity, Personality in each and every form

**BRIEF REPORT** On 08th March 2022, NCC Unit, DNC Nagpur and 20 Mah. Bn. NCC Unit Jointly Celebrate international women day on the occasion of Inter national women's day at Vimalabai memorial hall, Station master Madhuri Choudhari with also present Lt. Dr. Subhash Dadhe, Prof. S.S. Gaharwar, Dr. Vandana Ingale and 15 Girls Cadets and 20 Boys Cadets have Participated in this Programme. Approximately 553 others student were present.

**OUTCOME** cadets aware about Gender equality is so important to the UN that it's central to the Sustainable Development Goals. And the continued fight for women's rights is marked each year by International Women's Day.

### Activity 24

**Participate in Aero modelling show** DATE OF THE ACTIVITY 27th March 2022 ORGANIZED BY NCC Group Nagpur

**OBJECTIVE** To aware cadets for Aero modelling show and to instil discipline and determination among students to take lead in the field of their interest as well in the field of aeromodelling.

**BRIEF REPORT** NCC Group Nagpur has Organize Aero modeling show for entered nagpur public on date 27th March 2022 to celebrate 'Azadi ka Amrut Mahotsav', an Aeromodelling Show has been organized on March 27 at the Divisional Sports Complex ground in



Mankapur from 7am to 9am. The show feature 20 to 25 models flying apart from various other events. state sports and youth welfare minister Sunil Kedar was chief guest of this programme. Chief guest Sunil Kedar was given a guard of honor by NCC cadets from our college.

**OUTCOME** Cadets awared their interest increased in the field of aeromodelling,

#### Activity 25

**Cleanliness Drive DATE OF THE ACTIVITY**  
25- Apr - 22 ORAGANIZED BY NCC Unit, DNC Nagpur and 20 Mah. Bn. NCC Unit

**OBJECTIVE** The Objective of this activities to send the message of Publice and aware the importance of Cleanness of Surauding area

**BRIEF REPORT** NCC Unit organised cleanliness drive on the ocaion of swachh bharat abhiyan at College on 25 April 2022. In this programme Principal Dr. Jayant Wadate, Lt. Subhash Dadhe, Mr. Jayant Jichar Prof. S.S. Gaharwar, P.I. Staff of Unit, along with 80 NCC Cadets and Student were Present

**OUTCOME** Cadets were came to know about various diseases caused by Dirty atmosphere

#### Activity 26

Nagpur University honours NCC Cadets for

help in drive agiant Covid DATE OF THE ACTIVITY 27 - Apr -22 ORAGANIZED BY Dept of Students Welfare RTMNU Nagpur

**OBJECTIVE** To make the cadet, student and society aware of the covid-19 problem.

**BRIEF REPORT** RTMNU Nagpur honours NCC Cadets for help in drive agiant Covid on dt 27 April at convection hall Dr Sanjay Dudhe, Pro Vice Chacellor, Lt Col Amit Choudhar, CO 4 NCC and Colonel Amod Chandna, CO, 20 Maharashtra Batallion, gave certificates and mementos to the Cadets, Associate NCC Officers (ANOs) and the Ustaads, who had helped the City and State authorities and also raised awareness about Covid -19, With total disregard to their personal safety, They also coordinated distribution of lunch boxes for such needy people and stranded students. Dr Abay Mudgal was intrumental in coordinating the event. in this programme Lt. Dr. Subhash Dadhe and other ANO were present with there cadets.

**OUTCOME** The NCC Cadets learn help to needed person and while doing work strictly follow safety measures like wearing masks while going outdoors and sanitizing when needed. Other information shared by the volunteers



Lt. Subhash S. Dadhe  
(ANO NCC Unit) Dhanwate National College,



# NSS Report 2021-2022

## Activity 1:

### Tree Plantation on the occasion of National Environment Day

Date of the Activity 06/06/2021, Organized by NSS Unit, DNC, Nagpur, Objective "To protect environment" To motivate students to save our environment

Brief Report On the occasion of National Environment Day NSS volunteer planted sapling in the college premises.

Total volunteers (male, Female) and college teaching and non-teaching staff members were present for the tree plantation activity.

Outcome "In this activity, students identify benefits we receive from trees and participate in a tree-planting event.

## Activity 2:

**International Yoga Day** Date of the Activity 21/06/2021 Organized by NSS Unit, DNC, Nagpur Objective "To let students and teacher know the amazing and natural benefits of yoga." To connect students to the nature by practicing yoga. "To make students get used of meditation through yoga." To draw attention of students worldwide towards the holistic benefits of yoga.

Brief Report On the occasion of National Environment Day NSS volunteer planted sapling in the college premises.

Total volunteers (male, Female) and college teaching and non-teaching staff members were present for the tree plantation activity.

Outcome "Yoga can alleviate stress students and teachers feel stress less. "Yoga has helped students and teachers to reduce anxiety.

## Activity 3:

### Tree Plantation on the occasion of National Environment Day

Date of the Activity 14/08/2021 Organized by NSS Unit, DNC, Nagpur Objective "To protect environment" To motivate students to save our environment

Brief Report On the occasion of National Environment Day NSS volunteer planted sapling in



the college premises.

Total volunteers (male, Female) and college teaching and non-teaching staff members were present for the tree plantation activity.

Outcome "In this activity, students identify benefits we receive from trees and participate in a tree-planting event.

## Activity 4:

### Blood Donation Camp

Date of the Activity 14-15 August 2021 Organized by NSS Unit, DNC, Nagpur and Dharampeth Mahila Multistate co-op Society, Devta Life Foundation. Objective "to motivate people to donate blood and social works.

To Provide safe and quality blood and blood components collected from voluntary donors at affordable cost to the general public and free of cost to the poor. "Ensure safety and quality of blood.

Brief Report Total 71 units blood donated including staff members

Total 71 volunteers (male, Female) and college teaching and non-teaching staff members were present in the event.

Outcome "Increased the stock of blood units in blood bank which is needed for optimum functioning of the health-care system. "Students were motivated "Habit of donation were inculcated amongst students.

## Activity 5:

### Sadbhavana Din

Date of the Activity 30/08/2021 Organized by NSS Unit, DNC, Nagpur Objective "To spread the



awareness about the importance of sadbhavana. "To guide students about the technological adv To motivate students about practice of sadbhavana.

Brief Report On the occasion of Sadbhavana Din - Webinar on 'Role Information & Technology in the Pandemic Period' was organized. Dr. Pravin Ghosekar guided Volunteers and staff. During this event volunteers had taken 'Sadbhavana Day Pledge' Total 45 volunteers (male, Female) and college teaching and non-teaching staff members were present during the activity.

Outcome" Volunteers learned about the importance of sadbhavana in their life. " Volunteers get the knowledge about technological development and innovations.

#### Activity 6:

##### Vaccination Drive

Date of the Activity 09/09/2021 Organized by NSS Unit, DNC, Nagpur Objective " To spread the awareness about the vaccination. " To motivate students for vaccination. " To provide in-house facility of vaccination to our students

Brief Report College had organized vaccination camp in collaboration with NMC Nagpur. Total 28 students vaccinated during the camp. Total 28 volunteers ( male, Female) and college teaching and non-teaching staff members were present during the activity.

Outcome " Students learned about the importance of vaccination in their life. " Students were protected against the pandemic.

#### Activity 7

##### स्वच्छता पखवाडा

Date of the Activity 29/09/2021 Organized by NSS Unit, DNC, Nagpur Objective " To spread the importance of cleanliness. "To tune with the National Events "To conduct outreach activity. "To provide the information about health & hygiene to people.

Brief Report College had organized cleanliness drive during the स्वच्छता पखवाडा at Ajni Railway Station Nagpur. The Outreach activity were conducted in collaboration with Ajni Railway Station. Mrs. Madhuri Choudhari (Katkar) were actively involved in the activity and guided volunteers.

Total 45 volunteers (male, Female) and college teaching and non-teaching staff members were present during the activity.

Outcome " Volunteers learned about the importance of cleanliness. " The commuters get the knowledge of importance of health & hygiene in their life.

#### Activity 8

##### आझादी का अमृत महोत्सव स्वच्छ भारत

Date of the Activity 05/10/2021 Organized by NSS Unit, DNC, Nagpur in collaboration with Nehru Yuwa Kendra Objective "To spread the importance of cleanliness. "To tune with the National Events "To conduct outreach activity. "To provide the information about health & hygiene to people.

Brief Report College had organized cleanliness drive in collaboration with Nehru Yuwa Kendra under आझादी का अमृत महोत्सव स्वच्छ भारत banner. Ankita Barsagade and Kalyani Junankar from Nehru Yuwa Kendra along with volunteers of college conducted the activity.

Total volunteers (male, Female) and college teaching and non-teaching staff members were present during the activity.

Outcome " Volunteers learned about the importance of cleanliness. " The volunteers get the knowledge of dangers caused by use of plastics.

#### Activity 9

##### Tribute to Bharat Ratna Lata Mangeshkar

Date of the Activity 09/02/2022 Organized by NSS Unit, DNC, Nagpur Objective To remind students about Bharat Ratna Lata Mangeshkar.

To give tribute to Bharat Ratna Lata Mangeshkar. Brief Report NSS Unit had organized program to offer tribute to Bharat Ratna Lata Mangeshkar on sad demise of Bharat Ratna Lata Mangeshkar.

Total 70 volunteers ( male, Female) and college teaching and non-teaching staff members were present during the activity.

Outcome Volunteers learned about Bharat Ratna Lata Mangeshkar.

The volunteers pays tribute to Bharat Ratna Lata Mangeshkar



### Activity 10

International Science Day / Women's Day Date of the Activity 11/02/2022 Organized by NSS Unit, DNC, Nagpur Objective To propagate the importance of science amongst students To raise awareness about gender equality in all spheres of life

Brief Report NSS Unit had organized program to celebrate International Science Day and Women's Day in collaboration with Nehru Yuva Kendra, Ministry of Youth Affairs and Sports Dr. B.V. Khapekar, Head, Dept of Marathi chaired the program. Dr. R.N. Gosavi, Dr. Swarnalata Warke, Dr. Sangita Jiwankar, Dr. K. D. Meghe Dr. Padmini Durugkar, Prof. Mayuri Tahkre, Dr. Seema Behare were present in the program.

Total 40 volunteers ( male, Female) and college teaching and non-teaching staff members were present during the activity.

Outcome International Women's Day is a global day celebrating the social, economic, cultural and political achievements of women.

The day also marks a call to action for accelerating gender parity.

### Activity 11

Free Computer Training Registration Date of the Activity 17/02/2022 Organized by NSS Unit, DNC, Nagpur Objective To motivate volunteers for computer literacy. To make students aware about importance of computer literacy.

Brief Report NSS Unit had organized registration for Free Computer Training Course P. M. Disha". In collaboration with M/s Atul Online Services. Mr. Atul Rajkumar Fating of B.Com II section D had executed the entire training programme.

Total 40 volunteers (male, Female) were benefitted. Outcome Volunteers learned to operate computer.

Volunteers become computer literate and computer savvy.

### Activity 12

Lecture on विदर्भाची दशा व दिशा Date of the Activity 25/02/2022 Organized by NSS Unit, DNC, Nagpur Objective To gives students a better opportunity to learn about an explicit topic like

condition of Vidarbha.

To make students aware about current condition of Vidarbha region and the future prospects..

Brief Report NSS Unit had organized guest lectures on विदर्भाची दशा व दिशा to provide information about the present condition of Vidarbha region and the future prospects of Vidarbha and opportunities available to the students and people.

Mr. Prakash Pohar, Editor Deshonnati, Mr. Prabhakar Kondbattulwar, Renowed Journalist, Mr. Wamanrao Chatap, Ex. MLA guided students.

Total 300 volunteers (male, Female) were benefitted. Outcome Volunteers get the knowledge of present conditions of Vidarbha region.

Volunteers get some current knowledge of current situation and explored many things from the address of speakers.

### Activity 13

International Women's Day Date of the Activity 07/03/2022 and 08/03/2022 Organized by NSS Unit, DNC, Nagpur Objective To express love and gratitude towards women's' contribution to our lives and society.

To honours the power and struggles of women To raise awareness about gender equality in all spheres of life Brief Report NSS Unit Dhanwate National College in collaboration with Ajni Railway Station organized Rangoli Competition on 7th March 2022 and Rally on 8th March 2022.

NSS Unit had organized program to celebrate International Science Day and Women's Day Dr. B.V. Khapekar, Head, Dept of Marathi chaired the program. Dr. R. N. Gosavi, Dr. Swarnalata Warke, Dr. Sangita Jiwankar, Dr. K. D. Meghe Dr. Padmini Durugkar, Prof. Mayuri Tahkre, Dr. Seema Behare were present in the program.

Total 78 volunteers (male, Female) and college teaching and non-teaching staff members were present during the activity.

Outcome International Women's Day is a global day celebrating the social, economic, cultural and political achievements of women.

The day also marks a call to action for accelerating gender parity.



#### Activity 14

Bhausaheb Dr. Panjabrao Deshmukh Death Anniversary Date of the Activity 10/04/2022 Organized by NSS Unit, DNC, Nagpur Objective To express gratitude towards work of Bhausaheb Dr. Panjabrao Deshmukh

To offer tribute to Bhausaheb Dr. Panjabrao Deshmukh Brief Report NSS Unit had paid respect to the statue of Bhausaheb Dr. Panjabrao Deshmukh on his death Anniversary on 10th April, 2022. Volunteers and Teachers paid tribute to Bhausaheb Dr. Panjabrao Deshmukh

Principal Dr. J. D. Wadate, Dr. B.V. Khapekar, Head, Dept of Marathi chaired the program. Dr. R. N. Gosavi, Dr. Swarnalata Warke, Dr. Sangita Jiwankar, Dr. K. D. Meghe were present in the program. Total volunteers ( male, Female) and college teaching and non-teaching staff members were present during the activity.

Outcome International Women's Day is a global day celebrating the social, economic, cultural and political achievements of women.

The day also marks a call to action for accelerating gender parity.

#### Activity 15

Conference on "New Education Policy" Date of the Activity 01/04/2022 Organized by Taywade College, Koradi Objective To get the knowledge of New Education Policy To get the pros and cons of New Education Policy

Brief Report Attended the Conference on "New Education Policy" organized by Taywade College, Koradi at Sai Sabhagruha, Nagpur.

Principal Dr. Sharayu Taywade, Dr. J. D. Wadate, Principal, Dr. Girish Katkar, Dr. R.N. Gosavi, Dr. Sangita Jiwankar, Dr. Parag Joshi, Dr. Pravin Ghosekar, Dr. Mukta Dev and other teaching staff were present.

Outcome Got the knowledge of New Education Policy Learned various aspects of New Education Policy which would helpful in the teaching-learning and academic planning.

#### Activity 16

Alumni Association Meeting Date of the Activity

11/ 04 /2022 Organized by Alumni Association and NSS Unit, DNC, Nagpur Objective To foster a sense of community among alumni, while supporting a sense of connectedness back to the institution feeling.

To aware alumni about present progress of college and future plans

Brief Report Alumni Association and NSS Unit had organized alumni Association meeting to provide information to the members of alumni association about various activities performed by the institutions and future plan were also discussed.

Dr. B. B. Taywade president of Alumni Association, Dr. J. D. Wadate, Principal, Dr. R.N. Gosavi, Dr. Sarita Karangutkar, Mr. Madan Kuttarmare and other members of alumni Association were present.

Outcome The meeting make holistic environment for the development of institution.

The Alumni Meet, creates a special bonding between the students who have passed out & who have established themselves already in the big, outside world

#### Activity 17

State Level NSS Camp Date of the Activity 19th March 2022 to Organized by NSS Unit, DNC, Nagpur in collaboration with Taywade College Koradi, Bar. Sheshrav Wankhede College, Khaparkheda Total Participants : 225 volunteers from 15 different colleges

Objective To provide knowledge of hygiene, cleanliness, environment protection, water conservation, responsibility, positive attitude, etc.

Identify the needs and problems of the society and involve them in problem solving process.

To develop sense of social and civic responsibility. To utilize their knowledge in generating practical solution to

To develop competence required for a group living individual and social problems. and sharing of responsibilities.

To enhance skills in mobilizing students participation.

To acquire leadership qualities and democratic attitude.



To extend the national integration and social harmony.

**Brief Report** Under RTM Nagpur University Nagpur, NSS Unit of Dhanwate National College had organized State Level NSS Camp at Shri Skeshta Adasa in collaboration with Taywade College Koradi, Bar. Sheshrav Wankhede College, Khaparkheda.

The Camp were inaugurated by Dr. Subhash Choudhari, Vice-Chancellor, RTM Nagpur University, Nagpur. President of inaugural function was Hon. Shri. Sunilbabu Kedar, Minister of Animal Husbandry, Dairy Development, Sports & Youth Welfare Government of Maharashtra. Mr. Atul Londhe, General Secretary & Chief Spokesperson, INC along with Mr. BalKulkarni, Senior Journalist, Lokmat, Dr. B. B. Taywade, President, Shri Sachhidan and Shikshan Sanstha, Nagpur were prominently present. Smt. Rashmi Barve, President, Zilla Parishad, Smt. Sumtra Kumbhare, Adv. Shrikant Pande, Secretary & Treasurer, Ganpati Devasthan, Adasa, Hon. Shri. Babaraoji Kothe, President Tahsil Kharedi VikriSangh, Kalmeshwar, Principal Dr. Jaywant Wadate, Principal Dr. SharayouTaywade and Principal Ramkrishna Tale were also present

Outcome It makes the students confident, develop leadership skills, and gain knowledge about different people from different walks of life.

Students also learn other skills that help them lead a better life in various situations.

Students learn importance of health, hygiene, cleanliness, water conservation, environment protection, etc.

Activities performed during the NSS Camp Mr. Raju Jichkar, Yoga Trainer guided volunteers about Yoga and Meditation at 6am in the morning on each day of camp. Volunteers were actively participated in the Yoga under Mr. RajuJichkar

NSS Volunteers different cleanliness drive under Shramdan in the Adasa&Sonpur village during the tenure of camp.

NSS Volunteers built 10 band through Shramdan during the camp.

Dr. Aniket Dhote, Associate Professor, Government Dental College, Nagpur had guided volunteers on 'De-addiction'.

Prof. ManojThakare guided volunteers on 'Role of Yuwashakti in Environment Protection'.

Mr. Vrushabh Raut, Spoke person, Rashtriya OBC Mahasangh guided volunteers on the theme 'Youth in the 21st Century and Entrepreneurship Development'.

Prof. NarendraBhusari, guided volunteers on the theme 'Yuwashakti'? 'Rashtranirman'.

Mr. Sourabh Choudhari and Yamini Gawali of Zee Institute of Technology guided volunteers on the theme 'Entrepreneurship Development through Animation and Fashion Designing'.

48 volunteers had donated blood during the Blood Donation Camp organized by Jeevanjyoti Blood Bank.

Dr. Sharda Rosha nkhe, President Rotari Club Nagpur, Dr. ArunPatil, Ex. Director, Student Welfare, RTM Nagpur University, Nagpur and Dr. Mrs. JyotsnaPatil guided volunteers during the NSS Camp.

NSS Volunteers visited "Matoshri Vrudhashram and establish dialog and get guidance from elders.

NSS Volunteers visited "NisargaNirvachan Kendra" of Forest Department, Adasa Sector. Volunteers get detailed information about environment, plant, wild animals. Mr. Deshmukh RFO guides volunteers during the visit.

NSS Volunteers actively organize and participate in the various cultural programs, competitions, games during the camp to build confidence, improve stage daring, participation, team building collaboration and provide platform.

**Dr. Rajkumagiri N. Gosavi**  
Programme Officer – NSS  
Dhanwate National College, Nagpur



## Physical Education & Sports 2021-22

### Activity 1

**Yoga Day Celebration DATE OF THE ACTIVITY** 21st June 2021 **ORAGANIZED BY** Dept. of Physical Education and Sport, DNC, Nagpur

**OBJECTIVE** To raise awareness worldwide of the many benefits of practicing yoga and to bring different communities around the globe together through the practice of yoga,

**BRIEFREPORT** Dept. of Physical Education and Sport, Dhanwate National College, Nagpur Organizes International Yoga Day on Monday, 21st June 2021, 7.00 a.m. at Basketball Ground. Chief guest of function was Dr. Surendra Jichakar, Principal Dhanwate National College and delivered training by Mr. Rohit Kothari & Ms. Kothari. Dr. Devendra Wankhade, Dr. Subhash Dadhe, Mr. Jayant Jichkar, College, staff and all Participant Players were Present.

**OUTCOME** Yoga is scientific way and it cost nothing to nation and individual. 70 participants in this programme including Students, Teaching and Non-teaching Staff were benefited.

### Activity 2

**Organised State Level Cestoball Camp DATE OF THE ACTIVITY** 16 Nov. to 25 Dec. 2021 **ORAGANIZED BY** Dept. of Physical Education and Sport, DNC, Nagpur

**OBJECTIVE** The objective of building a strong team, co-ordinating all the players and performing well in the State and National level Competition

**BRIEFREPORT** Dept. of Physical Education and sport, Dhanwate National College, Nagpur Dist Cestoball Asso. and Vidharbha Cestoball Asso Yewatmal Jointly Organizes Camp from 16 Nov. to 25 Dec. 2021. at College, on dt 16 Nov. 2021, inauguration cestoball camp Chief guest of function was Dr. Jayant Jichkar, Principal Dhanwate National College and Mr. Dr. Devendra Wankhade, Dr. Vandana Ingle J. Camp Coordinator Dr. Subhash Dadhe, College, Dr. Lalita Punnya, Staff and all



participant Players were Present. on dt 25 Dec. 2021 concluding Cestoball camp Chief guest of function was Dr. Puranchandra Meshram, Former Registrar RTMNU Nag. Principal of College and Dr. Devendra Wankhade, Camp Coordinator Dr. Vandana Ingle, Dr. Subhash Dadhe College, Staff and all Participant Players were Present.

**OUTCOME** Player learn technique and Tactics and Coordination during playing game.

### Activity 3

**To Conduct the RTMNU Selected Hockey Team Coaching Camp DATE OF THE ACTIVITY** 1 1 to 24 Dec. 2021 **ORAGANIZED BY** Dept. of Physical Education and Sport, DNC, Nagpur

**OBJECTIVE** The Coaching was organized with the objective of building a strong team, co-ordinating all the players and performing well in the All India Intervarsity Competition

**BRIEFREPORT** Dept. of Physical Education and Sport, Dhanwate National College, Nagpur Conduct the RTMNU Selected Hockey Team Coaching Camp on 11 to 24 Dec. 2021, at Basketball Ground. Chief guest of function was Dr. Surendra Jichakar, Principal Dhanwate National College and delivered training by Dr. Vandana Ingle and Concluding on 24 Dec. 2021 Chief guest of function was Dr. Sharad Suryavanshi, Director Dept of Sport RTMNU, Dr. Harish Mohite Dr. Vandana Ingle.

**OUTCOME** During Coaching camps Player learn technique and Tactics and Coordination during playing game. Instead, they focus on improving your skills one step at a time. While there are hundreds of techniques players can perform,



#### Activity 4

**To Conduct the RTMNU Selected Yogasana Team Coaching Camp** DATE OF THE ACTIVITY 16 to 22 December 2021 ORAGANIZED BY Dept. of Physical Education & Sports, DNC

**OBJECTIVE** The Coaching was organized with the objective of building a strong team, co-ordinating all the players and performing well in the All India Intersarsity Competition

**BRIEF REPORT** RTMNU Selected Yogasana teams Coaching Camp was organized from 16th to 22nd December 2021 at Dhanwate National College, Nagpur. During this camp, Dr. Sharad Suryavanshi, Director, Sports and Physical Education, visited RTMNU, Principal Dr. S.R. Jichakar on 18th December 2021. Dr. Devendra Wankhade, Yoga Instructor, Dr. Vandana Ingle, Dr. Subhash Dadhe, and co-coach Shri. Nitesh Pillewan, and Dr. Ravi Ramteke was present.

**OUTCOME** The Coaching was organized with the objective of building a strong team, co-ordinating all the players and performing well in the All India Intersarsity Competition. When these teams participated in the All India Championship, both the teams excelled and secured 3rd and 4th position. Therefore, both the teams qualified for Khelo India.

#### Activity 5

**Organised Annual Sports meet** DATE OF THE ACTIVITY 23 to 24 December 2021 ORAGANIZED BY Dept. of Physical Education DNC

**OBJECTIVE** To nurture sports talent in students and athletes To give scope to sports talent among students and sportsmen, to create an atmosphere of sportsmanship in the college and to inculcate sportsmanship.

**BRIEF REPORT** On the occasion of Dr. Panjabrao Deshmukh Jayanti Utsava Dept of Physical Education and sport Dhanwate National College, Nagpur Organizes Annual Sport Meet from 24 to 26 December 2021 at Dhanwate National College, Ground Chief guest of inauguration of Annual Sport Meet was Dr. Surendra Jichkar, Principal Dhanwate National College, Dr. Devendra Wankhade, Dr. Vandana Ingle. Dr. Subhash Dadhe, Mr. Jayant

Jichkar, College, staff and all Participant Players were Present.

**OUTCOME** This activity improves Sportperson concentration, Reduces stress and depression, improves sleep habits, Reduce pressure and stress with sports and improves mood

#### Activity 6

**Organised National Level Cestoball Camp** DATE OF THE ACTIVITY 01 to 28 Feb 2022 ORAGANIZED BY Dept. of Physical Education and Sport, DNC, Nagpur

**OBJECTIVE** The objective of building a strong team, co-ordinating all the players and performing well in the State and National level Competition

**BRIEF REPORT** Dept. of Physical Education and sport, Dhanwate National College, Nagpur Dist Cestoball Asso. and Vidharbha Cestoball Asso Yewatmal and Yashoda girls Arts and Comm. College, Ngp. Jointly Organizes Camp from 01 to 28 Feb 2022. at College, on dt 01 Feb, inauguration cestoball camp Chief guest of function was Dr. Bharati Khaekar, off. Principal Dhanwate National College and Mr. Dr. Devendra Wankhade, Dr. Vandana Ingle. Camp Coordinator Dr. Subhash Dadhe, College, Dr. Lalita Punnya, college Staff and all participant Players were Present. on dt 28 Feb. 2022 concluding Cestoball camp Chief guest of function was Dr. Puranchandra Meshram, Former Registrar RTMNU Nag. Dr. Jayant Wadate Principal of College, Mr. Vijay Pawar, President, Vidarbha Cestoball Ass., Dr. Devendra Wankhade, . Camp Coordinator Dr. Vandana Ingle, Dr. Lalita Punnya, Dr. Subhash Dadhe College, College Staff and all Participant Players were Present.

**OUTCOME** Player learn technique and Tactics and Coordination during playing game.

#### Activity 7

**In Celebration of Azadi ka Amrut Mahotsava Perform Suryanamskar** DATE OF THE ACTIVITY 3 to 08 February 2022 ORAGANIZED BY Dept. of Physical Education and Sport, DNC, Nagpur

**OBJECTIVE** The objective of this activity for mental and physical health and overall improvement of society.

**BRIEF REPORT** Dept. of Physical Education and



Sport, Dhanwate National College, Nagpur Organizes Azadi Ka Amrut Mahotsava Perform Suryanamskaron from 3 to 08 February 2022, 7.00 a.m. at Basketball Ground. Chief guest of function was Dr. Surendra Jichakar, Principal of College and delivered training by Dr. Devendra Wankhade and Dr. Subhash Dadhe Dr. Bharati Khapekar, College staff and all Participant Players were Present.

**OUTCOME** Suryanamskar is scientific way and it cost nothing to nation and individual. 70 participants in this programme including Students, Teaching and Non-teaching Staff were benefited.

#### Activity 8

**Conduct RTMNU Gymnastic Competition and Selection Trail** DATE OF THE ACTIVITY 09 to 11 March 2022 ORGANIZED BY Dept. of Physical Education and Sport, DNC, Nagpur

**OBJECTIVE** To select the Gymnastic players for Inter University Tournaments

**BRIEF REPORT** Dept of Physical Education and sport RTMNU and Dhanwate National College, Nagpur Jointly Organizes RTMNU Gymnastic Competition and Selection Trail from 09 to 11 March 2022 at Dhanwate National College, Nagpur on dt 09 th March 2022 inaugural Chief guest was Dr. Sanjay Thakare Joint Director, Higher Education, Dr. Bharati Khapekar Vice Principal of College and Mr. Purushottam Darwankar Technical chife of Competition, Competition incharge Dr. Devendra Wankhade. Coach Mayuresh Shirshikar, and Dr. Subhash Dadhe, Mr. Jayant Jichkar, Dr. Rajiv Gosavi, college staff and all Participant Players were Present. On dt 11th March 2022 Concluding Gymnastic Competition Chief guest of function was Dr. Darshana Pandit Yeotikar, Mr. Purushottam Darwankar Technical chife of Competition, Coach Mayuresh Shirshikar, and Dr. Subhash Dadhe, Mr. Jayant Jichkar, College, staff and all Participant Players were Present

**OUTCOME** All competitions have a primary goal — to win. But to win and be the best they can, players need to learn specific skills about korfbal. While there are hundreds of techniques players can perform, During korfbal Coaching camps Player learn technique and Tactice and Coordination during

playing game. Instead, they focus on improving your skills one step at a time.

#### Activity 9

**Conduct RTMNU Korfbal Selected Team Coaching Camp** DATE OF THE ACTIVITY 15 to 17 March 2022 ORGANIZED BY Dept. of Physical Education and Sport, DNC, Nagpur

**OBJECTIVE** Building a strong team, co-ordinating all the players and performing well in the All India Intersarsity Competition

**BRIEF REPORT** Dept of Physical Education and sport RTMNU and Dhanwate National College, Nagpur Jointly Organizes RTMNU Korfbal Camp from 15 to 17 March 2022. at Dhanwate National College, Nagpur On dt 15th March 2022 inauguration korfbal camp Chief guest of function was Dr. Jayant Wadate, Principal Dhanwate National College and Mr. Pinjarkar Sir Dr. Devendra Wankhade, Dr. Vandana IngleJ. Camp Coordinator Dr. Subhash Dadhe, Coach Lucky Choudhary, College, staff and all Participant Players were Present. On dt 17th March 2022 Concluding korfbal camp Chief guest of function was Dr. Jayant Wadate, Principal Dhanwate National College and Mr. Pinjarkar Sir Dr. Devendra Wankhade, Dr. Vandana IngleJ. Camp Coordinator Dr. Subhash Dadhe, Coach Lucky Choudhary, College, staff and all Participant Players were Present

**OUTCOME** Player learn technique and Tactics and Coordination during playing game. Instead, they focus on improving your skills one step at a time. While there are hundreds of techniques players can perform,

#### Activity 10

**Conduct RTMNU Rugby Selection Trail and Uni. Team Coaching Camp** DATE OF THE ACTIVITY 5 to 7 April 2022 and 11 to 18 April 2022 ORGANIZED BY Dept. of Physical Education and Sport, DNC, Nagpur

**OBJECTIVE** To Prepare the players for Inter University Tournaments

**BRIEF REPORT** Dept of Physical Education and sport RTMNU and Dhanwate National College, Nagpur Jointly Organizes RTMNU Rugby Selection trail from 5 to 7 April 2022 at Dhanwate National College, Nagpur



and selected team coaching camp ocr. from 11 to 18 April 2022 On college ground and Dt 11 April 2022 Inauguration Rugby camp Chief guest of function was Dr. Mahendra Dhore Prin. Sci college, and Chairmen of this function Dr. Jayant Wadate, Principal Dhanwate National College, Dr. Kalpana Jadhav President Nagpur Rugby Asso. Dr. Devendra Wankhade, Camp Coordinator Dr. Vandana Ingle. Dr. Subhash Dadhe, Dr. Lalita Puniya, College Staff and all Participant Players were Present. On dt 18th April 2022 Concluding Rugby camp. Chief guest of function was Dr. Sharad Suryavanshi, Director Dept of Sport RTMNU, Chairmen of this function Dr. Jayant Wadate, Principal Dhanwate National College,

**OUTCOME** All competitions have a primary goal — to win. But to win and be the best they can, players need to learn specific skills about Cricket. While there are hundreds of techniques players can perform, During korfbal Coaching camps Player learn technique and Tactice and Coordination during playing game. Instead, they focus on improving your skills one step at a time.

#### Activity 11

**Organised Dr. Panjabrao Deshmukh Krida Mahotsava – Inter-collegiate Cricket Tournament**  
DATE OF THE ACTIVITY 01 to 17 April 2022  
ORGANIZED BY Dept. of Physical Education and Sport, DNC, Nagpur

**OBJECTIVE** To Prepare the Cricket players for Inter Collegiate Tournaments as well as at state, Zone VCA and National Level Tournaments



**BRIEF REPORT** Dept of Physical Education and sport, Dhanwate National College, Nagpur Organised Dr. Panjabrao Deshmukh Krida Mahotsava – Inter-collegiate Cricket Tournament from 01 to 17 April 2022. at Dhanwate National College, Cricket Ground Nagpur On dt 01 April 2022 inauguration Dr. Panjabrao Deshmukh Krida Mahotsava Chief guest of function was Mr. Hemantbhai Kalmegh Executive Member of SSES Amt, Dr. Mahendra Dhore, Principal Shivaji Sci College, Dr. Jayant Wadate Principal, Dhanwate National College and Dr. Bharati Khapekar, Dr. Devendra Wankhade, Dr. Vandana Ingle. Dr. Subhash Dadhe, Mr. Jayant Jichkar Mr. Sunil Mujumdar, College, staff and all Participant Players were Present. On dt 17th April 2022 Concluding of Organised Dr. Panjabrao Deshmukh Krida Mahotsava – Inter-collegiate Cricket Tournament Chief guest of function was Mr. Shekhar Patil Dy. Director of Div. Sport office, Mankapur, Mr. Hemant Gandhi Secretary VCA, Dr. Jayant Wadate, Principal Dhanwate National College Dr. Jayant Wadate Principal, Dhanwate National College and Dr. Bharati Khapekar, Dr. Devendra Wankhade, Dr. Vandana Ingle. Dr. Subhash Dadhe, Mr. Jayant Jichkar Mr. Sunil Mujumdar, College, staff and all Participant Players were Present."

**OUTCOME** Player learn technique and Tactice and Coordination during playing game. Instead, they focus on improving your skills one step at a time.



**Dr. Devendra Wankhede**  
Head, Dept. of Physical Education & Sports,  
Dhanwate National College, Nagpur.



## Jayanti-Punyatithi Committee 2021-22

### Activity 1

**Rajarshee Chhatrapati Shahu Maharaj Birth Anniversary** Date of the Activity 26 June 2021  
Organised by The Birth / Death Anniversary (Jayanti / Punyatithi) Competitive, DNC, Nagpur

**Objective** To generate a national pride & spirit, a patriotic zeal, to awaken the students to the great yeoman services rendered by the various national heroes and their unique contribution to the making of modern India. To know the historical legacy of India.

**Brief Report** The programme was held at the college porch at 11:00 a.m. The portrait of the legend was garlanded by the Principal and a floral homage was offered by the college staff and the students in large number. The convener of the committee and the principal expressed views on this occasion.

**Outcome** Students know the inspiring life history of the legends and their precious contribution to the nation, thereby they get inspired to live and let live the others evolving as good citizens. They understand their duties to the nation and the society.

### Activity 2

**Dr Sarvpalli Radhakrishnan Birth Anniversary** Date of the Activity 05 Sept. 2021  
Organised by The Birth / Death Anniversary (Jayanti / Punyatithi) Competitive, DNC, Nagpur

**Objective** To generate a national pride & spirit, a patriotic zeal, to awaken the students to the great yeoman services rendered by the various national heroes and their unique contribution to the making of modern India. To know the historical legacy of India.

**Brief Report** The programme was held at the college porch at 11:00 a.m. The portrait of the legend was garlanded by the Principal and a floral homage was offered by the college staff and the students in large number. The convener of the committee and the principal expressed views on this occasion.

**Outcome** Students know the inspiring life history of the legends and their precious contribution to the nation, thereby they get inspired to live and let live the



others. They understand their duties to the nation and the society.

### Activity 3

**Karmaveer Bhaurao Patil Jayanti and D. Laxminarayan Memorial Day (Sept. 22 and 30 respectively)** Date of the Activity Held jointly on 30 Sept. 2021 Organised by The Birth / Death Anniversary (Jayanti / Punyatithi) Competitive, DNC, Nagpur

**Objective** To generate a national pride & spirit, a patriotic zeal, to awaken the students to the great yeoman services rendered by the various national heroes and their unique contribution to the making of modern India. To know the historical legacy of India.

**Brief Report** The programme was held at the college porch at 11:00 a.m. The portrait of the legend was garlanded by the Principal and a floral homage was offered by the college staff and the students in large number. The convener of the committee and the principal expressed views on this occasion.

**Outcome** Students know the inspiring life history of the legends and their precious contribution to the nation, thereby they get inspired to live and let live the others. They understand their duties to the nation and the society.

### Activity 4

**Mahatma Gandhi & Lal Bahadur Shastri Birth Anniversary** Date of the Activity Held jointly on Oct. 2, 2021 Organised by The Birth / Death Anniversary (Jayanti / Punyatithi) Competitive, DNC, Nagpur

**Objective** To generate a national pride & spirit, a patriotic zeal, to awaken the students to the great yeoman services rendered by the various national heroes and their unique contribution to the making of



modern India. To know the historical legacy of India.

**Brief Report** The programme was held at the college porch at 11:00 a.m. The portrait of the legend was garlanded by the Principal and a floral homage was offered by the college staff and the students in large number. The convener of the committee and the principal expressed views on this occasion.

**Outcome** Students know the inspiring life history of the legends and their precious contribution to the nation, thereby they get inspired to live and let live the others. They understand their duties to the nation and the society.

#### Activity 5

**Dr B. R. Ambedkar Mahaparinirvan Day** Date of the Activity Dec. 6, 2021 Organised by The Birth / Death Anniversary (Jayanti / Punyatithi) Competitive, DNC, Nagpur

**Objective** To generate a national pride & spirit, a patriotic zeal, to awaken the students to the great yeoman services rendered by the various national heroes and their unique contribution to the making of modern India. To know the historical legacy of India.

**Brief Report** The programme was held at the college porch at 11:00 a.m. The portrait of the legend was garlanded by the Principal and a floral homage was offered by the college staff and the students in large number. The convener of the committee and the principal expressed views on this occasion.

**Outcome** Students know the inspiring life history of the legends and their precious contribution to the nation, thereby they get inspired to live and let live the others. They understand their duties to the nation and the society.

#### Activity 6

**Dr Panjabrao alias Bhausaheb Deshmukh Birth Anniversary** Date of the Activity Dec. 25, 2021 Organised by The Birth / Death Anniversary (Jayanti / Punyatithi) Competitive, DNC, Nagpur

**Objective** To generate a national pride & spirit, a patriotic zeal, to awaken the students to the great yeoman services rendered by the various national heroes and their unique contribution to the making of modern India. To know the historical legacy of India.

**Brief Report** The portrait of Dr Pajabrao alias Bhausaheb Deshmukh was garlanded by the Principal, Dr Jichkar and a floral homage was offered by the college staff and the students at the college porch at 7:30 a.m. followed by the mass homage paid to the statue of the legend at Maharaj Baug Square at 8:00 a.m. The many dignitaries, teachers, non teachers, citizens and the students were present in large number on this occasion.

**Outcome** Students know the inspiring life history of the legends and their precious contribution to the nation, thereby they get inspired to live and let live the others. They understand their duties to the nation and the society.

#### Activity 7

**Krantijyoti Savitribai Fule Jayanti Swami Vivekanand (Jan. 3, 12),** Date of the Jan. 3 2022 Organised by The Birth / Death Anniversary (Jayanti / Punyatithi) Competitive, DNC, Nagpur

**Objective** To generate a national pride & spirit, a patriotic zeal, to awaken the students to the great yeoman services rendered by the various national heroes and their unique contribution to the making of modern India. To know the historical legacy of India.

**Brief Report** The programme was held at the college porch at 11:00 a.m. The portrait of the legend was garlanded by the Principal and a floral homage was offered by the college staff and the students in large number. The convener of the committee and the principal expressed views on this occasion.

**Outcome** Students know the inspiring life history of the legends and their precious contribution to the nation, thereby they get inspired to live and let live the others. They understand their duties to the nation and the society.

#### Activity 8

**Swami Vivekanand Jayanti** Date of the Activity Jan. 12, 2022 Organised by The Birth / Death Anniversary (Jayanti / Punyatithi) Competitive, DNC, Nagpur

**Objective** To generate a national pride & spirit, a patriotic zeal, to awaken the students to the great yeoman services rendered by the various national heroes and their unique contribution to the making of



modern India. To know the historical legacy of India.

**Brief Report** The programme was held at the college porch at 11:00 a.m. The portrait of the legend was garlanded by the Principal and a floral homage was offered by the college staff and the students in large number. The convener of the committee and the principal expressed views on this occasion.

**Outcome** Students know the inspiring life history of the legends and their precious contribution to the nation, thereby they get inspired to live and let live the others. They understand their duties to the nation and the society.

#### Activity 9

**Chhatrapati Shivaji Maharaj Jayanti** Date of Activity Feb. 19, 2022 Organised by The Birth / Death Anniversary (Jayanti / Punyatithi) Competitive, DNC, Nagpur

**Objective** To generate a national pride & spirit, a patriotic zeal, to awaken the students to the great yeoman services rendered by the various national heroes and their unique contribution to the making of modern India. To know the historical legacy of India.

**Brief Report** The programme was held at the college porch at 11:00 a.m. The portrait of the legend was garlanded by the Principal and a floral homage was offered by the college staff and the students in large number. The convener of the committee and the principal expressed views on this occasion.

**Outcome** Students know the inspiring life history of the legends and their precious contribution to the nation, thereby they get inspired to live and let live the others. They understand their duties to the nation and the society.

#### Activity 10

**Sant Gadgebaba Jayanti** Date of the Activity Feb. 23, 2022 Organised by The Birth / Death Anniversary (Jayanti / Punyatithi) Competitive, DNC, Nagpur

**Objective** To generate a national pride & spirit, a patriotic zeal, to awaken the students to the great yeoman services rendered by the various national heroes and their unique contribution to the making of modern India. To know the historical legacy of India.

**Brief Report** The programme was held at the college porch at 11:00 a.m. The portrait of the legend was garlanded by the Principal and a floral homage was offered by the college staff and the students in large number. The convener of the committee and the principal expressed views on this occasion.

**Outcome** Students know the inspiring life history of the legends and their precious contribution to the nation, thereby they get inspired to live and let live the others. They understand their duties to the nation and the society.

#### Activity 11

**Dr. Panjabrao alias Bhausaheb Deshmukh Smriti Din** Date of Activity April 10, 2022 Organised by The Birth / Death Anniversary (Jayanti / Punyatithi) Competitive, DNC, Nagpur

**Objective** To generate a national pride & spirit, a patriotic zeal, to awaken the students to the great yeoman services rendered by the various national heroes and their unique contribution to the making of modern India. To know the historical legacy of India.

**Brief Report** The programme was held The portrait of Dr Pajabrao alias Bhausaheb Deshmukh was garlanded by the Principal, Dr Wadate Sir and a floral homage was offered by the college staff and the students at the college porch at 7:30 a.m. followed by the mass homage paid to statue of the legend at Maharaj Baug Square at 8:00 a.m. The many dignitaries, teachers, non teachers, citizens and the students were present in large number on this occasion.

**Outcome** Students know the inspiring life history of the legend and his precious contribution to the nation, thereby they get inspired to live and let live the others. They understand their duties to the nation and the society.

**Activity 12 Mahatma Phule and Dr. Babasaheb Ambedkar Jayanti** (April 11 and 14 respectively) Date of the Activity Held Jointly on April 14, 2022 Organised by The Birth / Death Anniversary (Jayanti / Punyatithi) Competitive, DNC, Nagpur

**Objective** To generate a national pride & spirit, a patriotic zeal, to awaken the students to the great yeoman services rendered by the various national



heroes and their unique contribution to the making of modern India. To know the historical legacy of India.

**Brief Report** The programme was held at the Vimalabai Deshmukh Smriti Auditorium Hall of the college at 09:00 a.m. The portrait of the legends were garlanded and a floral homage was offered by the Principal along with the chief guests Dr Murlidhar Chandekar and Mr Kishore Gajbhiye, who expressed their views on this occasion. Dr Wadate Sir, the principal presided over the programme. Principal Dr Dhore Sir, Principal Shivaji Science College was prominently present. Dr Vandana Ingale compered the programme while Dr Askar proposed a vote thanks to conclude. The staff and the students were present in large number.

**Outcome** Students know the inspiring life history of the legends and their precious contribution to the nation, thereby they get inspired to live and let live the others. They understand their duties to the nation and the society.

**Activity 13 Rashtrasant Tukadoji Maharaj Jayanti** Date of Activity April 30, 2022 Organised by The Birth / Death Anniversary (Jayanti / Punyatithi) Competitive, DNC, Nagpur



**Objective** To generate a national pride & spirit, a patriotic zeal, to awaken the students to the great yeoman services rendered by the various national heroes and their unique contribution to the making of modern India. To know the historical legacy of India.

**Brief Report** The programme was held at the college porch at 11:00 a.m. The portrait of the legend was garlanded by the Principal and a floral homage was offered by the college staff and the students in large number. The principal expressed views on this occasion.

**Outcome** Students know the inspiring life history of the legends and their precious contribution to the nation, thereby they get inspired to live and let live the others evolving as good citizens. They understand their duties to the nation and the society.



**Dr K. K. Askar**  
Convener, Jayanti Punyatithi Committee



## Women Cell Report 2021-22



### Activity 1

**Elocution competition (a competition to end violence against women)** Date of the Activity 07 Dec 2021  
Organized by Dr. Bharti Khapekar Women Cell Dhanwate National College (HOD Dept. of Marathi)

**Objective** End violence against women

**Brief Report** Dhanwate National College & Women Cell has Jointly organized association Indian medical women Nagpur, 'Apajita'

**Outcome** To create a tendency to fight against violence in the minds of women, to develop leadership qualities in women and to create equality between men and women in the society.

### Activity 2

**Internation Womens day** Date of the Activity 08 March 2022 Organized by Women Cell Dhanwate National Colleg & Vidarbha Sahitya Sangh Library

**Objective** Inculcating interest in literary entrepreneurship among women

**Brief Report** Dhanwate National College Women's Cell and Vidarbha Sahitya Sangh Library celebrated World Women's Day. Dr. Swati Dharmadhikari Counselor Dr. Neelima Bavane Dharampeth Women's Cooperative Bank President Dr. Madhuri Sakolkar gave a lecture. The program was presided over by Dr. Bharti Khapekar, the program was moderated by Dr. Padmini Gosekar and vote of thanks was delivered by Mayuri Thackeray. A large number of faculty and students were present.

**Outcome** Women should cultivate interest in literature and women should do industry

### Activity 3

**Gust lecture** Date of the Activity 28/04/2022 Organized by Dhanwate National Colleg, Women Cell & Taskforce Committee jointly organized

**Objective** To create a sense of security among women.

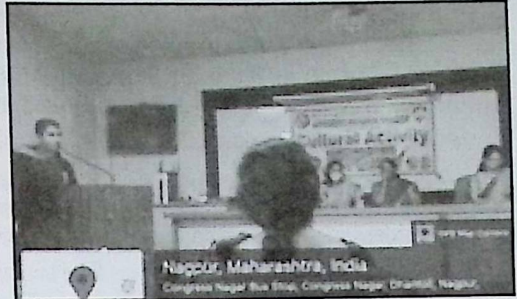
**Brief Report** In association with Dhanwate National College Force Committee, a lecture was organized by Hon'ble Sureshani Lokhande Assistant Inspector of Police on the topic of Women's Safety and Knowledge of Law. Dr. Jaywant Date presided over the program and faculty and students were also present.

**Outcome** Creating public awareness among women as well as knowledge of law, maintaining respect towards women in the society

**Dr. Bharathi Khapekar**  
Convener, Women Cell Committee



# Cultural Activity Report 2021-22



## Activity 1

**Elocution Competition** Date of the Activity 20.11.2021

**Objective** Inculcation of wisdom & knowledge encourage the students to improve the spoken skills to conduct the activity so as to preserve the value of democracy, justice liberty equality and fraternity. To sensitize student for the poor and suffering respect for women & equality

**Brief Report** An Elocution Competition was held under the cultural program. Asst.Pro. Soniya Dhawale Miss Potphode was in charge of this competition. The theme for the competition was 'Life is beautiful but one should know how to live'. The judges of this competition were Mr. S.S.Gaharwar, Dr. K.D. Meghe, Dr B.V. Khapekar. 31 students participated in this competition and other students gave spontaneous response

## Activity 2

**Debate Competition** Date of the Activity 23.11.2021

**Objective** To enhance critical thinking power upon the topic of debate To encourage the students to investigate upon National & socially issues consistency and clarity of timeline and transition between Speakers. To convince the opposition that you are right

**Brief Report** An Debate Competition was held under the cultural program. Asst.Pro. Meera Chaudhari Dr. Padmini Ghosekar was in charge of this competition. The theme for the competition was 'Whether good days have come or not'. The judges of this competition were Dr. Parag. Joshi, Dr. K.D. Meghe Mr. R. Motghare, 26 students participated in this competition and other students gave spontaneous response

## Activity 3

**Geet - Gayan Competition** Date of the Activity 27.11.2021

**Objective** 1) make the students to understand basic values and practice of music 2) enable the student to enjoy the spirit of music 3) to experience the richness of cultural and historical heritage of india 4) to provide platform to students display their talent in singing and instrumental music, classical vocal music, light vocal music, and classical instrument musical etc

**Brief Report** An Geet - Gayan Competition was held under the cultural program. Asst.Pro.Pooja Barse Asst.Pro. Surekha Phalke was in charge of this competition. The theme for the competition was 'Marathi & Hindi Songs And Other language'. The judges of this competition were Dr.R.N. Gosavi Dr. S.B.Warke Mr. N.V.Chopde 34 students participated in this competition and other students gave spontaneous response

## Activity 4

**Quiz Compilation** Date of the Activity 30.11.2021

**Objective** 1) To evaluate the knowledge of the participants within academic as well as beyond academics 2) To make the students familiar with a writer general knowledge quite competition 3) To improve the knowledge of the students fun - way expand knowledge on current issues. 4) To extend hand to beginnes and help there improve their knowledge for a job 5) To find out talented student at quite and award them.



Brief Report An Quiz Compilation was held under the cultural program. Asst.Pro. Lata Murkute & Asst.Pro. Ravi Gunde was in charge of this competition. The theme for the competition was ' Current Affairs & General Knowledge '. The judges of this competition were Dr B.V. Khapekar Asst.Pro. Lata Murkute Asst.Pro Bhawana Kalsule, students participated in this competition and other students gave spontaneous response.

**Activity 5 Rangoli Compilation** Date of the Activity 24.12.2021

**Objective** 1) students will explore a format of art that is used for religious purpose and a decorative greeting 2) students will discuss how this art form ties in with other practiced by different cultures 3) students will work with principles of design to Create on art work that is both functional and decorative

**Brief Report** Rangoli competition was held as part of the cultural program. Mrs. Rita Sheware was the in-charge of this competition. Examiner of this competition 1. Mrs. Suchita Khorgade 2. Ku. Lata Deshmukh. 26 participated in the competition and other students responded spontaneously.

**Activity 6 Mehendi Compilation** Date of the Activity 24.12.2021

**Objective** 1) To inculcate among the teachers interest in traditional customs of india 2) To enhance the creativity and imagination in the field of art 3) To boost their confidence in the art 4) making students self-employed 5) developing hidden talent

**Brief Report** mehendi competition was held as part of the cultural program. Asst.Pro. Meera Chaudhari was the in-charge of this competition. Examiner of this competition Dr B.V. Khapekar Mrs. Borkar mam. 34 participated in the competition and other students responded spontaneously.

**Activity 7 Essay Competition** Date of the Activity 24.12.2021 **Objective** 1) To give students the opportunity demonstrate their Reading thinking and writing skill i a well connected and compact manner 2) To say something for yourself using ideas of the subject for you to present ideas you gave learned in your own way .

**Brief Report** Essay Competition was held as part of the cultural program. Dr B. V. Khapekar was the in-charge of this competition. Examiner of this competition . Dr B. V. Khapekar Dr. B. Ghoshal. 78 participated in the competition and other students responded spontaneously.

**Activity 8 Poster Competition** Date of the Activity 24.12.2021

**Objective** Poster competitions raise awareness of issues and participation programs. Posters provide visual, colourful, simple ways to communicate community issues and events, and are suitable for display in community spaces.

**Brief Report** Poster Competition was held as part of the cultural program. Dr. Padmini Ghosekar was the in-charge of this competition and Supportive Members are Mrs. Dabhekar Mr. Nikhil Pakhode, Mrs. Mayuri Thakare, Dr. Parag Joshi. Examiner of this competition . Dr. K.D. Meghe , Dr. Gosavi . 32 participated in the competition and other students responded spontaneously.

**Activity 9 Slogan Competition** Date of the Activity 24.12.2021

**Objective** 1. Raising awareness among students; 2. To show the artistic ability and talent of the students in the slogan making competition;.

**Brief Report** Poster Competition was held as part of the cultural program. Mr. R.Motghare was the in-charge of this competition and Supportive Members are Mrs. Roshani Gattane Ms. Barse Examiner of this competition . Prof. N.V.Chopde Dr. Askar sir . 28 participated in the competition and other students responded spontaneously.

Dr. Shobha B. Jambhulkar  
Convener Cultural Committee



## Equal opportunity center for Backward & Minority Student Center 2021-22



### Activity 1

**Equal opportunity center for Backward & Minority Student Center Guest Lecture** Date of the Activity 22-04-2022 Organized by Dr. Shobha B. Jambhulkar Convener Equal opportunity center for Backward & Minority Student

**Objective** To inculcate in the student a sense of gender equality and to live a life of equality by bringing positivity in conduct and enriching future life by thinking positively.

**Brief Report** Dr. Leena Nikam was the guest speaker of the guest lecture series organized by the Center for Equal Opportunities for Backward and Minority Students and Dr. Khapekar Madam Chairperson of the program Were. The guests were introduced by Dr. Ghoshal Madam. The program was moderated by Ravi Gunde. Dr. Shobha Jambhulkar thanked the distinguished guests.

**Outcome** To promote Artistic aptitude in students to encourage hidden talents to provide opportunity for earning

### Activity 2

**Guest Lecture** Date of the Activity 23-04-2022 Organized by Dr. Shobha B. Jambhulkar Convener Equal opportunity center for Backward & Minority Student

**Objective** To inculcate in the student a sense of gender equality and to live a life of equality by bringing positivity in conduct and enriching future life by thinking positively.

**Brief Report** Dr. Ushoshi Guha was the guest speaker of the guest lecture series organized by the Center for Equal Opportunities for Backward and Minority Students Her theme was 'Inclusive Development of Backward and Minority Classes through Higher Education'. Dr. Khapekar Madam Chairperson of the program Were. The guests were introduced by Dr. Ghoshal Madam. The program was moderated by Meera Chaudhari. Dr. Shobha Jambhulkar thanked the distinguished guests.

**Outcome** Students will understand that NEP aims to ensure equity and inclusion in and through education by addressing all forms of exclusion and marginalization, disparity, vulnerability and inequality in education access, participation, retention and completion and in learning outcomes. Inclusive growth will help in the empowerment of vulnerable and marginalized populations, improve livelihoods, and augment skill-building for women.

**Dr. Shobha B. Jambhulkar**  
Convener Equal opportunity center for  
Backward & Minority Student Committee



## Competitive Examination Study and Guidance Center 2021-22



### Activity 1

**One Day workshop on "Carrier Katta"** Date of the Activity 22 Nov. 2021 Organised by Competitive Examination Study and Guidance Center, DNC, Nagpur

**Objective** To aware student about competitive examination and skill development

**Brief Report** One day workshop under the programme of Carrier Katta organised by the Competitive Examination Study and Guidance Centre, DNC, Nagpur. This programme was started by the Department of Higher Education, Gov. Of Maharashtra. Under this programme IAS and IPS officer guided the students for preparation of competitive examination and the renowned Industrialist or business man share their knowledge to students. Mr. Yashawant Shitode and Dr. Lakhe address the workshop.

**Outcome** Coordinator and students understood the importance of competitive examination and business skill.

### Activity 2

**Guest Lecture on "Economic Survey Report and Union Budget - 2022-23"** Date of the Activity 16/03/2022 Organised by Competitive Examination Study and Guidance Center, and Department of Economics

**Objective** To provide knowledge of the Indian economy and to guide them the significance of economic survey and budget in competitive examination and economic life.

**Brief Report** Guest lecture on "Economic Survey Report and Union Budget -2022-23" was organised by the centre to throw light on Indian economy. Dr. Shilsagar Chahande, Account officer was the chief guest. Dr. J.D.Wadate, Principal, DNC, chaired the programme. Above 100 students were participated and benefited of these no. of students have given the feedback on this programme.

**Outcome** The students knew the method of how to read, understand and analyse the economic survey and budget.

### Activity 3

**Importance of Model Skill Development, Incubation Center and Competitive Examination** Date of the Activity 26 March 2022

**Organised by** Competitive Examination Study and Guidance Center, and Department of Economics

**Objective** To aware students about the skill knowledge

**Brief Report** Guest lecture on "Economic Survey Report and Union Budget -2022-23" was organised by the centre to throw light on Indian economy. Dr. Shilsagar Chahande, Account officer was the chief guest. Dr. J. D. Wadate, Principal, DNC, chaired the programme. Above 100 students were participated and benefited of these no. of students have given the feedback on this programme

**Outcome** The students who are not preparing the competitive examination they confident that they can achieve something in their life

Convener Competitive Examination Study and Guidance Center

Mr. Rajendra Motghare



Rashtrasant Tukadoji Maharaj Nagpur University, Nagpur National Service Scheme has honoured Yash Gajanan Kamble of Dhanwate National College with NSS Best Volunteer Award 2022



Hockey Team Coaching Camp organized by Dept. of Physical Education and sports from 11th to 24th Dec. 2021

A Guest Lecture of **Sukeshini Lokhande**, Assistant Inspector of Police was organized by Women Cell and Taskforce Committee Dt. 28 April 2022







### असेन मी, नसेन मी

असेन मी, नसेन मी, तरी असेल गीत हे  
फुलाफुलांत येथल्या उद्या हसेल गीत हे  
हवेत ऊन भोवती, सुवास धुंद दाटले  
तसेच काहिसे मनी, तुला बधून वाटले  
तुणांत फुलापाखरू तसे बसेल गीत हे  
स्वर्ये मनात जागते, न सूर ताल मागते  
अबोल राहुनी स्वतः अबोध सर्व सांगते  
उन्हे जळांत हालती तिथे दिसेल गीत हे  
कुणास काय ठाउके, कसे कुठे उद्या असू  
निळ्या नभांत रेखिली, नकोस भावना पुसू  
तुझ्या मनीच राहिले, तुला कळेल गीत हे

कवयित्री

- शांता ज. शेळके